



## Words from Jeremy and Kellie

We are rolling into the New Year with 4-H projects, activities and fun, so roll with us. The 2008 4-H year has been a great one and we have many new and exciting things going on for 2009. We hope you had a great Holiday Season with your families and friends. Be sure to check out our 4-H website at: <http://ces2.ca.uky.edu/hopkins/4HYouthDevelopment>

## Welcome the New 4-H Program Assistant

Sheryl Friend, who goes by Sherri, has joined our office team as the new 4-H Program Assistant. She came to us from the Hopkins County School Transportation department, so working with kids is not new to her. She also served as a 4-H Camp Volunteer two years ago. Sherri is married with two girls and resides in Hanson. She has hit the ground running since she started in September, but she can't wait to implement her own ideas and add a little different spice to the overall 4-H program. She is on board for maximizing the future of Hopkins County 4-H.

## Teens and Tweens – Check It out



## Teen Lock – In

The Pennyrile Area 4-H Teen Lock-in will be January 30 and 31 in Princeton, Kentucky. The event is open to 8<sup>th</sup> graders and up. Join teens from all across the area in this all night event that promises to be packed with fun. There will be unlimited food all night and loads of activities and games. There will be rooms set up for video games, movies, and other activities. There will be charge of \$5 to help cover expenses.

Transportation will be provided and you must RSVP to attend at 821-3650 by January 27<sup>th</sup>.



**Kentucky 4-H Summit** is held annually at the Kentucky 4-H Leadership Center in Jabez, KY for youth who are currently enrolled in 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades. This program is designed to develop leadership, citizenship and communications skills and give middle school aged youth more opportunities in 4-H. Also, attendees learn more about the programs and activities available to them as senior 4-H members. The program is planned and designed to satisfy a wide range of interests, and the delegates choose from several areas. The event offers active workshops, guest speakers, seminars, group living, recreation, and recognition. Plan to attend Kentucky 4-H Summit, March 5-7 in Jabez, Ky. You will be receiving information!

**4-H TEEN RETREAT  
MARCH 20-22, 2009 AT  
WEST KENTUCKY  
4-H CAMP.**

This year's Teen Retreat is going to rock! In honor of 4-H's 100 year anniversary and to have a musical theme, this year's retreat will be called "100 Rockin Years of 4-H"! All Hopkins county 4-Hers 8<sup>th</sup> grade and up are invited to attend. The cost is \$60 and covers all expenses and a free t-shirt. The Hopkins County 4-H Council pays half the fee for the first 15 signups so get your paperwork in quick and the trip is only \$30!! Registration materials will be out in January.



**Dates To Remember for Middle and High School Club meetings:**

MNHHS- January 8, February 5, March 12, April 30 and May 7

HCCHS- January 27, February 24, March 17 and May 12

WHMS – January 8, February 12, March 12 and April 2

JMMS – January 21, February 25, March 18, April 15, April 29 and May 13

BSMS - January 14, February 18, March 18, April 1, April 22 and May 6

**Project Club News**

**The Midnight Walkers  
4-H Community Club**

**Are you looking for something new to be a part of? Do you enjoy 4-H and helping your community? If so, the Midnight Walkers club is for you. This community club meets every second Tuesday of the month at the Extension Office beginning at 6:30pm. The club has a set of strong officers that lead the club meeting and the members always try to complete a Community Service Project, which helps others in our community. Sometimes they might meet off site at a park, nursing home or food bank. They have fun and they make a difference. To be added to their mailing list, contact the Extension office.**

## The Silver Spurs 4-H Horse Club

The 4-H Horse Club also does community service work, but they also take trail rides, camp out, compete in Horse events, make items related to horses, have cool tee shirts, always enter the Christmas parade, welcome guest speakers to club meetings and always have a great time together. If you love horses and being involved in horse programs and activities, then join the 4-H Horse Club today.

## The 4-Paws 4-H Dog Club

**The 4-H Dog club meets on the third Thursday of each month, with a few exceptions during the school year. This club is for dog lovers of all kinds. Learn more about caring for dogs and create fun things for man's best friend. Just let us know at the Extension Office, if you would like to join!**

**Rita Cartwright** has been selected to be the Hopkins County representative for the Centennial Hall of Fame.



## 4-H PROJECT DAY

It is that time of year again to start thinking about making special projects for yourself, for others or to enter in the Hopkins County Fair. The projects are simple, useable, educational, attractive and fun. This year the projects offered include birdfeeders, No Sew pillows, jewelry, how to care for a house plant, cooking, livestock training, and Centennial 4-H promotion posters(to be displayed around town). You can choose 3 classes to take. The event will be held on January 24, 2009 from 9-12:00. Information coming soon!

## 4-H Variety Show

The 2009 4-H Variety Show is just around the corner! If you love to perform and show off your special talent, then this 4-H activity is for you. The event will be held March 19, 2009 at Hopkins County Central High School. Registration will begin at 5:30 and the show will start at 6:30pm. 4-H members can enter as an individual or in a group of up to 4 to showcase their talents in specialty acts. Clubs can enter the club act division. If you like to sing, dance, play a musical instrument, or have any other special talents you want to share, sign up today. We are hosting the Area 4-H Variety Show right here in

Hopkins County this year. The specialty act and club act county winners will advance to this area event. We want Hopkins County to be represented this year, so start practicing now. The deadline to register is March 9, 2009. We will let you know when registration packets are available.

## 4-H Camp 2009

Make plans **NOW** to attend camp in 2009. We are all excited about camp this year. Hopkins and Muhlenberg Counties will camp together June 22-26 at West Kentucky 4-H Camp in Dawson Springs. The camp week is full of fun activities, opportunities to learn new things, make friends and try something new. Don't wait around. Registration is first come first serve. See you in June!

## 2009 Centennial

4-H has been around for 100 years and we are celebrating. We have listed some great celebration ideas, 4-H Style, for you or for your club to do. Hopkins County 4-H people love to give back to the community, so here are some ways to do that, while celebrating the centennial.

The First 25 ways to celebrate 4-H:

1. 100 Plant a tree Initiative.
2. State Fair "Voices from the Past" Poster
3. Essay Contest
4. Centennial Time Capsule
5. Centennial Membership Card
6. Centennial Pledge Drive

7. Tree Planting with time capsule burial
8. 100 Community Service Ideas
9. Centennial Green Day
10. Oldest Kentucky Record Book
11. Past 4-H Testimonials
12. Centennial New Year's Eve/Day Party
13. 4-H Goes Green
14. Generations of 4-Hers
15. Centennial Camp Theme Activity
16. Centennial T-Shirts
17. Centennial Ice Cream Social
18. 4-H Centennial Walk/Run
19. 4-H Centennial Parades
20. County Festival Participation
21. Centennial Display at Community event
22. 100 Mile Centennial Clean-Up
23. Traveling Clover
24. "Green Promise" Movie Night
25. Dedicate 100 Hours

## 4-H Centennial

<http://www.ca.uky.edu/agcollege/4h/centennial>

Check out this website for upcoming events and ways to celebrate 100 years of Kentucky 4-H.

**Date:** February 21, 2009

**Location:** Hyatt Regency Hotel  
Lexington, Kentucky

**Time: 11:00 am**

Reception for past and present:  
State Teen Council, Horse Council, Volunteer Advisory Council, Shooting Sports Council,

4-H Staff and Foundation Board Members

**11:30 am**

Luncheon and Recognition of Centennial Hall of Fame Members

**12:45 pm**

Afternoon games and celebration

**4:00 pm**

Cutting of the Centennial Cake  
Hotel reservations can be made by calling the hotel and asking for the 4-H Centennial block. Room rates on line are currently less than our room block rate.

**Cost:** Reception Free

Luncheon and afternoon events: \$10.00

Afternoon events only: \$2.00

**Registration:** Call the Extension Office to reserve your spot.



Sincerely,

*Kellie A. Arnold*

*Jeremy Teal*

**Kellie Arnold      Jeremy Teal**  
County Extension Agents for  
4-H Youth Development

## Dates To Remember:

4-H Project Day – January 24<sup>th</sup>

Livestock Training Opportunities –  
January 24<sup>th</sup>, 9-12 – Up to 3 hours

Hopkins County 4-H Council – January  
26, 2009

Teen Lock-In – January 30-31, 2009

2009 4-H Centennial Birthday Bash –  
February 21<sup>st</sup> in Lexington

4-H Summit – March 5 – 7, 2009

Hopkins County 4-H Council – March 16,  
2009

4-H County Variety Show – March 19<sup>th</sup>

4-H Teen Retreat – March 20-22, 2009

4-H Babysitting Workshop – April 7-9,  
2009

Area 4-H Variety Show – Friday, May 1,  
2009

Hopkins County 4-H Council – May 18,  
2009

4-H Horse Camp – June 5-7, 2009

District 7 Horse Show – June 7, 2009

4-H Teen Conference – June 8-11, 2009

4-H Camp – June 22 – 26, 2009

