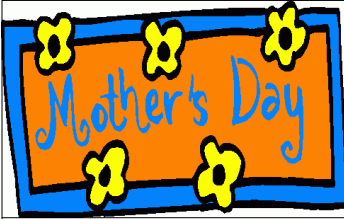


May, 2008

Issue 53



A Note from Michelle

I have returned from my vacation to Florida and am now tan and relaxed. I was hoping this would last a while, but its only Monday and it seems that my tan is already fading! I'm sure my state of relaxation will probably soon fade as well. I hope all you mothers have a wonderful Mother's Day this month.

Happy Mother's Day!

\$3 FM

Club Dates

- 12th—Gray Hawk, 4 pm
- 15th—Heart of County, 7 pm

Homemaker Notes

Homemaker State Meeting

Devonna Hisel will be representing Jackson County at the Homemaker State Meeting in Louisville. If you won a blue ribbon at the Area Homemaker Meeting held last October at Clay County High School, then you are eligible to send those items to the State Cultural Art Competition. Please bring those items to the Extension Office by May 9th.

Cookbook Fundraiser:

We need lots more recipes. We have lots of desserts, now we are looking for other dishes. Please take a few moments to write down your favorite recipes and get them to me. The deadline is May 16th. I challenge EVERY Homemaker to submit at least 1 recipe. Don't be left out!!! We need about 70 more recipes to even get started.

Upcoming Events:

The **Homemaker Picnic** is scheduled for

Tuesday, June 10th, 6 pm, at Travis Spark's Old Town. Each homemaker is asked to bring a covered dish. The Extension Office will provide the meat, bread, drinks, and paper products. That same evening we will have our Funny Money Auction. We will be having a white Elephant Auction. You will be bidding on unknown items, including a \$25 gift card from Wal-Mart.

Sewing Camp is scheduled for the week of June 16-19 from 10 am—2 pm. We will have a planning meeting at the Extension Office on Wednesday, May 28th, at 4 pm. At this meeting, we will be planning what projects we will be doing during the camp. Everyone is invited to attend this meeting and help us plan another successful camp.

A **Reversible Quilting Workshop** will be taught by Hazel Jackson on Thursday, June 5th, at 10 am, so mark your calendars. A more detailed list of materials will be available soon. Call 287-7693 today to pre-register.

May Dates to Remember

- 5th—Homemaker Council, 4 pm
- 10th—Big Hill Welcome Center Dedication Ceremony, 12:30 pm
- 14th—Welcome Center officially opens
- 15th—Women's Health Fair, Camp AJ, 10 am—12 pm
- 16th—Deadline to turn in recipes
- 26th—Memorial Day— Extension Office Closed
- 28th—Sewing Camp Planning Meeting, 4 pm

June Dates to Remember

- 5th—Reversible Quilting Workshop, 10 am
- 10th—Homemaker Picnic & White Elephant Auction, 6 pm
- 12th—Get Moving Jackson County Kickoff, 6 pm, Ext. Office
- 14th—Festival of Hope, Gray Hawk Park
- 16th-19th—Sewing Camp, 10 am—2 pm



JACKSON COUNTY EXTENSION SERVICE PO BOX 188 MCKEE, KY 40447

Family & Consumer Science Newsletter



Women's Health Fair

The Jackson County Extension Service and the Jackson County Extension Homemakers will be hosting a Women's Health Fair at Camp Andrew Jackson. This event will be held on Thursday, May 15th, from 10—12 pm. We will be serving a free luncheon at 12 pm for those that attend the Health Fair. There will be agencies and medical professionals to share helpful information specifically for women.



Quilt Trail Meeting

We will have our third meeting on Monday, May 12th, at 6 pm to plan our next step in the Quilt Trail Project in Jackson County. If you are interested in helping get quilt blocks on barns and other buildings in our county then feel free to attend. At this time, barn owners will have to pay a fee of \$300 in order to have one placed on their barn. They would then be able to pick the quilt pattern they wanted, plus get a tax write-off for two years from the IRS. For more details, attend the meeting or give me a call at 287-7693.

Quilt Donations

The Scrappy Quilters and Homemakers worked diligently to get quilts made for the Center for Courageous Kids in Scottsville, Kentucky. On April 11th, we traveled to Scottsville to the center in order to give them the quilts. The facility operators were excited about receiving these quilts. They gave us a tour of their beautiful facility and fed us a delicious lunch. Thanks to Eula Jackson, Agnes Jackson, Arzella Bingham, Pat Williams and Lois Pogue for travelling with me that day. The facility was wonderful and will offer many hours of enjoyment to youth with life-threatening diseases. I am proud that the Jackson County Homemakers have helped them by making 25 twin-size quilts for their use.



Festival of Hope

The Jackson County Cancer Fund Festival of Hope will hold their annual fundraiser at the Gray Hawk Park on June 14th from 2 –10 pm. Help with the concession stand is desperately needed. If you can help work at this event, please let us know. Volunteers are needed from 12 –9 pm. All proceeds will be used to help cancer sufferers in Jackson County.



Welcome Center Dedication

You are cordially invited to the Big Hill Welcome Center Dedication Ceremony, scheduled for Saturday, May 10th, at 12:30 pm. Join us as we dedicate this important new facility in Jackson County.

Simply Sewing—Submitted by Devonna Hisel, Master Clothing Volunteer

Seems like Spring has “sprung” the sewing seed in me! I find myself at my machine at the odd-est of hours of the day...4a.m. I guess I should thank Hazel Jackson, FCS Agent, from Rockcastle County for that! She recently was in Jackson County teaching the “whirly gig” quilt block and I am caught up in the “whirl wind”. I just can’t get that little block out of my mind and am happy to report I have a small size quilt pieced and ready to put borders on. Only thing is, I was in the middle of working again on a flying geese quilt that I started 3 years ago and putting the finishing touches on a cottage quilt wall hanging that I started in 2007. Not to mention the material I received today for a dress I plan on making. Since after each major sewing project I always clean out my machines, and vacuum the floor for any stray pins and threads, I’ll call that my Spring Cleaning!

I envy all of you that can stay on task and get one thing done at a time. I believe I used to be that way, but, as I have expanded my sewing skills, so many new projects just seem to find their way to me. The Internet doesn’t help either!! Do you know how many sites there are with free projects?!!! Try www.sewing.org for some really cute and fun projects!

However, when I’m busy sewing, and humming a happy little tune, all is right with my small piece of the world. Isn’t that what sewing is all about anyway? It is an opportunity to take fabric and thread and shape it into anything you want! You might be making something for you, your home, a family member, or friend. Doesn’t matter!!! You have the power to actually make something new. You can plant a lily bulb and expect a lily, not a rose. But, you can take a piece of fabric and it might bloom into a quilt, dress, purse, etc. See! the possibilities are almost endless!

“Sew” get out your needles, threads, and fabrics and get your garden on its way. It is never too late to get started. Or in my case never too late to finish projects begun a long ago!

Happy Spring!

Devonna
Certified Master Clothing Volunteer
Jackson County/
Wilderness Trail Area



Recipe Corner—Sweet Onion Pie

On our recent trip to the Center for Courageous Kids, we were served a delicious lunch at the facility and most everyone enjoyed this delicious, but unusual dish.

Ingredients:




2 cups whipping cream
3 oz Parmesan cheese
6 large eggs, lightly beaten
3 tbsp. all-purpose flour
2 tbsp. sugar
2 teaspoons baking powder
1 teaspoon salt
1/2 cup butter or margarine
6 medium sweet onions, thinly sliced



Directions:

1. Stir together first 3 ingredients in a large bowl. Combine flour and next 3 ingredients. Gradually stir into egg mixture. Set aside.
2. Melt butter in a large skillet over medium heat; add onion and cook, stirring often for 30–40 minutes or until onion is caramel colored. Remove onion from heat.
3. Stir onion into egg mixture. Spoon into a lightly greased 13 X 9 inch baking dish.
4. Bake at 350 degrees for 30 minutes or until set.

May 2008

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10 Welcome Center Dedication, 12:30 pm
11 	12 Quilt Trail Meeting, 6 pm, Ext. Office	13	14 Welcome Center opens to the public. Volunteers needed!	15 Women's Health Fair, Camp AJ, 10 am—12 pm 	16 Deadline to turn in recipes for Cookbook.	17
18	19	20 ***** Election Day *****	21	22	23	24
25	26 	27	28 Sewing Camp Planning Meeting, 4 pm, Ext. Office	29	30	31



Time to Get Moving Jackson County! Join our exercise program this summer. See the enclosed flyer!



Helpful Hints

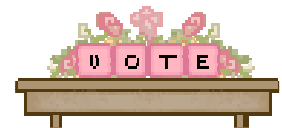
Repairing Wood Cracks or Scratches

Get wax sticks from hardware stores. They are available in many color finishes. Apply the stick to the crack until the wax is even with the surface. Then heat a putty knife just in hot water. Press the flat side to the area to smooth out the surface.-Hints from Heloise

Sincerely,



Disabilities accommodated with prior notification



Michelle W. Smith
CEA for FCS

Agriculture & Natural Resources • Family & Consumer Sciences • 4-H/Youth Development • Community & Economic Development

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability, or national origin.