



# OLDHAM COUNTY EXTENSION

## March - April 2011

Cooperative Extension Service  
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## Agriculture & Natural Resources

### Vegetable Gardening Tips

Planning your vegetable garden provides better control of the quantity and quality of your produce. Planting several smaller plantings of beans about two weeks apart will give fresh bean over a longer season. A second planting of tomatoes in June will yield good size tomatoes in late summer as the first plantings decline in production and quality. Other vegetables can be divided into multiple plantings or a spring and fall planting to take advantage of cooler temperatures preferred by the plants.

Using herb and flower companion plantings works well with family gardens since harvesting is done by hand. The other benefit is the constant source of fresh herbs and flowers. Companion plants can be planted in separate rows or alternated with vegetable plants or in boundary plantings. This should expand the season and benefits of your garden.

Interplanting herbs and flowers among vegetables can confuse pests through the emission of different odors. Flowers and herbs also provide hiding places for predatory insects that help control pests. These companion plants can be a resource to improve the quality of your produce and possibly reduce need for pesticide.

Marigolds (*Tagetes lucid*) deter weeds and nematodes and attract hover flies, an aphid predator. Basil (*Ocimum basilicum*) planted with tomatoes and peppers can improve their quality and repels flies, mosquitoes, tomato hornworms and mites. Chives (*Allium s.*) are a companion of carrots but do not get along with peas and beans.

German chamomile (*Matridaria r.*) helps keep neighboring plants healthy by attracting predatory insects such as hover fly and parasitic wasps. Horseradish (*Armoracia r.*) repels potato bugs when planted at the corner of the potato plot. Nasturtium (*Tropaeolum m.*) repels aphids, squash bugs, white flies, striped pumpkin beetles and woolly aphids. Plant it with radishes, cabbage, squash and pumpkins.

Sage (*Salvia o.*) discourages ticks, carrot flies and cabbage moths. It can be planted with carrots and cabbage but should be kept away from cucumbers. Thyme is good in the garden to dispel beetles and attract honeybees. Yarrow (*Achillea m.*) plants secrete a substance from their roots that will provide some disease resistance to neighboring plants.

## Garden Show by the OC Extension Homemakers

9 AM—2 PM on April 30

at the LaGrange Community Center



# Incorporate Edible Plants into the Landscape

Rick Durham, Consumer Horticulture Extension Specialist

A nice landscape of a few trees and shrubs, some flowers and well-tended turf has value. Our landscapes help define our outdoor living space, provide shade and help screen unwanted views. A well-maintained landscape may add as much as 5 to 10 percent to the value of our property. But landscapes can provide another resource that we don't often consider--food. What if it were possible to introduce edible plants to your landscape?

Growing your own food has some obvious benefits such as fresh and flavorful fruits and vegetables. Many food-producing plants can fill the roles that we usually assign to other plants in our landscape. Trellised blackberries, for example, make a great hedge or screen. Using thorny types can also provide some measure of security. Many retain some of their leaves throughout the winter to provide some screening.

Trellising blackberries will help define the planting and promote more upright growth. The time needed to prune and thin blackberries is comparable to many other hedge-type plantings. Also, blackberries have relatively few problem insects or diseases.

In flower beds, you can plant fancy-leafed lettuce in early spring. Lettuce is finished by mid-May, just around the time you are adding annual flowers.

In summer, try a few rainbow chard plants, colored peppers and purple or variegated basil. All are relatively pest free and are a good contrast to flowering annuals and perennials. Also, consider containers. Cherry tomatoes grow well in hanging baskets where vines are allowed to droop over the edge of the pot. Several herbs are well suited to containers and provide savory flavoring for your salads and meals.

The next time you are looking to add plants to your landscape, don't overlook herbs and food producing plants. Some may provide what you need and more.

## Things to Do in the Landscape

- Clean up and prepare beds for summer flowers and emerging perennials.
- Install a rain barrel or barrels to collect rain water for use on the garden during the dryer months. Gravity can be used to drain the water to the desired location or if necessary a submersible electric pump attached to a garden hose will do the job.
- Pruning fruit trees should be done during early March. Dormant pruning of grapes, blackberries, raspberries and blueberries should also be finished before bud swell. As buds start to swell the first application of dormant oil spray and fungicide should be made. Our complete spray guide, including organic options, can be found online at [www.ca.uky.edu/agc/pubs/id/id21/id21.pdf](http://www.ca.uky.edu/agc/pubs/id/id21/id21.pdf)
- Test the soil in garden to insure proper nutrient availability for the growing season. Soil around your small fruit plantings can also be tested. See sampling guidelines at [ces.ca.uky.edu/oldham/Soils](http://ces.ca.uky.edu/oldham/Soils).
- March is time to fertilize blueberries, blackberries and raspberries as required.
- Many of the seed for transplants should be sown now. Keeping records from year to year will help you determine the best time to sow seeds to get good healthy transplants ready to plant at the best time.
- Check your house plants for insect and disease problems that often increase during winter's low light levels. Low light stress reduces the vigor of the plant and the ability to resist attack.



## Oldham County Saddle Club News

Oldham County Saddle Club recently announced Saturday Summer Series Show dates: May 21, June 18, August 27 and September 17. Oldham County Fair Horse Shows are July 19, 20 and 23.

Visit the Web site for more information, class lists, patterns and results. [www.oldhamcountysaddleclub.com](http://www.oldhamcountysaddleclub.com)

# Beef News - Spring Calving

Drop by and get your 2011 Beef Calendars if you haven't already. Each month highlights important management reminders to help you manage a healthy and profitable herd.

Are you ready for the calving season? Take a look at the following tips from Dr. Les Anderson, UK Extension Beef Specialist, on managing the calving season. Providing sound management during the calving season can mean more live calves. Excessive losses can mean the difference between a year's profit or loss for a beef producer.



It is important to have a short calving period to allow frequent observation and assistance if needed. Some specific things a producer can do to limit calf loss include:

Separate first-calf heifers from mature cows. Calving difficulty can run as high as 30 to 40 percent for 2-year-old heifers compared to just 3 percent for mature cows. Place them in a small, accessible pasture near a corral where assistance can be given if needed.

Provide a clean area for calving. The calving area should be a well-sodded pasture or clean, dry maternity pen. It should also be large enough for adequate exercise and offer protection from prevailing winds.

Be familiar with the signs of calving. Within a few hours of calving, cows generally become nervous and uneasy. As contractions increase, a cow will likely wander away from the rest of the herd.

Check cows frequently. Observing cows three or four times a day and providing assistance when necessary results in more live calves. However, cows should be disturbed as little as possible during labor.

Know when a cow needs assistance. Intervention is justified when two or three hours have passed without progress or if delivery has not occurred within 90 minutes after the water sac appears. In a normal delivery, the calf's front legs and head will appear first.

There are also a few steps to take after the calf is born to help it get off to a good start. These include making sure the calf is breathing normally after it is delivered and that it consumes colostrum. Ideally, a calf should consume its first milk within 15 to 30 minutes after birth.

Immediately after calving, increase the cow's intake to about 16 pounds of total digestible nutrients per day. The extra energy will help the cow produce enough milk for her calf and allow her to rebreed on schedule.

## Upcoming Ag & Hort Programs

### Writing & Revising Bylaws

Bylaws are important to all organizations. Not only do they outline objectives but they also help groups function more effectively. Join us for *Writing & Revising Bylaws*, Thursday, March 10, from 10:00 - 11:30 am. During this short class we'll talk about information that should be included in bylaws, using clear and easy-to-understand language.

### Grafting Apple Trees

Join us Tuesday, March 15, from 3:00 - 5:00 pm and learn how to graft! During this *Grafting Workshop* you will graft and take home your own semi-dwarf apple tree. Bray's Orchard is providing scion wood of several varieties for grafting. Cost is \$5 cash or check payable to Oldham County CES. Space is limited to the first 20 paid registrations.

### Parliamentary Procedure

Learn how to keep meetings on track at our *Parliamentary Procedure Basics* seminar Monday, April 11, from 6:00 - 7:30 pm. Parliamentary procedure helps officers and members of groups effectively carry out business meetings. During this program you will learn about: Agendas, Making Motions, Debating and Voting, Roles of Officers, Minutes and Treasurer's Reports.

# Upcoming Ag & Hort Programs (cont.)

## Rain Garden Tour

Oldham County Master Gardeners are hosting a *Demonstration Rain Garden Tour* here 10:00 a.m. on Saturday, April 16. Margaret Shea of Dropseed Nursery will lead the tour and answer questions about rain garden function, design and suitable plants. Join us for this free tour and find out how you can create a beautiful and low-maintenance rain garden right in your own yard.

**RSVP for any Extension class by calling 222-9453 or e-mail [sabrina.asher@uky.edu](mailto:sabrina.asher@uky.edu).**

## ANR Calendar of Events

Mar	10	<b>Writing/Revising Bylaws</b> , 10 am – 12 noon, Extension Office
	11	<b>Beekeepers Association</b> , 7:30 pm, Extension Office
	12	<b>Bluegrass Beekeeping School</b> , Frankfort, <a href="http://www.kyagr.com/statevet/bees/index.htm">www.kyagr.com/statevet/bees/index.htm</a>
	14	<b>Green Thumbs Garden Club</b> , 10 am, Yew Dell Gardens
	15	<b>County Extension Council &amp; District Board</b> , 9 am, Extension Office
	15	<b>Grafting Apple Trees</b> , 3 pm, Extension Office, \$5 Pre-Registration required
	16	<b>Master Gardener Association</b> , 9:30 am, Shady Bend Nursery
	17	<b>KDA Farmers Market Scale Certification</b> , 9 am – 2, Extension Office
26	<b>Woodlands &amp; Wildlife Workshop</b> , Carrollton, <a href="http://www.tristatewoods.org">www.tristatewoods.org</a>	
Apr	8	<b>Beekeepers Association</b> , 7:30 pm, Extension Office
	11	<b>Green Thumbs Garden Club</b> , Garden Tours
	11	<b>Parliamentary Procedure</b> , 6 pm, Extension Office
	14	<b>Cattlemen's Association</b> , 6 pm, Ragsdale Sutherland Shorthorns
	16	<b>Demonstration Rain Garden Tour</b> , 10 am, Extension Office
May	12	<b>North Central Kentucky Hay Day</b> , 9 am - 4 pm, Henry County Fairgrounds, New Castle

## Parting Thoughts

Community development is one of many Extension Agent job responsibilities. While I'm no expert, I've observed that successful communities are based largely on respectful interactions among people. Respectful interaction is the glue that holds communities, families and many groups together. Oldham County 4-H provides an excellent program called *Character Counts* for youth, but we don't really have anything similar for adults. That's a shame because we could use the reminder.

We adults often feel that we shouldn't comment on manners and respect with our peers and groups. But every day I find it to be more and more necessary as I see people failing in common courtesy, kindness and respect. It's all but impossible to mandate respectful interactions, but we can certainly take time to encourage it. Not only by going sharing the idea with others, but mostly in how we ourselves act every day.

When we're disrespectful, it can damage relationships and community efforts. It may also be a sign that we don't value ourselves as highly as we should. I am challenging everyone, myself included, to think about this in daily interactions. Each of us is one person among many, and how we interact with each other is really what it's all about.



Traci Missun  
Extension Agent for Agriculture & Natural Resources



Michael Boice  
Extension Horticulture Assistant

# 4-H Youth Development

## 4-H Shooting Sports Club

Oldham County Shooting Sports offers all disciplines: shotgun, archery, rifle, pistol, and black powder. Youth work toward the 4-H State Competition held in September. Shooting Sports education is an effective tool for growth and development by teaching leadership, responsibility, and teamwork. Youth learn to safely handle and shoot firearms and archery equipment. The club will be holding an organizational meeting at 6:30 PM on March 29, 2011 at the Cooperative Extension Service. For more information regarding 4-H Shooting Sports contact Ken O'Barr at 228-8032. We recommend that Shooting Sports Club members attend a Hunter Education Workshop. Listed below are the dates of the upcoming sessions:

March 3 & 4 - Henry County  
March 18 & 19 - Carroll County  
March 31 thru April 2- Jefferson County  
April 7 thru 9 - Bullitt County  
May 12 thru 14 - Bullitt County  
July 8 & 9 - Trimble County



For additional information regarding these sessions, contact the Cooperative Extension Service or visit the Kentucky Department of Fish and Wildlife website: <http://fw.ky.gov/>.

## 4-H Sewing Workshops

Get an early start on your fair projects or just come to create fun sewing projects. On May 9th, you can bring your favorite jeans you can no longer wear and we will create a patchwork denim pillow. Cost \$7.00 for supplies. On May 16th and 23rd, we will create a tunic top which will be perfect with your favorite leggings. Cost \$14.00 for pattern and supplies. You will need to provide a woven cotton fabric. Call the Cooperative Extension office today to register for one or both projects.



## 4-H State Dog Camp

Does your 4-H member and your dog need a little help to get ready for upcoming dog shows? 4-H Dog Camp is the perfect opportunity for 4-H members to work with their dogs one-on-one and in group instruction situations. Dog Camp will be held at J.M. Feltner 4-H Camp, May 20-22, 2011. Registration is now underway. Forms will need to be completed and returned to the Cooperative Extension office by April 15<sup>th</sup>.

**Attention: Please remember, all 4-H members must be registered with Oldham County 4-H by April 15<sup>th</sup>, 2011 in order to qualify to compete in any 4-H events. This requirement applies to all 4-H competitions including Horse Show, Horse Contest, Dog Shows and County 4-H Fair.**



## Oldham County Fair

The Oldham County Fair is scheduled for July 18- July 23. Projects will be submitted on July 18 and available for pick up on July 24. The fair book is now available on line. Please visit us at <http://ces.ca.uky.edu/oldham/4HFair> to get your copy. You will want to check out the new project categories that have been added. Some division rules have also changed. Registration forms are due into the CES office by July 8, 2011. Entry tags will be given out on July 18. You will not need to fill out the entry tags provided by the fairgrounds. Do not forget that to be eligible to exhibit projects in the 4-H categories during the county fair, youth must be a registered 4-H member by April 15<sup>th</sup> or participate in Summer Project Days.

## Kentucky 4-H Teen Conference

Teen Conference inspires teens to continue their involvement in 4-H and acquaint them with the University of Kentucky. Delegates choose from several interest areas for tracks, college visits, tours, workshops, and issues seminars. Teen Conference is for those who have graduated from the eighth grade through the age of 19. The conference will be held at the University of Kentucky June 13-16, 2011 and the registration fee is \$150.00. Financial assistance requests must be submitted to the 4-H Council by April 1 and the complete registration is due April 15<sup>th</sup>. Contact the Cooperative Extension Service for registration materials and additional information.

## 4-H Communication Program

The Oldham County 4-H Communication Event will be held Thursday, March 31<sup>st</sup>. For information on rules and guidelines please contact the Extension office. Registration is due March 24<sup>th</sup>. The 4-H members selected to represent Oldham County will compete at the Louisville Area Communication Event on Saturday, April 16<sup>th</sup> with champions advancing to the State Competition in July at the University of Kentucky.

## Host Families Needed for 4-H International Programs

A great way for you and your child to take part in this international experience is by becoming a host family for one of the 10 students who will be visiting Kentucky July 23 thru August 19<sup>th</sup>. Not only do 4-H host families get to enjoy helping the Japanese 4-H members learn about American families and culture, but they also learn about Japanese culture, customs and history. Many times, international bonds that last a lifetime are created. There is no cost or language requirement to become a host family, but host families should have a child that is of similar age and gender as the international 4-H'er. Host parents should provide for the Japanese 4-H'er the same way they do their own children. International 4-H'ers should have their own area and bed, but can share a room with their host sibling.

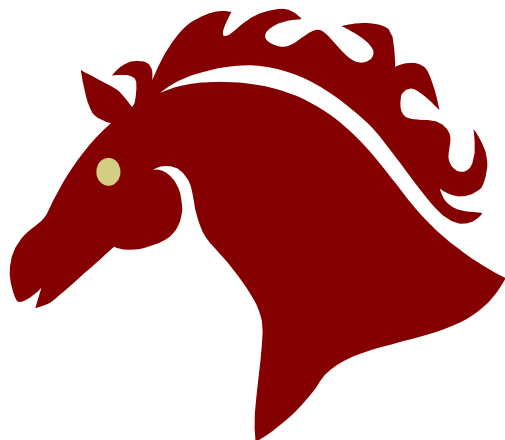
If you do not have a child but would like to participate in the program, you can become a host for one of the two group chaperones. The chaperones have good communication skills and will stay with a host family for either a 2- or 4-week period. The chaperones' main objective is to help with communication and facilitate problems any of the Japanese youth may have.

If you are interested in becoming a host family or receiving more information on international opportunities through 4-H, contact Mark Mains, 4-H International Program coordinator, at 859-257-5961, ext. 231 or [mark.mains@uky.edu](mailto:mark.mains@uky.edu). Requesting information does not obligate families to host students this year.



## 4-H Policy Change in Qualifying for 4-H Horse Competitive Events

4-H members who would like to qualify to participate in any 4-H Competitive Horse Event (this includes 4-H Horse Shows) must complete 6 hours of instructional training taught by their 4-H Certified Horse Club Leader. Please meet with your leader now to ensure you will have your completed and documented 6 hours of instruction prior to April 15<sup>th</sup>. Documentation must accompany your registration or show paperwork. In addition to club opportunities, members can attend a session Saturday, March 19<sup>th</sup>, 1:00-3:30 p.m., at the Cooperative Extension Office for two hours credit. Topics to be covered will include feed, telling the age of horses, horse senses, parasites, diseases and vaccinations. To register contact your club leader by March 11<sup>th</sup>.



### 4-H Calendar of Events

#### **March:**

- 2 EOMS 4-H Club Mtg.
- 2 Horse Camp Planning Mtg.
- 3 Leader's of the Pack Dog Club
- 4 Reality Store Volunteer Orientation
- 8 Early Release Day Volunteer Orientation
- 8 Shooting Sports Coaches Mtg.
- 9 4-H Honors Interviews
- 10 By Laws Workshop
- 10 Candy's Clovers 4-H Club
- 11 Reality Store
- 15 CES Council
- 15 District Board Mtg.
- 16 4-H Honors Interviews
- 19 Oldham County Showcase
- 19 4-H Member Horse Certification Session
- 21 Busy 4-Hers Club Mtg.
- 23 Teen Leader Interviews
- 23 Kenwood, Crestwood, Camden Station 4-H
- 29 Shooting Sports Organizational Mtg.
- 31 County Communications Day

#### **April:**

- 7 Leader's of the Pack Dog Club
- 11 Parliamentary Procedure Workshop
- 14 4-H Council Mtg.
- 15 4-H Membership Registration Due
- 16 Area Communications Day
- 18 Busy 4-Her's Club Mtg.
- 28 Candy's Clovers 4-H Club

#### **May:**

- 9 Sewing Workshop
- 16 Sewing Workshop
- 20-22 Dog Camp
- 23 Sewing Workshop

Kelly Woods  
Agent for 4-H Youth Development

# Spring into 4-H

N G E Q Y Z A I U W S O H I B N C J E U O P C X T U K A R S  
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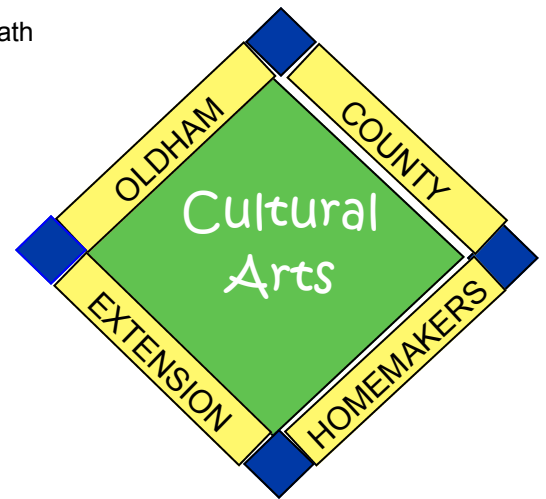
COOKING  
LEADERSHIP  
SUMMER CAMP  
PAINTING  
WOODWORKING  
CRAFTING

PHOTOGRAPY  
COMMUNICATIONS  
ARCHERY  
FRIENDSHIPS  
CHARACTER  
COUNTY FAIR

# Family & Consumer Sciences

Congratulations to all the participants in the Oldham County Cultural Arts competition. The following blue ribbon winners will advance to the Louisville Area Competition on March 7 at the John Black Center:

Emily Barbush	Crochet, Yarn: Multi color afghan Felting, Wet method: Mittens
Lori Belling	Art, Natural – Pinecone centerpiece Holiday Decorations, Autumn -- Corn husk wreath
Betty Deggendorf	Holiday Decorations, Winter – Tree skirt Wall or Door Hanging, Fabric, Dog theme
Cindy Droste	Painting, Art, Oil – Girls on beach
Patricia Honaker	Crochet, Thread – Flower doily Doll/Toy Making -- Cloth, Pillowcase doll Embroidery, Ribbon -- Sewing kit
Faye Korthaus	Apparel, Accessory – Quilted purse Jewelry, Beaded – Green & silver set Photography, Color – Wagon wheel Scrapbooking – Fran’s Quilt
Ellen May	Knitting, Hand – Beige shawl
Carol McKinnon	Jewelry, Mixed media – Bracket Recycled Art, Other – T-shirt necklace
Beth Neidhardt	Embroidery, Miscellaneous – Baby blanket Needlepoint, Canvas, Multicolor pillow top
Peggy Townsend	Apparel, Novelty – Chenille jacket Quilts, Machine Pieced, Machine Quilted
Diane Weis	Rug Making – Sunflowers



Many thanks goes to the Goshen Area Homemaker Club who planned an organized a successful Cultural Arts competition and exhibit.

## Stretch Your Brain

The brain is an amazing organ. It controls all bodily functions, all organs, thoughts, emotions, memory, and ability to be self-aware. Like other body parts, it is natural for the brain to lose some of its sharpness; but it can deteriorate even more if you do not take care of it. According to the Alzheimer's Association, it is important to stay physically active, to adopt a brain-healthy diet, and to remain socially active and mentally alert. Physical activity helps blood flow to the brain and encourages new brain cells. Physical activity also maintains a healthy heart, which helps to reduce dementia risk factors including, heart attack, stroke, and diabetes. A healthy brain diet consists of low cholesterol and low fat foods. Diets rich in antioxidants, found in many dark vegetables and fruits, may help to protect brain cells. Mental activity and stimulation strengthens brain cells, the connections between the cells, and may even create new nerve cells. Education and lifelong learning, staying curious and involved, playing games, and paying attention to your environment are ways to keep your brain active every day. Social activity can make physical and mental activity more fun. It can also reduce stress, which helps the brain's ability to maintain healthy connections between brain cells. Other ways to stay socially active include sports, cultural activities, working or volunteering, emotional support, and close personal relationships.

**Source:** Amy F. Hosier, Extension Specialist for Family Life, University of Kentucky, College of Agriculture




## Best Buys for Your Budget

March: Broccoli, Dried Beans, & Grapefruit  
 April: Carrots, Frozen Orange Juice & Greens

**Tip:** Stock up on nutritious food staples, such as canned fruits, vegetables, pasta, and spaghetti sauce, when they are on sale.

## Broccoli Cornbread

- 1/2 c margarine, melted
- 1/3 c onion, chopped
- 1 t salt
- 3/4 c cottage cheese
- 1 1/2 c fresh broccoli, finely chopped
- 4 eggs
- 1 package quick corn muffin mix



In a mixing bowl, blend melted margarine, onion, salt, cheese, broccoli, and eggs. Stir in muffin mix. Pour into a greased 13 X 9-inch pan. Bake at 400° F for 20 –25 minutes. Cut into squares Yield: 12 servings.

Nutritional Analysis: 190 calories, 5g protein, 16g carbohydrate, 2g fiber, 12g fat, 70mg cholesterol, 580mg sodium.

## Louisville Area Leadership Retreat

Reservations for the Area retreat March 28-29 at Cedarmore are due on March 18. Sponsorships are available. Cost is \$85.

## Coupons 101

If you are trying to reduce your budget expenses, come to this class and learn how to use meal planning, store sales and coupons cooperatively to save money in grocery shopping. Participants will gain knowledge to maximize savings while shopping and reduce stress surrounding family meal planning and budget issues.

## Come Sew with Us

On Monday, March 28, at 6:00 PM we will make a wrapped coil basket. The project on Monday, April 25 will be a purse organizer. The materials list is on the Extension website or contact the office. Sign up today to reserve your space in class.

## Sewing Expo

April 12-13 at General Butler State Park in Carrollton. Registration closes March 23. Go to the Owen County Extension Office website: <http://ces.ca.uky.edu/owen> , click on Family & Consumer Sciences, then click on Sewing Expo 2011 for complete registration information.

## Cooking Under Pressure

Thursday, April 14 at 6:30 PM, Learn how to use a pressure cooker to make nutritious meals in record time. This class will also review convection cooking. The class is free to Extension Homemaker members and \$20 for non- members. Please contact the office to reserve you place.

# Louisville Area Homemaker Council

will meet at 10:00 AM on Thursday, April 21. The carpool will leave the Extension office at 9:00 AM. Contact the office if you plan to be part of the carpool.



Volunteers are needed to help with the Oldham County Garden Show on Saturday, April 30. This is the only fund raiser for the Scholarships that the Extension Homemakers award. Please contact Rae Anne Roley at 241-7162 or [Horsimom@aol.com](mailto:Horsimom@aol.com) or contact Chris 222-9453 [crivera@uky.edu](mailto:crivera@uky.edu) if you are available to help.

## L king Ahead!

**Homemaker State Meeting** is in Bowling Green, May 9 – 12, see KEHA website for more details. Please contact Chris if you plan to attend.

**Volunteers are needed** to help with the 4-H sewing classes: May 9, 16, & 23, 3:30 to 5:30 pm. If you can only help on one date, your time will be appreciated.

**Oldham County Homemaker Annual Day is May 26** at the John Black Center.

## FCS Calendar of Events

March	7	Area Cultural Arts & Blue Hydrangea Tea, 9:00 AM, John Black Center
	10	Writing Bylaws, 10:00AM
	15	Extension Council & District Board, 9:00 AM
	18	Homemaker Executive Council, 1:00PM
	18	Reservations Due for Leadership Retreat, 4:00 PM
	22	Plant Sale & Garden Show Committee, 4:00 PM
	22	Oldham Co. Extension Homemaker Council, 6:00 PM
	24	Couponing 101, 10:00 AM
	24	Canning Class, 6:00 PM, Spencer County Extension Office
28-29	Louisville Area Homemaker Retreat	
April	11	Parliamentary Procedure, 6:00 PM
	12-13	Sewing Expo, 10:00AM, General Butler State Park
	14	Cooking Under Pressure, 6:30 PM
	21	Louisville Area Homemakers' Council, 10:00 AM, Bullitt Co. Ext. Office
	25	Come Sew with Us, 6:00 PM
	26	Oldham Co. Homemakers Council Budget Committee, 6:00 PM
28	Money Wisdom, 10:00 AM	

*Christine L. Duncan*

Christine L. Duncan  
Extension Agent for Family & Consumer Sciences

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