

4-H YOUTH DEVELOPMENT



**Cooperative
Extension Service**

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**METCALFE
MINUTES**



**Head, Heart, Hands
& Health**



National 4-H Conference

Teens 16-18 years old are invited to apply for National 4-H Conference, the premier youth development opportunity to engage youth in developing recommendations for the national 4-H Youth Development Program. This conference is backed by the Secretary of Agriculture. Dates for the conference are April 2-7, 2011. The location is at the National 4-H Center in Chevy Chase, Maryland. If selected to attend, delegates will be expected to pay \$400 of the approximate \$1200 cost. Delegates will meet 4-H members and partners from across the world, participate in professional development workshops, and discover new skills and how to apply them back home. If you are interested in applying for this conference please Amy Branstetter at the Extension Office 270-432-3561.

Country Ham Project

To participate in the country ham project, youth must cure two hams over the course of the year. In March or April, youth receive their hams and are responsible for washing, trimming and applying a curing mixture to each ham. Most cure mixes are pre-made by Clifty Farms in Scottsville and include salt, sugar and spices. A second washing and curing application is completed in May or June, with final preparations for the State Fair made in July. The curing process will be completed at Clifty Farms in Scottsville, KY. Project requirements included giving a 3-5 minute speech at Kentucky State Fair over a certain topic.

Save the Date

What: Country Ham Project Meetings, Clifty Farms, Scottsville

(To Wash the hams)

Tuesday, May 24, 6:00 pm

Or Thursday, May 26, 6:00 pm

(To oil & trim the ham and select one for State Fair)

Tuesday, July 26, 3:00pm (Note: this is an afternoon meeting)

Or Thursday, July 28, 6:00 pm

Important: Remember kids have to attend at least two meetings AND go to the state fair or they forfeit their hams and money. Transportation will be your responsibility.



Date: March 2, 2011- May 2, 2011 – online registration

Paper application due to county extension office – April 22

Please remember late registration fee begins 5 business days after the deadline (May 9)

Date of Event: May 20-22, 2011

Time: Friday 5pm – Sunday 12 noon

Cost: \$70.00 per person (payable to KY 4-H Foundation)

Site: Feltner 4-H Camp, London KY

Metcalfe County 4-H Camp!

Camp Date: June 6-9 2011

Camp Fee: \$155.00

JUST A FEW OF THE BENEFITS OF THE 4-H CAMPING PROGRAM

- * Exposure to the 4-H philosophy and programs
- * Realizing the satisfaction and dignity of work
- * Developing leadership and “followership” talents and abilities
- * Helping youth learn the decision making process
- * Exploring career opportunities and continuing needed education
- * Learning constructive use of leisure time
- * Practicing healthful living
- * Seeing one’s relationship to your environment
- * Appreciating nature
- * Strengthening personal standards and citizenship ideals
- * Cultivating a desire and ability to cooperate with others
- * Character building



4-H camp Pre- Registration Form

Camp Date: **June 6-9, 2011**

Camp Fee: **\$155.00**

Please print all information

Child's Name _____ Date _____

Address _____

City _____ State _____ Zip Code _____

Gender:(circle one) Male / Female Race* _____

(*Necessary to comply with affirmative action- civil rights standard)

Have You attended 4-H Camp before? _____ If so, how many years? _____

School attended _____ Grade _____

Age _____ Birth Date ____/____/____ Shirt size _____

Do you qualify for Free/Reduced lunch program? (Circle one) Yes / No

Do you need partial scholarship? (Circle one) Yes / No

Person you would like to camp with (limit two names) _____

Custodial Parent(s)/Guardian(s) Name: _____

Signature _____ Home Phone _____

Work Phone _____ Cell Phone _____

Email _____

Please Return to: The Metcalfe County Extension Office

P.O. Box 55

Edmonton, KY 42129



After we receive the pre-registration form and deposit, you will receive the entire camp application that will need to be completed before your child can attend camp.

WHAT TO DO!

Swimming, crafts so much to make! High ropes, and low ropes will leave you wanting more! Nature and hiking, so much to explore! Fishing canoeing will take your breath away. Rifle and archery prepares you to be safe. There is so much to do during the 4 day camp week, that to tell it all would be an impossible feat!

LIVING ACCOMMODATIONS

Campers stay in cabins with trained teen and adult leaders. Boys and girls have separate cabins. If you want to bunk with a friend, please indicate name on the registration form (limit two names). We will try our best to accommodate your request.

CAMP DATE & COST

June 6-9 — \$155.00

Camp applications are accepted on first come, first serve basis.

Make checks payable to: **Metcalfe County 4-H Council**. Always notate on your check the name of the camper. \$25.00 is nonrefundable if cancellation occurs after full payment due date. There is **no refund** if a child has to return home from camp early.

PAYMENT & REGISTRATION INFO

To reserve your spot at 4-H camp, please complete and return the pre-registration form. Additional registration materials will be sent for you to complete.

\$25.00 deposit with pre-registration

Balance is due May 17, 2011

Or

One check for \$155.00 with pre-registration. There is a \$25.00 fee for all returned checks.

CAMP LOCATION

WEST KENTUCKY 4-H CAMP is in Dawson Springs in Hopkins County

CAMP PHYSICALS/IMMUNIZATION

CERTIFICATES

All campers are required to have a physical within the last 18 months of their camp date. We do not keep copies of paperwork from previous years. Please make arrangements for a physical or get a copy from the doctor or school nurse. We also require a copy of the child's immunization certificate that has been dated within the last two years.

PARENTS/ TEENS!

If you would be interested in serving as an adult cabin leader, please complete the **Adult/teen leader interest form** and return to the Metcalfe County Extension office, P.O. Box 55 Edmonton, KY 42129. Teens, ages 16-18 must apply as a teen leader. Teens, ages 14-15 can only apply for CIT (Counselor in Training) All adult leaders must grant permission for a background check.

Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work/Cell _____

Male ___ Female ___ Have you attended camp as an? Adult Leader ___ Teen Leader ___

T-shirt size _____ TEENS ONLY Age _____ Teen date of Birth _____

Please List any leadership positions you have had in schools, churches, 4-H, ect. _____

Why do you want to be a camp Volunteer leader?

Metcalfe County 4-H Horse Club

Metcalfe County 4-H Horse Club Meetings

Monday's from 4:30pm to 6:00pm at the Metcalfe County Extension Office (422 East Street Edmonton). If you plan to be on the Horse Judging Team and or would like to show your horse in 4-H you **MUST** how 6 hours of Equine Education. For more information call Amy Branstetter Extension Agent for 4-H Youth Development 432-3561.

Horse Eligibility Forms are due April



Ready Set Roll

Friday night from 4-6 at the skating rink in Edmonton
Come join us for some 4-H fun!!!

I am an Explorer

Come join the Edmonton Explorer's 4-H club
Every Tues day at 6:00 pm at the
Metcalfe County Extension Office.



Amy Branstetter

County Extension Agent For 4-H Youth Development