

COOPERATIVE  
EXTENSION  
SERVICE



**Reply to:**

**Cooperative  
Extension Service**  
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August 2011

Dear Jefferson County School Official,

Greetings from the Jefferson County 4-H and Youth Development Program. It's time to start planning the 2011-2012 school year!

We offer School Club, School Enrichment, and After School Programs. We hope that 4-H can be an active program in your school. Please review our school program curriculum and let us know if we can be of benefit in your education efforts. After all, our 4-H mission is "To Make the Best Better."

We would like to offer 4-H programs to all youth, so please share this information with your classroom teachers in grades 4<sup>th</sup>-12<sup>th</sup>. Because of short staff, our school programs will run on a **first come first serve bases**. So, if you are interested in participating in 4-H this year please contact us ASAP. Spots will fill up fast!

If you have any questions or would like to continue/start a 4-H school club, enrichment or afterschool program, feel free to contact me, Chanda Hall, at 569-2344 ext 109. We can also do program planning via email at [clhall1@uky.edu](mailto:clhall1@uky.edu). Please visit us online at <http://ces.ca.uky.edu/jefferson/4HYouthDevelopment>.

I look forward to meeting you soon.

Sincerely,

A handwritten signature in cursive script that reads "Chanda Hall".

Chanda Hall  
Jefferson County CES  
4-H Youth Development  
clhall1@uky.edu



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# SCHOOL PROGRAMS

Visit Our Web Page:

<http://ces.ca.uky.edu/jefferson/4HYouthDevelopment>



The 4-H program has a vision to develop youth to be outstanding, self sufficient citizens through informal education and leadership development. We offer programs through school enrichment and school club settings, which involve presentations, workshops and projects based on subject areas most beneficial to your classroom needs. With the rapid changes in 4-H we would like to offer a more curriculum-based program for all of Jefferson County Schools. We hope this programming format will be a beneficial learning tool for your students.

## 4-H SCHOOL CLUBS (Grades 4<sup>th</sup> – 12<sup>th</sup>)

**Once a month meeting (7 meetings throughout the year). Students will elect club officers and possibly use real voting booths for school club elections. Monthly meeting topics and details can be found on the reverse side of this worksheet.**

**No program meetings in the months of December and May.**

## School Enrichment and After School Programs (all programs are not listed)

<b>LEADERSHIP</b>	Youth will learn what it takes to be a good leader. Using 4-H Curriculum <b>Step up to Leadership</b> and <b>Unlock Your Leadership Potential</b> and <b>Environmental Leadership Camps</b> .
<b>Family &amp; Consumer Sciences</b>	<b>Babysitting Program</b> (6 hours of instruction, cost \$10-\$15 per student depending on schools need), <b>Fun With Foods</b> (After School Cooking, cost depends on supplies needed for cooking), <b>Sew Much Fun</b> (After School Basic Sewing, schools will be asked to pay for fabric and patterns if needed), <b>Designer in Me</b> (Interior Design Program, cost of program is approximately \$4.00 per student).
<b>NATURAL RESOURCES</b>	Youth experience the challenge and excitement of exploring their environment. <b>Project WET, Project WILD, Project Learning Tree, Project Food Land &amp; People</b> and <b>Environmental Leadership Camps</b> .
<b>SCRAPBOOK LITERACY</b>	This is a fun activity similar to a portfolio. Students will develop a personal narrative using their own photos. Using different poem formats, students will incorporate all items into a scrap book format. (Program cost is for extra materials).
<b>4-H DOLLARS AND SENSE (Elementary)</b> <b>4-H REALITY STORE (Middle/High School)</b>	Budgeting and economic exercise. Students receive an allowance/salary for a given month and will be required to purchase necessities at the "reality" booths. Program must be able to be performed in an open area (ex. Gym, lunchroom).
<b>CHICKEN INCUBATION</b>	4-H provides an incubator for class room use. Students can observe chicks hatching; learn about poultry and life cycles.
<b>COMMUNICATIONS</b>	Workshops will teach students the skills to successfully create a speech or demonstration. The purpose of this program is to expose youth participants to various communication techniques and skills. (6 hours of instruction).
<b>SCIENCE ENGINEERING &amp; TECHNOLOGY</b>	Students will engage in activities that are based in the science fields. Topics include <b>Biotechnology</b> (Clover Scene Investigation), <b>Electricity, Alternative Energies,</b> and <b>Environmental Science</b> . (6 hours of instruction)
<b>HEALTH AND NUTRITION</b>	Youth explore the importance of healthy eating and physical activities. Curriculum <b>Jump Into Food and Fitness, Professor Popcorn,</b> and <b>Health Rocks</b> .

For any school club, school enrichment or after school program, please contact  
Chanda Hall, Extension Agent for 4-H Youth Development, at [chlhall1@uky.edu](mailto:chlhall1@uky.edu)



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**Jefferson County 4-H  
2011-2012  
School Club and Enrichment Programs**

<b>Month</b>	<b>Program</b>	<b>Description</b>
<b>September</b>	Introduction to 4-H Nominations Elections	Students will learn basic information about 4-H and will learn the responsibilities of holding a political office. Students will also learn and participate in the voting process, emphasizing the importance of citizenship.
<b>October</b>	Kick Off to Leadership	Officer instillation. Students will learn the importance of integrity and the importance of parliamentary procedure.
<b>November</b>	Health	<b>Exploring the Food Pyramid with Professor Popcorn</b> - Introduce pyramid, food classification, serving size, one day food recall, hand washing.
<b>December</b>	<b>NO SCHOOL CLUB PROGRAMS. PROGRAMS OFFERED BY REQUEST ONLY!</b>	
<b>January</b>	Communications	Creative Writing Project
	<b>* FOR COMMUNICATION PARTICIPANTS ONLY</b> Communications Public Speaking and/or Demonstrations	Workshops will teach students the skills to successfully create a speech or demonstration.
<b>February</b>	4-H Trivia (Review) Summer Camp/Fair Promotion	Students will participate in a review of the previous lessons 4-H and discuss with them. Students will also be given 4-H Summer Camp promotion materials.
	<b>* FOR COMMUNICATION PARTICIPANTS ONLY</b> Classroom Public Speaking Run Offs- Conducted by teachers	Classroom contest. The winner of each class will be asked to participate in area contest. Participants will be given the option to compete in the County Speech and Demonstration Contest. <b>TEACHERS ARE RESPONSIBLE FOR SUBMITTING THEIR CLASSROOM WINNERS.</b>
<b>March</b>	Health	<b>Dip 'em, Dunk 'em ... eat 3 everyday!</b> - Vegetable group, calories, preparation and serving methods to reduce fat & calories, vegetable snack.
<b>April</b>	4-H Craft	Classrooms create a 4-H Craft that can be entered into the 4-H Fair.
<b>May</b>	<b>May JCPS TESTING... PROGRAMS AVAILABLE UPON REQUEST ONLY!</b>	

**\*\*\*There is a nominal fee for school club participants. Please contact Chanda Hall for additional information.\*\***