

**Kenton County
Cooperative Extension Service**
10990 Marshall Road
Covington, KY 41015
Phone: 859 356-3155

Annex Office
3099 Dixie Highway
Edgewood, KY 41018
Website: <http://www.kentoncountyextension.com>

**Durr Center OEC -
Outdoor Education Center**
10990 Marshall Road
Covington, KY 41015

January - August 2012

Register in person, by
phone or on-line
[@www.kentoncountyextension.com](http://www.kentoncountyextension.com)
Registration required for all classes.

Cooperative Extension Programs Help Individuals, Groups and Communities Help Themselves

Your Kenton County Extension Service provides research-based educational programs in the areas of Family and Consumer Sciences, Agriculture, Horticulture, 4-H Youth Development and Community Development.



Relatives Raising Relatives Monthly Support

*Friday, Feb. 10, March 9, April 13,
May 11, 12-1pm, Durr Annex*

Join other relatives raising relatives as they learn to cope with the stressors of their circumstances. Each month a different speaker will address current issues. Free lunch provided. Advance registration requested.

Surviving Your Adolescents

*Tues., April 17,
6:30 pm, Durr Center
Repeated, Thurs., April 19,
9:30 am, Durr Annex*

Does it seem as though there is a strange child lurking in your home? The adolescent stage is a difficult transition for kids as well as their parents. This program will help parents understand the physical and psychological changes that occur during this time and offer parents tips on effective communication and parenting strategies that will make the conversion from child to teenager a little less frightening.

Agriculture Classes

BQA (Beef Quality Assurance) Training

*Thurs., Feb. 2,
7 pm, Durr Center*

Learn the correct way to administer injections for cattle, and cattle handling, to ensure a good beef carcass.



Beginner Farming Workshop

*Wed. and Thurs., Feb. 15 and 16
9 am-4 pm, Campbell Co. Extension*

Gain valuable knowledge in irrigation and fertility management, variety selection, post-harvest handling, organic production, weed management, insect management and identification, equipment usage, and marketing, including the farm-to-school program. \$30 fee per participant secures registration.

Pasture Renovation

Sat., Feb. 18, 10 am-1 pm, Durr Center

Come learn about grass and legume varieties, fertilization, soil testing, and establishing pastures for any herd.

Raising Pigs for Home Harvest

Tues., Feb. 28, 7 pm, Durr Center

Presented by Dr. Coffey, UK Swine

specialist. This program will cover nutrition, facilities, and breed selection of a hog for a family's consumption.

Farmscaping

Thurs., March 1, 7 pm, Durr Center

A whole-farm approach to manage beneficial organisms like spiders, reptiles, and birds to control pest populations on your farm.

Pasture Poultry

Thurs., March 15, 7 pm, Durr Center

Learn about what it takes to have fresh eggs or fresh fryers as part of your family's meals. This class is designed for the novice poultry farmer who may be looking for an agriculture enterprise that doesn't cost a lot of overhead.

Pond Management

Thurs., April 12, 7 pm, Durr Center

Learn the basics of weed control, stocking options and maintenance of your farm or home pond. Learn to identify weeds and utilize the correct herbicides.

Our First Farm

*Two-Part Class: Thurs., April 26 and
May 3, 7 pm, Durr Center*

This overview class is aimed at new farmers or small scale farm operators to help them better understand the options available for small acreage farms. It will also prepare new farmers for a more in-depth class to be offered in Fall 2012.

Most classes are held at either the Durr Extension Center, 10990 Marshall Road, Covington, or our Annex office at 3099 Dixie Highway. Call 356-3155 for information or to pre-register.

Financially Focused!



Business Planning for Small Agriculture or Horticulture Producers

Three-Session Class

Thursdays at 7 pm, February 9, 16, 23

Durr Center

Learn the proper way to evaluate your operation, understand the importance of goal setting, and assess the risks associated with a small farming or horticulture enterprise.

Sell This House!

Tues., March 20

6:30 pm, Durr Center

This workshop will help participants understand the impact that good home maintenance, furniture arrangement, de-cluttering, cleanliness, lighting, updating, depersonalizing, and pricing can have on how long a house sits on the market. Attendees will learn strategies that may boost home sales appeal to a larger population.

First Time Home Buyer

Tues., March 27, 6:30 pm, Durr Center

Repeated, Tues., April 24, 6:30 pm, Durr Annex

Learn the ins and outs of buying your first home in this 2-part series which will guide you through the process. Determining home purchase readiness, understanding credit, mortgages, shopping for a home, and the moving process will be discussed.

Let the Consumer Beware: In Tough Economic Times

Thurs., March 29

10-11:30 am, Durr Annex

OR 6-7:30 pm, Durr Center

Consumer fraud, an age-old problem, has become more sophisticated with the expansion of the Internet and direct-marketing techniques. This class focuses on a few general areas that consumers should consider carefully. The publication, facilitator's guide, and PowerPoint presentation will help consumers learn the telltale signs of fraud and protect themselves appropriately.

Money Talk: A Financial Guide for Women

Tuesdays 6-8:30 pm

April 16, 23, 30; May 7, 14, Durr Annex

Discover basic information about money, finances, and investments that all should know in this 5-session program. Geared to women but anyone is welcome. Participants receive a 192-page workbook to help them improve their knowledge, assess their situation, or set their goals. Limited to first fifteen callers. Minimum 7 participants for class to be held.

Gardening & More!

Hobby Greenhouses and Hoop House Workshop

Thurs., Feb. 9, 10 am - 2 pm, Durr Center

Join us for this half-day workshop to learn the basics of growing transplants in heated hobby greenhouses and small commercial greenhouses. Also learn how to extend the veggie growing season using unheated hoop houses, and tour our demonstration unheated growing tunnel! We'll cover materials, methods, and maintenance required for success in growing at home and/or for market. \$5 fee per participant, light lunch will be provided. Workshop fee secures registrations and is non-refundable after February 2, 2012.



Building School Gardens Educators' Workshop I: Youth Horticulture Programs

Mon., Feb. 20

10 am - 2 pm, Durr Center/ OEC

Calling all Youth Educators! If you have an interest in starting a youth garden at your school or want to incorporate more hands-on horticulture lessons in the classroom, join us for this applied workshop! Learn the basics of gardening, and how to tie hands-on horticulture into school curriculum. \$10 fee per participant, light lunch will be provided. Workshop fee secures registration and is non-refundable after February 13, 2012.

Building School Gardens Educators' Workshop II: Hands-on Tour of Extension's Outdoor Education Center Gardens

Thurs., July 12

10 am - 2 pm, Durr Center OEC

Calling all Youth Educators! Join us in our Outdoor Education Center (OEC) Gardens to learn hands-on curriculum-based youth gardening activities, also learn about field trip opportunities offered in the Extension OEC gardens. \$10 fee per participant, light lunch will be provided. Workshop fee secures registration and is non-refundable after February 13, 2012.

Public Workers' Tree Care Seminar

Thurs., March 8

7 am - 3 pm, Ft. Thomas Armory

Calling all municipal administrators, municipal arborists, public works employees, tree board members, and arborists! This full day workshop provides ISA and Kentucky Pesticide Applicator's CEUs. This well-rounded educational opportunity will cover topics including replacement trees for EAB, discussion of Asian Long Horn Beetle, common insect and disease cultural problems of the urban forest, specific advice for pesticide application on trees, a practical look at hazard tree evaluation, and methods for collecting information for effective hazard tree evaluation. \$20 fee per participant.

Veggie Gardener's Toolbox Part I: Veggie Garden Basics! (4-part series)

Thurs., March 22

6 - 8 pm, Durr Center

Are you new to veggie gardening? If you are preparing for your first vegetable garden, big or small, this class is for you! Learn the basics of vegetable gardening; including garden site planning, soil prep, growing climates, growing from seeds versus transplants, irrigation basics, helpful tools, organic vs. conventional methods, and proper maintenance. This class is part I of the Veggie Gardener's Tool Box Series; remaining classes cover growing spring, summer, and fall veggie gardens.

Veggie Gardener's Toolbox Part II: Spring Gardens! (4-part series)

Thurs., March 29

6 - 8 pm, Durr Center

Join us for part II of the Veggie Gardener's Tool Box to learn about growing a bountiful spring harvest. In this session we'll cover spring garden planning, cold frames and tunnels, variety selection, seed starting, proper maintenance, harvesting, and a few delicious recipes! Best of all FREE SOIL TESTING and FREE SEEDS for all participants!

Veggie Gardener's Toolbox Part III: Summer Gardens! (4-part series)

Tues., April 24

6 - 8 pm, Durr Center/ OEC

Join us for part III of the Veggie Gardener's Tool Box to learn about growing a bountiful summer harvest. In this session we'll cover summer garden planning, variety selection, seed planting, proper maintenance, harvesting, and a few delicious recipes! Best of all FREE SOIL TESTING and FREE SEEDS for all participants!

Veggie Gardener's Toolbox Part IV: Fall Veggie Gardens! (4-part series)

Thurs., August 2

6 - 8 pm, Durr Center/ OEC

Join us for part IV of the Veggie Gardener's Tool Box to learn about growing a bountiful fall harvest. In this session we'll cover fall garden planning, variety selection, seed planting, proper maintenance, harvesting, root cellaring, preserving and a few delicious recipes! Best of all FREE SOIL TESTING and FREE SEEDS for all participants!

Reforest Northern Kentucky 2012

Sat., March 24

9:30 am-12:30 pm,

Twenhofel Elementary

Bring your friends, family, and shovels to help make a difference planting trees in your community. The first 200 volunteers will receive a FREE T-SHIRT!

Beverages and refreshments for all volunteers. Scout troops, churches, and community clubs welcome!



Landscaping for Curb Appeal

Thurs., April 12

6 - 8 pm, Durr Annex

Working on a small landscape budget? Preparing to sell your house? Want your home to look inviting? Join us to learn about affordable and functional landscape techniques for your home, including basic design, mulching, plant selection, lighting, and hardscapes. Learn how to get the most bang for your buck in selecting the right plant for the right place!

Horticulture Fair— Horticulture Vendors & Gardening Products

Thurs., April 26

9 am -12 pm, Durr Center/ OEC

Meet-and-Greet with professional horticulturalists and learn about new products and plants available this season at local garden centers and supply stores! Helpful horticulture publications, free soil test kits, and light refreshments will be provided.

Container Gardens

Thurs., May 3

9 - 11 am, Jackson's Florist

Learn about designing and caring for beautiful container gardens amongst the fluorescent glow of millions of spring blossoms!



Urban Raised Bed Veggie Gardens

Thurs., May 10

6 - 9 pm, Center for Great Neighborhoods

Whether you are interested in joining a Covington Community Garden or starting your own backyard plot, we invite you to learn more about growing produce in small spaces. Learn about growing in raised beds, containers, hanging baskets, and more! Meet other community gardeners, learn how to submit FREE SOIL SAMPLES and pick up FREE SEEDS for your garden!

Composting and Vermiculture

Thurs., June 14

6 - 8 pm, Durr Annex

Join Worm's Way expert Nate Tanamachi to learn about backyard composting and worm composting.

Rain Barrels and Rain Gardens

Thurs., June 21

10 am, Durr Center/ OEC

Learn about catching rain to enhance landscape gardens and reduce erosion down stream. Learn the basics of designing effective rain catchment gardens and barrels. Participants will have a chance to tour Extension's demonstration rain garden.

For all Kenton County Classes register in person, on-line at www.kentoncountyextension.com or by phone call 356-3155. Send checks to 10990 Marshall Road, Covington, KY 41015.

Food, Fun and Nutrition

Never Say Diet Again - 8 Weeks to a Healthier You

*Tues., Feb. 14, 21, 28; March 6, 13, 20, 27; April 3
10-11:30 am, Durr Annex*

This 8-week program focuses on healthy eating and lifestyle habits with a goal of achieving and maintaining a healthy weight. Each session includes information, a physical activity, a healthy recipe and sharing tips among participants. \$20 fee, checks payable to Kenton Co. Extension District Board.

Keep Warm with Homemade Soups

Thurs., Feb. 23, 6 pm, Durr Annex

Making homemade soup can be a delicious and nutritious way to make a family meal for one or many! Join us as we discuss soup types and preparation methods at this class.



Family Cooking: Breakfast Together

Tues., March 13, 6 pm, Durr Center

By preparing family meals together, our children learn the importance of preparing delicious, safe, nutritious meals at home. This “hands-on” workshop is planned for family teams that include at least one adult and up to four school-age children. During this program, we will discuss the importance of eating breakfast and make an omelet and other dishes to round out this healthy meal at home. Class size limited. Class fee, \$5 per family, checks payable to Kenton Co. Extension District Board.

Family Cooking: Healthy Pizza Party

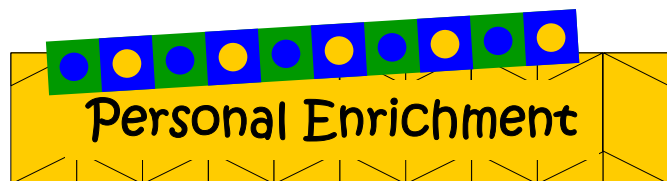
Tues., March 27, 6 pm, Durr Center

By preparing family meals together, our children learn the importance of preparing delicious, safe, nutritious meals at home. This “hands-on” workshop is planned for family teams that include at least one adult and up to four school-age children. During this program, we will make a healthier pizza party that includes other dishes to round out this healthy meal at home. Class size limited. Class fee, \$5 per family, checks payable to Kenton Co. Extension District Board.

Hands-on Food Preservation

Tues., July 24, 9 am - 3 pm, Durr Center

During this “hands-on” workshop, learn to pressure and water bath can. We will also discuss freezing and drying fruits and vegetables. \$10 fee, checks payable to Kenton County Extension District Board. Class size limited.



Personality Perks

Thurs., Feb. 9, 10 am, Durr Annex

Come learn about your personality! Understanding your personality can help improve your relationships, zone in on your

strengths, discover potential growth areas, and advance your leadership skills. We will be utilizing the Myers-Briggs Type Indicator, which is the most widely used personality instrument in the world.

Basic Computer

Feb. 28; March 6, 13, 20, 2-3:30 pm

Repeated, 6-7:30 p.m., Durr Annex

Did you get a new computer over the holidays, and have no idea what to do with it? This class is for beginners with no computer experience. Learn how to turn on the computer, parts of the computer, basic operation skills, and word processing using WORD in Office 2010. IT IS FOR WINDOWS BASED COMPUTERS NO MACS. This class will meet for four weeks. Choose an afternoon or evening. The class is limited to 8; minimum enrollment for class to be held is 4.

Creative Yard Art

Thurs., March 22, 10 am, Durr Center

Repeated, 6 pm, Durr Annex

Looking for new ideas to decorate your yard, entrance to your driveway, doorway entrance or even the back yard? This lesson will explore creative ways to make your home attractive and welcoming.

Transferring Photos using Technology

Tues., March 27 and April 3,

2-3:30 pm OR 6-7:30 pm, Durr Annex

Do you have photos on your digital camera and don't know what to do with them? This class will illustrate how to transfer pictures from the camera, save the files, e-mail photos, and save to CD or DVD. The second session will cover tips on utilizing software to enhance the photos. Please bring a digital camera (NOT CAMCORDER) with photos on it to class, or the card. Class is limited to first 8 callers for each class; minimum enrollment for class to be held is 5. Must have prior computer knowledge. Class fee is \$5.00 for flash drive.

Meditation, Breathing and Stretching Exercise for Stress Release and Flexibility

Thurs., April 5, 10 am, Durr Annex

This lesson offers participants accessible tools to assist them in implementing safe, simple meditation techniques, deep breathing, and basic standing and seated stretching exercises. Through participation in this program and practice of these simple exercises, participants will increase their physical activity levels and flexibility, and will know how to release stress and tension when needed.

Understanding Generational Differences

Thurs., April 26, 10 am, Durr Center

Do your grandchildren look at you like you have three heads sometimes? Understanding each generation's characteristics and values allow us to develop strong relationships with people younger and older than us. Learn how each generation was shaped and molded which can reduce conflict and create better understanding and relationships at home, work, or community activities.

Fun for Kids!

LITTLE SPROUTS:

Make and Take Natural Dye Egg Basket

Fri., April 6, 1-2 pm, Durr Annex

Youth of all ages are invited to join us in dyeing eggs naturally! Participants will learn how to make fun dye colors from vegetables, juices, and spices. Participants under the age of 5 are encouraged to bring an adult buddy to assist them in this hands-on project. \$3 fee per participant; activity fee secures registration and is non-refundable after March 30, 2012.

Make and Take Bird Buffet

Tues., May 22, 1-2 pm, Durr Center/ OEC

Youth are invited to build their own bird buffet for their home garden. Participants under the age of 5 are encouraged to bring an adult buddy to assist them in this hands-on project. FREE PROGRAM!

Strawberry Jammin'

Tues., June 12, 1-2 pm, Durr Center/ OEC

Youth are invited to join us in the garden to harvest strawberries and make homemade freezer jam. Participants under the age of 5 are encouraged to bring an adult buddy to assist them in this hands-on project. \$3 fee per participant; activity fee secures registration and is non-refundable after May 31, 2012.



Make and Take Floral Ice Cream Cones

Mon., Aug. 6, 11 am-12 pm, Durr Center/ OEC

Youth are invited to cut an arrangement of homegrown flowers out of our cutting garden and design a fun ice cream cone arrangement! Participants under the age of 5 are encouraged to bring an adult buddy to assist them in this hands-on project. FREE PROGRAM!

Youth Horticulture Camp

Tues., Wed., Thurs., July 24-26, 10 am -2 pm, Durr Center/ OEC/ Park

Kids are invited to join us for three days to explore Durr Extension Center's gardens and nature trails at Mill's Park to learn more about horticulture. Have fun learning about growing and cooking your own produce, bugs among us, native trees, composting, and more! Program limited to 15 participants. \$10 fee per participant secures registration. Checks must be written out to Kenton County District Board; fee non-refundable after July 17, 2011. Program most suited for youth ages 7-12.

4-H Pillowcase Project

Mon., Feb. 20, 10 am-2 pm, Durr Annex

Repeated, Fri., March 16, 10 am-2 pm, Durr Center

This class is for youth who already know how to sew. Join us to create pillowcases to donate to a local shelter as part of this 4-H community service project. All materials will be provided. Bring a lunch. Attend one or both.



4-H
Sewing

January - August 2012

Register in person, by
phone or on-line

@www.kentoncountyextension.com
Registration required for all classes.

Sew Fine!



Beginning Sewing for Adults

Wed., Feb. 22, 29, March 7, 14, 21, 28
5:30-8:30 pm, Durr Annex

During this beginning sewing class, we will make a pair of pajamas. Learn all the basics with the Kenton Co. Extension Service assisted by Master Clothing Volunteers. Fee for class is \$5 for pattern. Checks payable to "Kenton County Extension District Board." Class size is limited.

Using Your Serger

Wed., April 25
9 am-2 pm, Durr Annex

During this class, we will be familiarizing ourselves with how our sergers work, discussing "special helps" and working on a small project. You must have your own serger and instruction manual, along with a basic working knowledge of how it works to participate. Fee \$5. Checks payable to "Kenton Co. Extension District Board." Class size limited.

Sewing Expo

Tues., Wed., April 17-18
General Butler State Park, Carrollton, KY
This two-day workshop offers many hands-on sewing projects. Contact us for details. For registration packet, visit <http://ces.ca.uky.edu/kenton-files/FCS/2012SewingExpoPacket.pdf>

Most classes are held at either the Durr Extension Center, 10990 Marshall Road, Covington, or our Annex office at 3099 Dixie Highway. Call 356-3155 for information or to pre-register.

4-H Fun for Kids!

4-H Bring a Buddy to Sew

Mon., Jan. 30 - March 5, 4 - 6 pm, Durr Annex

This is the first sewing unit for clothing construction. Completion of this class is required for youth to participate in more advanced sewing projects and special sewing project days. Any youth (ages 9-18) and an adult buddy will learn how to operate a sewing machine, choose fabric, cut out a pattern, sew seams and make a casing. The youth will complete one of the following projects during class: shorts, skirt, or pants. Sewing machines are provided. Participants will purchase one pattern, fabric and matching thread during the class. Cost is \$10 per youth, and checks need to be payable to Kenton County Extension District Board. Only paid youth will be registered for the class.



4-H Advanced Sewing

Mon.-Fri., April 2-6, 10 am - 2 pm, Durr Center

Eligible youth in Junior Sewing Unit II, III, IV, V, and all Senior level 4-H'ers will create a sewing project for the Fashion Revue and fair in this 5-day session. Youth will need to bring a sack lunch and drink. Cost is \$10 per youth, and checks need to be payable to Kenton County Extension District Board. Eligible youth will receive an information packet in the mail.

4-H SAFE SITTER

Twenhofel Middle School

March 12, 14, 19, 21, 3 - 5 pm

Turkey Foot Middle School

March 13, 15, 20, 22, 3 - 5 pm

Summit View Middle School

April 9, 11, 16, 18, 3 - 5 pm

Ludlow Middle School

April 30, May 2, 7, 9, 3 - 5 pm

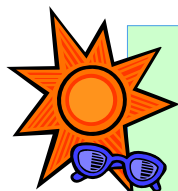
Learn the basics of babysitting including child development, safety and first aid, basic care of infants and children and appropriate toys and games. This class open to all youth aged 11 and older. A certificate of participation will be awarded to youth who attend and participate in all four sessions. Cost is \$10 per youth, checks need to be payable to Kenton County Extension District Board.



July 2-5, 2012 North Central 4-H Camp Carlisle, KY

Enjoy Swimming, Canoeing,
Archery, Nature, Fishing
and lots more.

Call or stop by the extension office **after** March 1st for camp registration forms. Forms will also be available after March 1st on our Kenton County web site at www.kentoncountyextension.org. Some scholarships and fund-raising are available. Call Denise at 356-3155.



4-H Summer Adventures

Check back for 4-H Summer Adventures class information after April 9, 2012.



Educational programs of Kentucky Cooperative Extension serve all people regardless of race, color, age, sex, religion, disability, or national origin. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Disabilities accommodated with prior notification.