

# Get Moving Scott County



**BE THERE.  
BE HEALTHY.**  
**October 11,  
2009**



Scott County Extension Service  
1130 Cincinnati Road  
Georgetown, KY 40324  
502-863-0984

**Local Sponsors:**

Scott County Cooperative Extension  
Scott County Public Library  
Scott County Health Department  
Georgetown College

**Second Sunday is a statewide event that encourages all forms of physical activity within the local community and is designed to get Kentuckians moving.**

People across the state will join together on October 11 to show the nation that Kentucky is serious about improving its residents' health and promoting physical activity. Communities will simultaneously close roadways and plan events so that residents can bike, walk, play and participate in fun and healthy activities. Second Sunday is not just one afternoon of physical activity, but a vehicle to raise awareness of the need for infrastructure that promotes a healthy lifestyle in an otherwise sedentary population.



**REGISTRATION :** Everyone must register at starting point.

**STARTING POINT:** Thomas & King Conference Center  
Georgetown College East Campus  
100 Crawford (Stadium) Dr., Georgetown

**PARKING:** Conference Center

**TIME:** 1:30 – 4:30 p.m.

**ACTIVITIES:** Walking, Running, Cycling & Skating  
Bicycle Safety Class for Children—1:45 p.m.  
Face Painting & Door Prize Drawing  
Bounce House with Obstacle Course

## Great Activity for the Entire Family!

**Round Trip Route - Approximately 1.5 Miles** (map on back)

Begin your participation by registering at the Georgetown College Thomas & King Conference Center.

**Don't miss this chance to "walk" in support of our community's health!**

[2ndsundayky.com](http://2ndsundayky.com)



# SAVE THE DATE



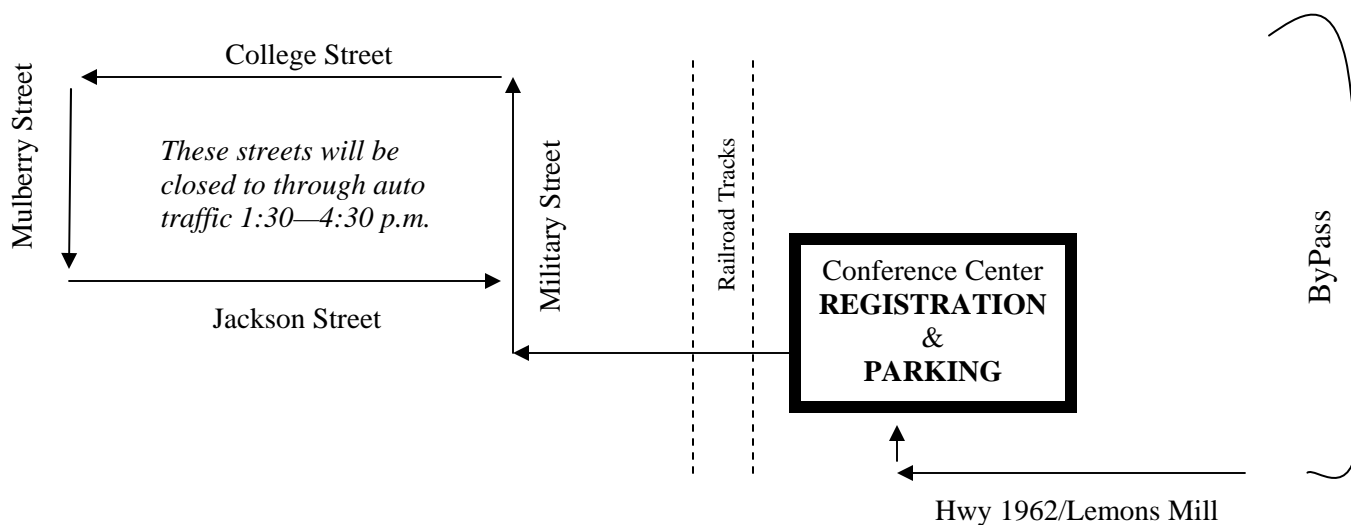
## Second Sunday



is a statewide event that encourages all forms of physical activity within the local community and is designed to get Kentuckians moving.

Don't forget that a section of Lemons Mill/Clayton Avenue will be closed to through automobile traffic from 1:30—4:30 p.m. on October 11. If arriving after 1:30 p.m., take the ByPass to Lemons Mill to access the Conference Center.

**Route:** Begin your participation at the Georgetown College Thomas & King Conference Center. **Everyone must register before beginning the route.**



**BE THERE. BE HEALTHY. BE COUNTED.**

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