

Gallatin County

Newsletter



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4-H/YOUTH DEVELOPMENT

APRIL 2011



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4-H Day Camp April 4th - 7th

4-H Day Camp located at the Gallatin County Extension Office. Please bring a sack lunch each day. Everything that you make can be entered in the Gallatin County Fair.

Registration forms are available at the Gallatin County Extension Office, the 4-H Newsletter, the middle school office and the Family Resource Center. These workshops have different costs to help defray the cost of the materials. If you have any questions, please call the Gallatin County Extension Office.

Monday, April 4, 10:00 a.m. is the first day of 4-H Day Camp. If you are a first year sewer or if you have already made a laundry bag and



want to make a different project then come to the 4-H Sewing. Mrs. Pat Hendren will be teaching this class.

Monday, April 4 - 10:00 a.m. – learn how to make decorative cards for your friend's birthday, etc. with Mrs. Conte Flowers.

Tuesday, April 5 - 10:00 a.m., learn how to make a potholder using a new embroidery technique called Swedish Weaving.

Tuesday, April 5 - 10:00 a.m., learn how to make colorful Easter



eggs and basket using decoupage. It makes a great center piece for Easter with Mrs. Una Jones.

Tuesday, April 5 - noon, make a colorful ribbon pillow for your room. No sewing required!!

Wednesday, April 6 - 10:00 a.m., learn how to make a necklace out of a turtle shell with Mrs. Mary Jane Day.

Wednesday, April 6 - 10:00 a.m., Mrs. Una Jones will show you how to make a wind chime for your porch. Makes a great present.



Wednesday, April 6 - 11:00 a.m., make a no-sew pillow to put on your bed. There are a variety of different fleece mate-



rial to choose from. Please bring a 14 x 14 pillow form.

Thursday, April 7 - 10:00 a.m., make a decorative pop can lamp for your room. Owen Electric will be coming to teach this workshop.

Thursday, April 7 - noon – Ms. Kayla Miller will teach you how to make a memory board (a scrapbook for your wall).

Thursday, April 7 - 10 a.m., Take the Swedish Weaving a step further and make a Huck Towel using the same stitch.



4-H Picture Corner



Earthquake & Tsunami in Japan - Connection to 4-H International Exchange Program

Here are some ideas for how you CAN help:

According to the Japanese government website and other announcements in Japan, the best way to help is to contribute donations to the Japanese Red Cross (please see link below).

Think about what you might want to send later, in a couple months or more, to show that you are thinking of your Japanese friends.

A form of non-financial help that S4-H states can do is to submit the Japan Summer host families as soon as possible. This will give the youth something to look forward to amidst the chaos, and will surely alleviate their anxiety of last minute hosting info. Also, by placing all of our youth quickly, we will reduce the burden on the Japanese coordinating staff, who are probably overwhelmed by this tragedy.

Click on this link to be directed to Google's Crisis Response page, where donations are being collected. <http://www.google.co.jp/intl/en/crisisresponse/japanquake2011.html> . The amount of the donation should be entered in Japanese Yen. For reference, \$10 is approximately 800 Yen, and \$25 is about 2,000 Yen. (The website www.xe.com is an easy-to-use currency converter.)

4-H Communications Event Winners

Winners of the County Communications Event held on March 22nd include:

Blake Griffey - "Duck Tape Wallet" (Demonstration)

Adrienne Kearns - "Adrienne's Famous Chocolate Chip Cheese Ball" (Demonstration)

Jay Shrader - "Killers At Large" (Cigarettes) (Speech)

Olivia Urso - "The Space Shuttles" (Speech)

CJ Sadler - "Death Valley" (Speech)

Congratulations to everyone and good luck as they represent Gallatin County in the District Communications Event in Grant County on Saturday, April 9th.



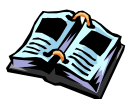
Kentucky 4-H Teen Conference 2011

With summer just around the corner, it is time for Kentucky 4-H teens to register for the 2011 Kentucky 4-H Teen Conference. The conference takes place at the University of Kentucky June 13 through 16 and is open to all 4-H'ers who have graduated eighth grade through the age of 18. During the conference, 4-H members have the opportunity to experience dorm life in UK residence halls, attend educational and recreational tracks and workshops and meet new friends from across the state.

Different tracks and workshops centered on topics of interest are the week's main focus. The tracks are two-day educational classes focusing on subject matter from the Kentucky 4-H core project areas. One-session workshops emphasize fun activities, crafts and basic skill building. Each night features a program highlighting 4-H involvement. A mainstay event at Teen Conference is the Fashion Revue. Youths who have completed a fashion project and won at their district shows work all week preparing for 4-H Fashion Revue on Wednesday night. During the revue, a number of music and variety acts will showcase 4-H talent. The election of state 4-H officers also takes place on Wednesday so 4-Hers attending Teen Conference can vote for representatives for the 2012 season.

Staff from UK and the Kentucky Department of Education will offer information about attending a college or university, applying for scholarships and being successful away from home.

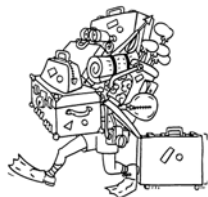
Throughout the week, 4-Hers develop leadership and citizenship skills, become acquainted with the land grant university and meet new people. The Kentucky 4-H Teen Conference is planned by the Kentucky State 4-H Teen Council, the state 4-H office and county extension agents. Participation from keynote celebrities is made possible through the Kentucky Soybean Foundation. The cost of the conference is \$150 and is due with registration papers by May 1.



Upcoming Events

4-H Camp

Enjoy swimming, canoeing, archery, nature, fishing and lots more. 4-H camp sign ups are upon us. Our camp week this year is July 18 – July 21st and we are camping with Kenton, Carroll and Pendleton Counties. The cost this year is \$160.00 (the same as last year). Price includes: meals, lodging,



transportation, supplies and t-shirt. A deposit of \$80.00 must be paid this year before you can officially be on the camp list. However, there are several scholarships available, so please call the extension office at 567-5481 for an application if you need a scholarship.

We are also looking for adult and junior counselors to help out at camp. Junior Counselor applications are due by April 1st. Please call me if you have any questions.

4-H Babysitting 101

Are you interested in learning new ideas to entertain children when you either babysit your siblings or if you have a job babysitting? There will be a Babysitting 101 two

day workshop on **Wednesday, May 4 and Thursday, May 5** from 3:00 p.m. – 5:30 p.m. at the Youth Service Center located in



the High School for grades 6-12. Learn the business of babysitting, safety and first aid and child development. There is no cost but please pre-register by Tuesday, May 3rd by calling the Youth Service Center at 567-5600 or the Gallatin County Extension Office at 567-5481.

Hi, my name is Alyssa Nichelson, and I run for the Gallatin County Cross Country Team. This season I qualified for the Kentucky State High School Cross Country Championships. I am looking for teammates who want to join me in being part of a championship program. If you like running and are interested in joining the team, please contact Coach Epifanio. He can be reached at:

james.epifanio@gallatin.kyschools.us

4-H Japanese Exchange - Ready for an international experience?

Open your home to an exchange student and open your lives to the world! Families have an opportunity to host a Japanese exchange student **July 23 to August 19, 2011**.



One Japanese student will be matched per family based on host siblings, gender, age and interests. There are also opportunities to host adult chaperones for 2 or 4 weeks. Families who host chaperones are not required to have children in the home.

2011 Michael Bandy/Ale-8-One Scholarship

To be eligible for the \$1,000 scholarship 4-Her's must have a graduation date in 2011, be active in 4-H for two years and attending a post-secondary institution in Kentucky. Applications must be postmarked by May 13, 2011 in order to be considered. The winner will be recognized during the Kentucky 4-H Teen Conference in June. To obtain an application and/or additional requirements and information, contact Lora Stewart at 567-5481.

The President's Challenge

The President's Challenge is for one million Americans to complete the Presidential Active Lifestyle Award (PALA). 4-H is answering this call by setting a goal to have 100,000 4-H members and their families complete their PALA.

The Presidential Active Lifestyle Award recognizes those individuals who log their recommended physical activity for six weeks, five days a week (60 minutes for youth, 30 minutes minimum for adults).

Signing up for the 4-H group is simple. All you have to do is register. It's quick, and there's no cost to participate!

HOW TO JOIN:

- 1) Go to http://www.presidentschallenge.net/login/register_individual.aspx
- 2) Fill out the registration form.
- 3) When you arrive at your personal dashboard page, click on the groups tab and join the 4-H group.
 - Your Group ID Number: **96548**
 - Your Group Name: **National 4-H Program**
- 4) After registering, start logging your activities. As you log activities you'll be able to track your progress toward winning a President's Challenge Award or Medal.



Good luck!

Lora Stewart

Lora Stewart
County Extension Agent for
4-H Youth Development



GALLATIN COUNTY 4-H COUNCIL OFFICERS

MELODIELLEN DANIEL - CHAIRPERSON

LUCY DEATON - VICE PRESIDENT

LORA BETH SADLER - SECRETARY

JANICE STARNES—TREASURER

National Volunteer Week
April 10-16, 2011

Our volunteers are absolutely invaluable to the 4-H program! Thank you to our Gallatin County 4-H volunteers!!!



4-H Lingo

4-H has a Pledge, Motto and Emblem that sum up what 4-H is all about

4-H Pledge

I pledge my HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service
And my HEALTH to better living,
For my club, my community,
My country and my world.

4-H Motto

"To Make the Best, Better"

4-H Emblem

A green four-leaf clover with a white "H" on each leaf. The four H's stand for:

HEAD * HEART * HANDS * HEALTH

Important Dates to Remember



Monday, April 4 – Thursday, April 7 - 4-H Day Camp, 10:00 a.m. – 2:00 p.m. Gallatin County Extension Office

Saturday, April 9 - District Communications, 9:00 a.m., Grant County

Monday, April 11 - Cloverbuds, Grade K, 3:00 p.m., 4:15 p.m., Lower Elementary Cafeteria

Tuesday, April 12 - Cloverbuds, Grade 1, 3:00 p.m. – 4:15 p.m., Lower Elementary Cafeteria

Thursday, April 14 - Cloverbuds, Grade 2, 3:00 p.m. – 4:15 p.m., Lower Elementary Cafeteria

Thursday, April 14 - 4-H Horse Club, 5:00 p.m., Gallatin County Extension Office

Thursday, April 14 - 4-H Drama Club, 5:00 p.m., Gallatin County Extension Office



Thursday, April 14 – 4-H Livestock Club, 6:30 p.m., Gallatin County Extension Office

Thursday, April 21 - 4-H Drama Club, 5:00 p.m., Gallatin County Extension Office

Thursday, April 21 - 4-H Livestock Club, 6:30 p.m., Gallatin County Extension Office

Thursday, April 28 - 4-H Horse Club, 5:00 p.m., Gallatin County Extension Office

Thursday, April 28 - 4-H Drama Club, 5:00 p.m., Gallatin County Extension Office

Thursday, April 28 - 4-H Livestock Club, 6:30 p.m., Gallatin County Extension Office

Wednesday, May 4 – Thursday, May 5 - 4-H Babysitting Clinic, 3:00 p.m. – 5:00 p.m.