

# Family & Consumer Sciences

## Press Releases

### **CHILDREN & YOUTH**

- Back to school: August
- Childhood obesity
- Internet safety for children
- Providing rest for sleepy children

### **ECONOMIC RESOURCES**

- Small change, big opportunity
- Understanding economic terms

### **EXCLUSIVES**

- Ageism is a social issue
- Supporting military families

### **FLOOD CLEANUP**

- Flood clean-up scams
- Flooded home appliances
- Post-flood mold clean-up
- Washing flood-soiled clothing
- Water safety after a flood

### **FOOD TIPS**

- Eggnog alert
- Ham factsheet
- Turkey factsheet
- Healthful holiday recipes
- What are superfoods?
- Family meals – think 5

- Fruit and vegetable origins
- Pick herbs for health
- Prevent Salmonella in eggs with safe practices

### **GOING GREEN**

- A Green Thanksgiving
- Fats, oils and greases (FOG)
- Green traveling tips
- Saving energy and more
- Your water footprint

### **HEALTHY RESOURCES**

- Five questions to ask your healthcare provider about diabetes
- Eating right when money's tight
- Small steps to Health & Wealth™ Online Challenge begins Jan. 16

### **SAFETY TIPS**

- Preventing bedbugs
- Safety tips for heating your home

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