

4-H CLOVER CORNER NEWS



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Serving Johnson County Youth



COMMUNICATION WITH SPEECH AND DEMO'S

Guidelines for 4-H Demonstrations:

Q: What's the difference between a speech and a demonstration?

A: Like speeches, demonstrations are intended to inform entertain or persuade. The big difference is that a demonstration actually shows the audience how to do something or provides a chance to see what's involved in making something happen.

Q: How much detail should the demonstration provide?

A: A demonstration should be built around one main idea or concept so the audience won't be overwhelmed with too many details. For example instead of trying to show how to prepare an entire Thanksgiving dinner, it would be much better to demonstrate how to bake the pumpkin pie. That way key steps can be emphasized and described.

Organizing a Demonstration: Most demonstrations are arranged chronologically in a time sequence or as a step-by-step process.

Like a speech, a good demonstration needs the following major parts:

- An interesting introduction that captures the attention of the audience and introduces the subject to be demonstrated.

- A well organized body that shows the audience how to do something or make something happen.

- A brief summary that reviews the main points that were covered in the demonstration.

Demonstrators need to pay the same kind of attention it they say they deliver the demonstration as do other public speakers. That means speaking clearly and distinctly, looking directly at the audience, using appropriate gestures and making sure that they don't go too fast or too slow.

Using Props: Charts posters and props add a lot to a demonstration if they have been chosen carefully so they serve a purpose. Unnecessary props can be very distracting to an audience. Materials should always be neatly arranged and well

organized. Here are some other things to keep in mind about using props:

- Use charts and posters to list key points or to review the steps in a process. They should be covered or turned face down until the speaker is ready for them and removed when finished.

- Allow plenty of preparation time so that charts and posters look attractive.

- Use neat, easy to read lettering that can be seen from a distance. Lower case printing is easier to read than words written in all capital letters.

- Keep diagrams and charts as simple as possible and trying to cram too much information on a poster.

- Choose a poster and ink colors that provide good contrast, such as black and white, black and yellow or red and white.

- Be sure to practice using charts posters and props ahead of time instead of waiting until the last minute!



Online Access:

- Visit our Website: www.johnsonextension.com
- Check our FACEBOOK! Type in "Johnson County 4-H Paintsville, KY" in the Facebook search box.
- Workshop and Field Trip Dates
- Upcoming School club meetings

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COMMUNICATION POINTERS FOR GIVING A SPEECH

WORKSHOP 4U

Preparation for Speaking

The following basic steps are most practical in developing your speech:

1. Select a subject that interests you. If you are interested in what you are talking about, your talk will be much more effective.
2. Investigate and gather necessary materials on your topic. This will help you write your talk.
3. Organize the material into an outline with an introduction, body and conclusion.
4. After you have prepared the outline, you can begin writing the speech. It is best to write your talk word-for-word so that you know what you are going to say.
5. Be sure your talk has the following parts:

Introduction- This part of your talk is of great importance because it determines whether the audience decides to listen or not. Introductions

have these purposes: -to establish contact, to arouse interest and state the subject.

Body- This section is the talk that contains the main part of your speech. Your basic message is found here, developed to fit the specific statement given in your introduction.

Conclusion- Performs to two functions in your speech: -It summarizes and it brings your speech to a close. In preparing your conclusion, make a summary of the major points in the body of your talk, and then give an appropriate closing statement.

Delivering your Speech

How you deliver your talk to the audience is very important. Here are a few helpful hints:

Fluency – talk smoothly. Know what you are going to say and avoid the use of “ah” and “uh”. The best way to do this is to practice.

Movement – move only when it helps you talk. Do not walk around when giving your talk. This will distract the audience. A step forward or a step backward may be used effectively.

Voice Expression – how you express your voice. You can say the words beautiful” and “exciting” so that they sound that way. Use your voice to give extra meaning to key words.

Rate – how fast or slow you talk. Be sure that the audience can follow you, but don’t speak so slowly that the audience will lose interest.

Intensity – refers to how loud or soft you speak. Your voice should be loud enough to be heard easily by everyone. At the same time, be careful not to shout. Remember the size of the room and how many people are in the room.

There will be a **FREE** communications workshop on Thursday February 9th @ the Johnson County Extension Office from 5-6:30 pm.

You must pre-register for the workshop by calling 789-8108 at least one week prior to the event. Free paper supplies will be provided.



PUBLIC NOTIFICATION OF PROCEDURE FOR FILING A COMPLAINT

THE COOPERATIVE EXTENSION SERVICE PROHIBITS DISCRIMINATION IN ITS PROGRAMS AND EMPLOYMENT ON THE BASIS OF RACE, COLOR, SEX, RELIGION, DISABILITY, OR NATIONAL ORIGIN. TO FILE A COMPLAINT OF DISCRIMINATION, CONTACT ROSMARY VEACH, UK COLLEGE OF AGRICULTURE, LEXINGTON, KY 40546 OR THE SECRETARY OF AGRICULTURE, U.S. DEPARTMENT OF AGRICULTURE, WASHINGTON, DC 20250.

DISCRIMINATION COMPLAINT PROCEDURE

ANY PERSON WHO BELIEVES THEY HAVE BEEN DISCRIMINATED AGAINST IN ANY COOPERATIVE EXTENSION SERVICE SPONSORED ACTIVITY OR PROGRAM MAY FILE A COMPLAINT WITH THE SECRETARY OF AGRICULTURE BY WRITING TO: USDA DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326 W WHITTEN BLDG, 14TH AND INDEPENDENCE AVE SW, WASHINGTON, DC 20250.

NATIONAL 4-H POULTRY JUDGING

The District One National 4-H Poultry Judging Team competed at Nationals held in Louisville, KY, Nov 15-18th. The team finished in 18th place and met 4-Hers from 26 different states. Pictured left are: Alexandra Hunter, Rachel Jackson (Johnson Co.) and Celsey Fannin (Carter Co.).



CONTACT US:
Dianna Reed
County Extension Agent for 4-H Youth Development
(606) 789-8108

Fabulous Food Recipe—Southwestern Wrap

(Recipe courtesy of Captain Fit's Guide to Good Health—Matthew Alleyne, 2005)

Ingredients:

1 flour tortilla (whole grain for) 2-3 slices deli turkey or chicken
1/4 cup low fat cream cheese lettuce or fresh spinach leaves
1/4 cup salsa

1. Mix together cream cheese and salsa until creamy.
2. Spread thin layer of cream cheese mixture on the tortilla.
3. Add slices of deli meat.
4. Fold the ends of tortilla over, and roll it up to make the sandwich wrap.

4-H SCHOOL CLUB PROGRAM AND FIELD TRIP ACTIVITY GUIDE

Field trip programs can be scheduled at the Johnson County Extension Office. There are no registration/activity fees for the event unless listed in the brochure. In the case of a day long event, we do ask that schools pack lunches and send for their group. Offerings are listed below. **There are a limited number of field trips available. Offerings will be booked first come, first serve.**

Call Dianna 789-8018 to select times & book your trip!

Elementary School Offerings (1.5 to 2 hours)

- ◆ **Greenhouse Grubbies**— (grades 4 to 8)
February 2nd, 2012 (snow date Feb 9th)
- ◆ **MoneyWise Marvels**— (grades 4 to 8)
March 15, 2012

Middle School Offerings

- ◆ **Pick Your Ride!** (leadership and career exploration— 1 hour session
April 17th, 2012
- ◆ **Sailing aboard the LEADER ship!** (6 hour conference)
April 19th, 2012

High School Offerings

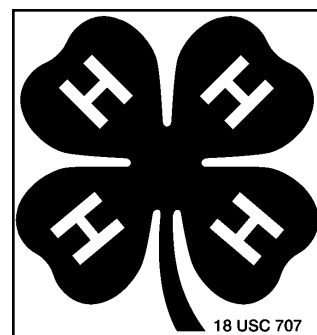
- ◆ **Working in Wonderland— Do Alice and the Mad Hatter have something in common with you?** (Job Interview Dinner Etiquette 1.5 hours)
- ◆ **De-stress Your Distress— Manage to Lead**
(1 hour session)
- ◆ **High School Reality Store (3 part series) 6 hour total**
 - Aps R US**
 - Interview Eye Opener**
 - Living Your Life (culminating event)**

PROJECT BOOK JUDGING

4-H project books have been delivered to students at school for those who placed orders. 4-H project work teaches youth practical, hands-on life skills that they can use for the rest of their lives. Projects must be completed by March 1st. Specific project judging dates for each school will be communicated at a later date. If you have any questions, call Dianna or Amanda @ 789-8108.

4-H Pledge

I pledge my HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service,
And my HEALTH for better living,
For my club, my community,
my country and my world.





Cooperative Extension Service

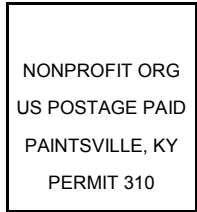
University of Kentucky

Johnson County

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Return Service Requested



Johnson County 4-H Newsletter



Johnson County Cooperative Extension Service

PAINTSVILLE, KY 41240