



4-H YOUTH DEVELOPMENT



Mercer County 4-H News

*October
2010*

Mercer County Cooperative Extension Service
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Second Sunday Event Scheduled

Sunday, October 10, 2010, 3-5 pm
at Fort Harrod State Park
Second Sunday is a statewide event that encourages all forms of physical activity within the local community and is designed to get Kentuckians moving! There will be a Zumba demonstration, non-competitive stroll, bicycle safety, (please bring your bike) pang pong, Fastest Kid in the county contest, and more! Teens are needed to assist with the different events, great opportunity to get community service hours.

**Election Day
Pancake Breakfast
Tuesday, November 2, 2010
Mercer Co. Extension Office
1007 Lexington Road, Harrodsburg
Serving times: 6:00 a.m.—1:30 p.m.
Tickets—\$5.00 Each.**



Sponsored by Mercer County 4-H Council
To purchase tickets please contact the Extension office. Tickets will be sold at the door. Please mark your calendars and come out to support 4-H.



BUS RIDERS TO EXTENSION OFFICE

Please contact the Extension Office for information regarding riding the bus to the Extension Office.

Look us up on the web:
<http://ces.ca.uky.edu/mercer/>



Heart of Kentucky
United Way Agency



Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Disabilities accommodated with prior notification.

4-H Charity Motor Bike Ride Saturday, October 9



@ Mercer County Extension Office
Registration 11:00 a.m.
Ride Time @ 1:00 p.m.
Entry fees: \$10.00 Rider, \$5.00 passenger

Proceeds will benefit Mercer County 4-H

Free grilled burgers and drinks after the ride is over at the Mercer County Extension Office.
For Information Contact: Jeff Poole
859.583.0897 or 4-H Office 859.734.4378



**Safe Sitter
Babysitting Clinic
October 7 & 8
Time: 8:30 a.m. - 4:00 p.m.
@ Mercer County Extension
Office**



**Cost: \$15.00—includes lunch and snack
Who: Open to students 11 years old and up
Pre-Register by calling 734-4378, class size is limited.**

Being a babysitter can be a very large responsibility for any youth. Many young people today are babysitting. They may sit with younger brothers and sisters at no cost or for other younger children at a set fee. Interest in babysitting is high and the need for information on safe and successful babysitting is great. Each student will receive safe sitter manual, completion card and safe sitter kit (must attend both sessions).

4-H Paws Club (Rabbit)

The next 4-H Paws (Rabbit) Club meetings will be on Monday - October 4 & November 1, at the Mercer County Extension Office at 6:30 p.m. Anyone interested are encouraged to attend the meeting. Please note you do not have to own rabbits to come to this meeting. We will be planning for the upcoming year, Leader for the club: Liz Keller

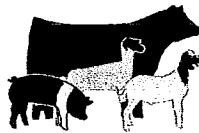


4-H Horse Club

The Mercer County 4-H Horse Club (Hoofprints) will hold a meeting on Thursday, October 7 & November 4 at Mercer County Extension Office at 6:30 p.m. Members are involved in horse bowl, horse judging, trail riding, horse camps and anything else related to horses. Trail rides are also being held throughout the month at Eagles Nest Farm, please contact Carol Conover, 4-H Trail Ride coordinator for details 734-4025

4-H Livestock Club

The 4-H Livestock club will be meeting on the first Tuesday of each month at 6:30 p.m. The next meeting will be on Tuesday, October 5 & November 2 at Mercer Co. Extension Office.



Dairy & Livestock Exhibitors

REMINDER: Any 4-H youth planning on showing dairy cows, market steers, market lambs, hogs or goats, 4-H Country Hams must have 6 hours of educational classroom instruction before you can have your animals KUIP tagged. In order to do this you must attend livestock club meetings offered by the 4-H Livestock Club. Tagging deadlines - spring 2011.

4-H Country Ham Project

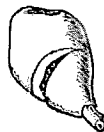
WHO: Any Mercer County youth (9-18)

WHAT: 4-H Country Ham Project—

4-H members will receive 2 hams to cure and hang their hams for 7 months. After the hams are cured, youth are required to give a presentation on any aspect of the project such as nutrition or value added. Presentations and hams are judged at the Kentucky State Fair. The combined presentation and judging scores determine the overall winner.

COST: \$55.00

DEADLINE: November 15, please call to put your name on the list. Applications will be available mid-October.



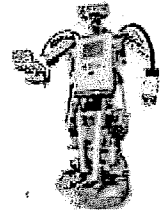
4-H Lego Club for Cloverbuds

Open to youth 6-8 years old. This club will be using legos to build models. Youth will be learning about science, engineering and technology. Meetings will be held on October 13 & November 10 from 3:30-5:00 p.m. at the Mercer County Extension Office. Participants may bring something they have built. They will also have time for "building." For more information contact leader - Meg Davis-Bowling 865-1456.



4-H Robotics Club (9-11 Year Olds)

This club will be using legos to build models. Youth will be learning about science, engineering and technology. Meetings are held on Saturday's, October 30 and November 13 10:00-12:00 p.m. at the Mercer County Extension Office. For more information contact leader - Sandy Rippetoe 734-5140



4-H Gardening Club

The Garden Club is "blooming" with fun projects in the next few months! On October 20 and November 17, at the Extension office, 3:30-5:00 p.m.. The cost for each Club meeting is \$5.00.



**MEETING
DATE
CHANGED**

Veterinary Science Club

Any 4-H youth interested in animals of all sizes are invited to join. The club will introduce youth to the normal animal, basic anatomy and systems, elementary principles of disease and careers with animals. The next meeting will be on Tuesday, October 19 & November 16 at the Mercer County Extension Office at 6:30 p.m.



Mercer County Youth Investment Sale 2011

Any youth interested in participating in the 2011 Sale must either complete 4-H Country ham project or livestock project by showing either at market steer, market lamb, market goat or market hog. If planning to sell your country ham project you MUST present a speech at the Mercer County 4-H Talk Meet Contest in December. In addition, members must complete 6 hours of training thru 4-H Livestock Club. There are also other requirements. Participants must complete a contract, available in November.

4-H Team Crusaders

4-H Paint Ball club that focuses on teamwork, community service & character education. Open to youth 10 years and up. Next meeting will be Saturday, October 16 & November 6, 10:00 a.m. Jeff Poole's Farm, Irish Ridge Road. For more information call Jeff Poole at 583-0897. Also check out our Facebook Page— 3 Trezzz Paintball.



4-H Helping Hands at Haggin Hospital Extended Care

All 4-H youth are invited to join Helping Hands (adopt-a -grandparent Program) at Haggin Hospital Extended Care Unit. 4-H Members will be working with the residents to complete projects. For October 4-H will be assisting with annual trick/treat on October 26, set up will begin at 5:00 and event will be held from 6:00-7:00 p.m.



4-H Shooting Sports

Kick-Off meeting—October 7 at Boyle County Extension Office 6:30 p.m.
Regular meeting on November 4.

4-H Archery Practice

October 21, November 18 at Boyle County Extension Office, Danville, 6:00-7:30 pm

4-H B.B./Air Rifle Practice

October 28 & November 11 at Boyle County Extension Office, Danville, 6:00-7:30 pm

Air Pistol Practice

October 14 & November 11 at Boyle County Extension Office, Danville, 6:00-7:30 pm

***Equipment Needed: None, if you do not have archery or air pistol equipment you may use our equipment free.



4-H Hunter Education Challenge (YHEC)

Shooting Sports program for youth to learn about the outdoors, and have fun with other youth and adults that have similar interests. The events include four shooting events: archery, muzzle loading rifle, & shotgun . There are also non-shooting events: wildlife identification, orienteering, hunter safety trail, and written exam. Meetings will begin in November @ Boyle County Extension Office.

Dana Anderson

Dana Anderson, Mercer County Extension Agent for 4-H Youth Development

Bobbie White

Bobbie White, Mercer County Extension 4-H Program Assistant

4-H Project Club

Thursday, October 28, decorating pumpkins 3:30-5:00 pm @ Mercer County Extension Office
Cost—\$5.00 Open to Any youth (9years & older)
RSVP by calling 734-4378 before Wednesday, October 27

4-H Foods Club

October 21, 3:30-5:00 p.m.
Cost -\$5.00 at the Mercer County Extension Office. Foods club will focus on all aspects of cooking and preparing food and proper nutrition. Each month the club will meet and youth will get hands on experience in preparing and selecting foods.



4-H Scrap Booking Club

October 19 & November 16
Mercer Co. Extension Office
4:00-5:00 p.m. Cost \$5.00

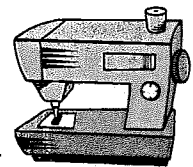
The club will meet monthly on the third Tuesday of each month. The club has a new leader, Angelia Hall. Club is open to youth age 9-18 years old. Will be doing a back to school page, Halloween craft and create a card.

Salvisa Community 4-H Club

Any youth in the Salvisa Area are invited to join the Salvisa 4-H Club. The club meets on the third Thursday of each month (except in Sept. & Nov.) at 6:30 p.m. at the Salvisa Ruritan Building. The next scheduled meeting will be on October 21 and November 11.

4-H Sewing Club

Meets the 2nd and 4th Monday of each month, from 1:00 –5:00 p.m. at the Mercer County Extension Office. Youth will learn how to sew. We have sewing machines and leaders who are skilled to teach youth. This club is open to youth 9-19 years old and adults. No charge for the club. You will need to provide your material and other supplies. The projects will range from making home furnishings to clothing items. For more information contact the Extension Office. Looking to offer evening/ Saturday meetings upon request. For more information contact the Extension Office.



Special thank you to Sandy's Sewing Center for repairing 4-H sewing Machines. Do appreciate the support.

4-H Pumpkin Day Celebration

Entries due on Thursday, October 28 -

Judging on Friday, October 29

@ Mercer County Extension Office,
1007 Lexington Road, Harrodsburg



All participants will receive ribbons and premiums - Blue ribbon - \$3.00, Red Ribbon - \$2.00 and White ribbon - \$1.00 (awarded at the 4-H banquet).

The categories are as follows:

Pumpkin Contest:

- ✓ Best Jack-O-Lantern (carved)
- ✓ Best Painted pumpkin
- ✓ Best decorated pumpkin
- ✓ Ugliest Pumpkin (decorated)
- ✓ Oddest shaped pumpkin ✓ Smallest pumpkin
- ✓ Biggest pumpkin (By weight)
- ✓ Carved & Painted pumpkin



Foods Competition:

- ✓ Pumpkin Bread/muffins ✓ Best Pumpkin Pie
- ✓ Decorated Cupcakes ✓ Pumpkin Cookies
- ✓ Pumpkin Cake ✓ Pumpkin bars
- ✓ Roasted pumpkin seeds
- ✓ Decorated Pumpkin Cookies
- ✓ Halloween Candy (homemade)
- ✓ Pumpkin Cake (must have pumpkin in Ingredients)



Pumpkin Photos:

Photos subject should relate to pumpkin/harvest season. The photos should be mounted on matte or poster board.

- ✓ Single photo (can be enlarged)
- ✓ Single black/white horticultural subject/activity
- ✓ Sequence of 5 -color photos
- ✓ Collection: 3 - different points of view of the same subject
- ✓ Five photographs of an event.



Arts & Crafts:

- ✓ Decorated t-shirt ✓ Door Decoration
- ✓ Home Decoration ✓ Table decoration
- ✓ Trick or Treat Bag or bucket
- ✓ Picture Frame
- ✓ Halloween/Fall Scrapbook page
- ✓ Wearable decoration (no t-shirts, can be decorative pens, hats, etc)
- ✓ Miscellaneous (4-H can only have 1 item in this category)

There will NOT be any additions to the entry list.



4-H Awards Trip

Mercer County 4-H is sponsoring a awards trip to 4-H youth as reward for their participation in 4-H activities and projects. The awards trip is presented to youth who must complete three of the following activities to be eligible for the trip. Activities/

projects must be completed during the 4-H year from September 1, 2010 thru August 31, 2011.

They may choose from the following activities:

1. Complete a 4-H project, exhibit the project at the County Fair.
2. Present a speech at the county-wide Contest in December 2010
3. Present a demonstration at the county-wide contest.
4. Participate in a Community Service Project.
5. Exhibit project at the 4-H Pumpkin Day.
6. Perform at the County Talent Show.

4-H Award Opportunities - YEAH YOU...

Opportunity to be recognized for all your hard work and talents...

~**Leadership Award** is presented to youth who have demonstrated outstanding leadership skills and have a willingness to share their knowledge with other 4-H youth.

~**Achievement Award** is presented to youth wanting to learn and share this knowledge with others.

~**I Dare You Award** is presented to high school junior who demonstrates personal Integrity, lead well-rounded lives and posses a willingness to assume responsibility.

~**Citizenship Award** is presented to youth wanting to learn more about their government and how it relates to their daily life.

~**4-H Middle School Leadership Awards I, II, & III** designed to recognize 4-H members in middle school, encourage record keeping and prepare them for their Bronze-Silver-Gold Honors awards.

Youth will complete the application and return to the Extension Office. Forms will then be judged.

Applications may be obtained from the Extension Office or from the website. Deadline is Friday, October 29.

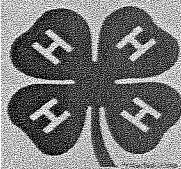
Look ahead to November

4-H Recognition Banquet- Monday, November 23
At the Extension Office, 6:30 p.m.

4-H Speech Contest in December 2010

Mercer County 4-H Teen News

What can GREEN Do For YOU?



JUNIOR TEENS 6th, 7th & 8th Grade Youth

Mercer County 4-H Junior Teen Council

Open to all youth in 6-8 grade. This is a new group that will meet monthly and focus on leadership/personal development, community service and other related 4-H activities. The council meets monthly, on the second Wednesday of each month at the Mercer County Extension Office @ 3:30 p.m. Upcoming meetings will be on September 29 & November 10. Here is list of upcoming activities:

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**Junior Teen Council Fall Gathering  
 @ Devine's Corn Maze  
 Saturday, October 9  
 5:00-8:00 P.M.**

**623 Talmage-Mayo Road,**  
 Anyone interested is invited to come. Please bring \$5.00 to get into the corn maze. Girls bring cookies and boys bring a bag of chips.

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 Junior Teens Assisting with
Trick/Treat @ Haggin Hospital
 Tuesday, October 26
 5:00-8:00 p.m.

We need volunteers to assist with face painting, handing out candy and assisting with the trick/treat event



Activities on this page is open to 6-12 grade ONLY.

TEENS 9th -12 Grade Youth

Mercer County 4-H Teen Council

This is for High School 9-12 grade Students. Students participate in monthly meetings that are held at the Extension Office, participate in leadership development activities, community Service projects and go on fun trips such as canoeing and snow tubing. The council meets monthly, on the first Wednesday of each month at the Mercer County Extension Office @ 3:30 p.m. Next meeting will be on November 3.

**Canoeing on Kentucky River
 Wednesday, October 6
 10:00 a.m. - 3:00 p.m.
 (Approximately)**

Cost - \$15.00 each - Meet at the Mercer County Extension Office. Please RSVP by either calling the Extension Office or emailing me, there is a limit of 16 participants. We do have forms that you must complete. We will eat lunch at the resort. **MUST RSVP by October 4, 2010** ~If the weather is bad (thunderstorm or raining) we cancel and possibly re-schedule.

"Issues Conference"

is a 4-day issue-based conference for top student leaders from across the state.



WHEN: November 18-21, 2010

WHO: Any Sophomore or Junior Students

GOALS: Conference is for youth who display leadership potential and who will make a commitment to implement what they learn back home. **COST:** \$140. (Community Service Scholarships can apply)

WHERE: Conference is at Kentucky Leadership Center on Lake Cumberland

DEADLINE TO REGISTER:
 Wednesday, October 20, 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 4-H Rabbit Club 6:30	5 4-H Livestock Club 6:30	6 4-H Teen Council Canoeing Trip	7 4-H Babysitting Clinic 4-H SS Sign Ups 6:30 4-H Horse Club 6:30	8 MCIS School Clubs	9 4-H Charity Bike Ride 11:00-4:00 4-H Jr. Teen Outing Corn Maze 5:00-8:00
10 Second Sunday 3:00-5:00	11 Mentor/4-H Sewing 1:00-5:00	12 4-H Lego Club 3:30-5:15	13 4-H Teen Council 3:30-5:15	14 4-H SS Air Pistol 6:30	15	16
17	18 4-H Council Mtg. 6:30	19 4-H Scrapbooking Club 3:30—5:00 p.m. 4-H Vet Science 6:30 District 4 Leader Mts.	20 4-H Gardening Club 3:30—5:00 p.m. Deadline for Issues 4-H Cloverbud 1 & 2	21 4-H SS Archery 6:30 4-H Foods Club 3:30-5:15	22 Youth Investment Appreciation/Info. Breakfast 7:30 am KMS Safe Night 3:30	23
24	25 Mentor/4-H Sewing 1:00-5:00	26 4-H Helping Hands Haggin Trick/Treat 5:00 p.m.	27	28 Project Club 3:30-5:00 Pumpkin Day Entries 4-H SS Air Rifle 6:30	29 4-H Awards Deadline Pumpkin Day Judging	30 Robotics Club 10:00-12:00 a.m.
31	November 1 4-H Rabbit Club 6:30	November 2 4-H Pancake Breakfast 6:30 a.m. 4-H Livestock Club	November 3 4-H Teen Council 3:30-4:30	November 4 KMS 6/7 Clubs 4-H Horse Club 6:30 4-H SS Club 6:30	November 5 MCIS School Clubs	