

What Is the Extension Master Food Volunteer Program?

The University of Kentucky Master Food Volunteer Program provides a foundation of knowledge to volunteers in the subject areas of food safety, food science, food preparation, and food preservation. The Extension Master Food Volunteer Program allows people with interests in food, cooking, and nutrition to take their expertise to a higher level while developing new avenues for helping in the community.

Who Can Become a Master Food Volunteer?

Anyone with an interest in food preparation, food preservation, food safety, or food science can apply for the Extension Master Food Volunteer Program if it is active in your county. If you want to improve skills and knowledge and you like to work with people, the extension Master Food Volunteer Program may be for you.

Volunteers in Northern Kentucky

The Extension Master Food Volunteer Program was first introduced in Kentucky in 2004 with our first class trained from the Northern Kentucky Area. Fourteen men and women participated in that program. These leaders enjoyed paying back their service hours through assisting with, and developing their own educational programs through their county extension office. In addition, many helped with judging foods at local fairs, helping with food related fund raisers, and farmers markets demonstrations.

In 2006, a second class of 15 leaders were trained and are busily paying back their volunteer hours. The next class is scheduled to be trained in early 2010. Contact the Kenton County Extension office with any questions.

Program Requirements:

The Master Food Volunteer Program provides approximately 40 hours of training in food science, food preparation, food preservation and food safety. These classes are taught by county extension professionals, UK extension specialists, and industry professionals. Class members complete certification as an Extension Master Food Volunteer by contributing a minimum of 40 hours of approved volunteer service back to the community.



Volunteers must

- Be available for at least 40 hours of training classes
- Be committed to donating at least 40 hours of approved service back to the community.
- Have at least a high school diploma or the equivalent.
- Be able and willing to travel to a training site for all classes.
- Enjoy working with adults and/or youth and willing to share your love of food through various Extension Master Food projects and events.
- Able and willing to travel throughout the Northern Kentucky Area to earn payback hours.
- Pay registration fee for the training (average \$75 for 40 hours).

Turning Food Lovers into Master Volunteers

Cooperative Extension is excited to again offer a program for people who love to cook, love to learn and share recipes and want to give back to the community. Similar in organization and structure to the Extension Master Clothing Program and Extension Master Gardener Program, The Extension Master Food Volunteer Program allows people with an interest in cooking an nutrition to take their cooking expertise to a higher lever, while developing new avenues for helping the community.

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Volunteers must:

- Be available for at least 40 hours of training classes. Next training will be held in 2010.
- Be committed to donating at least 40 hours of approved service back to the community.
- Have at lease a high school diploma or the equivalent.
- Be able and willing to travel to a training site for all classes
- Enjoy working with adults and/or youth and willing to share your love of food through various Extension Master Food projects and events.
- Able and willing to travel throughout the Northern Kentucky Area to earn payback hours.
- Complete application fee and pay registration fee by

Master Food Volunteers in Action!

