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Pendleton County Extension Homemakers always welcomes new members. Members gain knowledge and skills that improve the quality of life for themselves and their families. Practical demonstrations and discussions are important parts of the meetings providing the latest research based information from the University of Kentucky. Mailbox memberships are also available.

The program is of interest to all income levels. Any full or part-time homemaker, male or female, teenager or senior citizen and in-between, may belong. If you are interested in joining or starting a club in your community, please contact your University of Kentucky Extension Office at 654-3395.

For more information on any information in this newsletter, contact the Pendleton County Extension Office.

Kenna Knight,
Pendleton County Extension Agent
for Family and Consumer Sciences

Special Thanks.....

A special thanks to all who helped with the county fair. Floral looked great, funnel cakes sold well and gate attendance was up. Without the support and help of all homemakers, the Pendleton County Youth Fair would not have been as successful as it was.



Calendar Corner

August 7th & 8th (Friday/Saturday) - Butler Festival

August 17th— School Appreciation Breakfast

August 24th Monday) 4:00 PM—Diabetes Support Group Meeting—see flyer

August 27th (Thursday) - HM Recruitment Drive

September 1st—(Tuesday) - 6:30 PM—Area HM Council—Grant Council

Food Responsibility for each club for Recruitment Drive on August 27th:

- Butler Club**—Meatballs
- Mt. Auburn Club**—Finger Sandwiches
- Kay Knarr Club**—Cheeseball and crackers
- Karen Davis Club**—Red Pepper dip and Crackers
- Four Oaks Club**—Fruit Tray
- Mix Match Club**—Chips and Pretzels
- Town and Country Club**—Vegetable Tray

Homemaker Council—Drinks and Cake

Please have food at office by 6:00 PM

Newsletter

FAMILY & CONSUMER SCIENCES



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Pendleton County Extension Homemakers August 2009

Pendleton County Extension Homemaker Recruitment Drive

The recruitment drive has been scheduled for Thursday, August 27th at 6:30 PM. Club responsibilities have been distributed at homemaker council and to club vice-presidents. In this issue of your newsletter you will find an invitation you can use to invite individuals to attend. Additional copies are available at the office. Each homemaker needs to do their part by inviting friends, neighbors and family members to attend.

Mark your calendar

The Pendleton County Homemaker Annual meeting is scheduled for **Thursday, September 17th** at 6:30 PM. Inside this edition you will find the cultural arts categories. I encourage everyone to share your many talents by bringing in several items on the morning of the 17th. Additional information will be forthcoming. Save the date and plan to attend.



2009 Summer Homemaker Club Responsibilities



Summer is a very busy time for activities within the homemaker organization. Below you will find dates and times that your club is responsible for working an event:

Butler Festival		
Date	Time	Club
Friday, August 7th	4:30 PM – 8:00 PM	Mt. Auburn
Friday, August 7th	8:00 PM – 11:00 PM	Four Oaks/Town & Country
Saturday, August 8th	4:30PM – 8:00 PM	Butler/Kay Knarr
Saturday, August 8th	8:00 PM – 11:00 PM	Mix Match/Karen Davis

Each Club will need to provide 2 workers for the shift they are scheduled to work. Mt. Auburn will need 3 workers for their shift.



The Pendleton County Second Sunday event is being planned for **Sunday, October 11th**. We will be hosting a community walk and many additional activities for you and your family. Save the date of October 11th and watch for more information in future newsletters!

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The Joy of Reading – No Charge!

Many of us are looking for ways to cut costs during the current recession. But is there a way to do it without adding to the misery? Can you save money and have fun, too?



If you want free or cheap information and entertainment, consider your public library. This could be the right time for you to revisit your local library if you have stopped using it. Along with the books that you expect, you will also find magazines, CDs, and DVDs.

You can tighten your belt by buying fewer books, movies, and music, and cancelling magazine subscriptions. But what about the Internet? You might need it to keep up with the latest news and information, or to hunt for a job. Well, libraries have computers and Internet access and you don't need to buy a latte while you're there. Your helpful librarian can also show you how to find information you didn't know about. And, if you need help putting together a resume, a librarian can provide resources that will help you create an excellent one.

Besides novels, you will find nonfiction on any subject; and, if your local library doesn't have the book you want, they probably can get it for you from another library. They also have reference books that can help you research investments, legal and medical issues, etc. And there are cookbooks, wedding books, and home decoration books available for checkout.

Your children can join your library's summer reading program. In addition to year-round storytelling and other children's programs, most public libraries provide enhanced programming during the summer. And many now offer summer reading programs for adults.

Libraries are great no-cost entertainment for you and your family. You can teach your children to go green by sharing books and other educational materials as generations of library users have done. You can save on home energy costs by spending time reading at the library, and that will help get the kids away from the TV, too.

Of course libraries are not entirely free. You are probably aware of fees for late returns. Those are mainly a way for libraries to make sure materials come back in a reasonable time for others to enjoy. Libraries receive federal and state funds, but their primary source of support is you, the local taxpayer. You might gripe when you see how much of your paycheck goes toward taxes; but be aware that tax support for libraries is only a small part of that. It is a shared cost for information and entertainment that you can use to improve your life. So why not use it? You can save a lot of money that way.

Libraries have traditionally seen greater use by the public during hard economic times, and the current downturn is no exception. Unfortunately, libraries must compete for revenues with other local services such as police, fire departments, and sanitation. You know your community can't get along without those services, but what about your library? It provides great value to those who use it, especially during a recession.

Also don't forget your Cooperative Extension Service. Your local Cooperative Extension agent can provide information and expertise on a whole range of topics. Contact your nearest county agent, Kenna Knight and ask for our publication, "Super Shopper – Get the Most for Your Bucks!"

References: Niederberger, M. (2009, February 19). Patrons Flock to Libraries as the Economy Struggles. *Pittsburgh Post-Gazette*. <http://www.post-gazette.com/pg/09050/950041-56.stm>

Zimmerman, T. S. (2008, October 22). Public Turns to Libraries During Economic Downturns. *cnylink*. http://cnylink.com/cnynews/view_news.php?news_id=1224697032

Source: Alex Lesueur, Jr., M.S.L.S., Family & Consumer Sciences Extension; and Robert H. Flashman, Ph.D., Family Resource Management Specialist, University of Kentucky Cooperative Extension Service

Quilt Club News: Because of advances in medicine and age advances of our members, many in the quilt club are now "bionic women." We have new knees, hips, and outlooks on life. A walk through a garden is a simple pleasure that we take for granted until we need the new "bionics." The quilt block we will be learning in August can be enjoyed anytime, despite our bodies, the weather, or even lack of a green thumb. On Monday August 24 at 7:00 the quilt club will learn to make the Garden Walk block.



Tip of the month: If you are relaxing, doing some hand sewing, keep a couple extra long straight pins in your pin cushion. Stick them straight up and down. You can hang your thimble on one and your needle threader on the other. You won't be searching for them every time they are laid down..



Because it was a busy day in Heaven, St. Peter was interviewing recent arrivals three at a time. After making sure the latest trio was worthy of entering Heaven, St. Peter asked, "Now, what would you like the pastor to say at your funeral?"

The first man said, "I want him to say that I was a wonderful father and a loving husband who never, ever cheated on his wife."

The second man answered, "Have him say that I was the most honest businessman in the world and that I absolutely did not embezzle all that money from my company before I died."

The third person, a woman, thought for a moment, and then replied, "I want him to say, 'Oh my, call a paramedic! She's still breathing!'"



Area Annual Meeting



Gallatin County is hosting the Northern Kentucky Area Homemakers 2009 Annual Meeting on Saturday, October 24 at the Gallatin County High School.

Registration will be from 9:00—10:00 a.m. Cultural Arts will also be entered from 9 to 10. The business meeting will begin at 10:00 a.m. A program will follow lunch.

Myra Morgan, 2008 Milken Family Foundation National Educator Award recipient and Mary Margaret Rochford, President and Director of the Cincinnati Horticulture Society have been invited to speak about the importance of education.

Let's show our Area President, Betty Roberts, our support by planning to attend and help on October 24.