

What IS 4-H Clover Buds?

Just like the 4-H program for older youth, the purpose of the Kentucky 4-H Clover Buds is to help young children learn life skills to become **competent, caring and contributing** citizens.



Who are 4-H Clover Buds?

Youth who are ages 5- 8 or are in Kindergarten through the 3rd grade.

"4-H Age" is the age of the child as of January 1 of the current programming year.

4-H Clover Buds Help Young People ...

1. **LEARN** more about themselves and the world around them.
2. **DEVELOP** positive attitudes about learning new things by hands-on involvement
3. **DEVELOP** a positive relationship with a caring adult or older youth helper
4. to **LEARN** about the 4-H Youth Development Program.

Primary Goal:

To **promote** children's healthy development—mentally, physically, socially & emotionally.

The 4-H Clover Buds program provides an excellent opportunity for children to reach his or her **highest potential** because early life experiences, even subtle ones, affect future development.

Everyone WINS!

4-H Clover Buds activities are **non-competitive**, so everyone is a winner.



Family Activity

Activity taken from:

"I Am Special", *Fingerprint Family*, Personal Development section, Cloverbud, The Pennsylvania State Program, PENN State Cooperative Extension, 2001.

"Finger Print Family"

Materials: white construction paper, washable stamp pad and ink, and fine tip colored markers.

What To Do:

Have some more fun with fingerprints! Have the children make a fingerprint to represent each member of their family.

Don't forget any pet! Invite the children to draw faces, hair, arms, legs and clothing on them.

While they are busy making their prints, talk about the importance of our families and how our families make us special because no one has a family just like ours.

Family Discussion:

Think about your family. People from the same family often do special things for one another.

What special things do you do for your family?



What do your parents, grandparents, brothers, and sisters do for you?