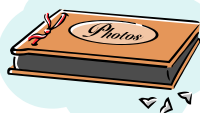
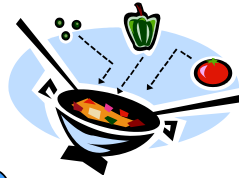


# Together, We Can... Learn to Live Well

**2011-12 Extension Homemaker Leader Training**



*Lessons presented at  
two locations:*

**Daviess County  
Extension Office**

**Henderson County  
Education and Expo  
Center**

There will be **EIGHT** lesson dates with two different lessons taught on each day, as follows:

*Lessons will be one hour in length.*

August 30<sup>th</sup> in Owensboro, 4800A New Hartford Rd, Owensboro

\*Fall Fashions 10:30 am

\*Agritourism, Noon

August 31<sup>st</sup> in Henderson, 3099 Zion Road, Henderson

\*Fall Fashions, 10:30 am

\*Agritourism, Noon

October 25<sup>th</sup> in Owensboro, 4800A New Hartford Rd, Owensboro

\*Freezer Meals, 10:30 am

\*Healthy Cooking – Plate it Up, Noon

October 26<sup>th</sup> in Henderson, 3099 Zion Road, Henderson

\*Freezer Meals, 10:30 am

\*Healthy Cooking – Plate it Up, Noon

January 24<sup>th</sup> in Owensboro, 4800A New Hartford Rd, Owensboro

\*Heart Healthy Recipes and Demos, 10:30 am

\*Never Say Diet Again, Noon

January 25<sup>th</sup> in Henderson, 3099 Zion Road, Henderson

\*Heart Healthy Recipes and Demos, 10:30 a.m.

\*Never Say Diet Again, Noon

March 27<sup>th</sup> in Owensboro, 4800A New Hartford Rd, Owensboro

\*Art is All Around, 10:30 am

\*Technology Savvy, Noon

March 28<sup>st</sup> in Henderson, 3099 Zion Road, Henderson

\*Art is All Around, 10:30 am

\*Technology Savvy, Noon



Two lessons taught  
on an *every other  
month* basis-Each  
club sends leaders for  
**both** lessons.

**Living  
Well**

***Lunch available on-site  
between lessons!***

***Lunch served from  
11:30-Noon***