

# **OWSLEY COUNTY HOST 3<sup>RD</sup> ANNUAL 2S (SECOND SUNDAY) EVENT**

On Sunday, October 9<sup>th</sup>, 2011, Owsley County hosted its 3rd Annual 2S Event. Approximately 175 individuals accepted the challenge to come out and play with us.

2S is a statewide event that encourages all forms of physical activity within the local community and is designed to get Kentuckians moving. People across the state joined together to show the nation that Kentucky is serious about improving its residents' health and promoting physical activity. Communities will simultaneously close roadways and plan events so that residents can bike, walk, play and participate in fun and healthy activities.

Owsley County's 2S Event was held at the Owsley County Park from 2:00 p.m.-5:30 p.m. The following events or activities were available: Church Volleyball Tournament, Hula Hoops, Croquet, Parachute Games, Frisbee Golf, Walking Relay, Frisbees, Sally-Down-The-Alley, Bicycle/Tricycle Parade & Rodeo, Dancing, and Cornhole.

Congratulations to Warrens Chapel United Methodist Church for placing 1<sup>st</sup> in the volleyball tournament and another group consisting of members of Warren's Chapel and a few from Scoville Church of God for placing 2<sup>nd</sup>. Several groups and individuals were involved in the planning & coordination of this event including the following: Owsley County Extension Service, Owsley County Extension Homemakers, Owsley County 4-H Clubs, Owsley County Diabetes Coalition, O.C. Youth Service Center and Owsley County Drug Awareness Council. Special thanks to these groups and organizations for all their planning assistance.

Special thanks to the following sponsors for their support of time, money and promotion of this event: Southeast Dairy Association – Fuel Up to Play exhibit and milk. Farmers State Bank - for tournament trophies; Owsley County Schools – apples, pears, bananas and oranges for refreshments, use of physical activity equipment, promoting event on sign and all-call message; Diabetes Coalition - \$300.00 for physical activity incentive items; Owsley County Local ASAP Board for \$500.00 grant for t-shirts, UK- Owsley County Extension Service, Owsley County Extension Homemakers, Owsley County 4-H, Owsley County Diabetes Coalition, Owsley County Youth Service Center, Owsley County Family Resource Center, Owsley County Health Dept., and Owsley County Fiscal Court. State sponsors for this event include the following: UK Healthcare, UK School for Human Environmental Sciences, and Family Consumer Sciences Extension.

A very special thanks to all of the children who brought their bicycle, tricycle and/or scooter and participated in the parade and rodeo. Each of those students received a 4-H participation ribbon for their efforts. Approximately 15 children participated in this event.

Thank you to the following individuals who assisted throughout the day: Keenan Baker, Virginia Barrett, Kacey Smith, Zoey Moore, Linda Moore, Hannah Turner, Samantha Tolson, Vernie Marshall, Joslyn Cope, Charlie Turner, Melinda Turner, Charlie Bowling, Barbara

Bowling, Joan Campbell, Kari Baker, Stella Baker, Wyatt Lucas, Adam Holmes, Sylvia Prater, Sue Brunk, Glen Baker, Shannon Price, Joe Lucas, Ruby Jackson, Heather Witt, Melanie Thomas, Taylor Dye, Sherry Becknell, Tammy Davidson, and Tracey Turner. Please forgive us if we have left anyone out.

Thanks again for your participation and for making our 3<sup>rd</sup> Annual 2S Event successful. If you are interested in learning about other opportunities that the Extension Service provides focusing on being physically active and living a healthy lifestyle, please call us at (606)593-5109 for more information of upcoming events and programs.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability, or national origin.

Submitted By: Natasha Lucas, CEA of Family & Consumer Sciences/4-H

### **Scenes from the 2S Event – 10-9-11**















