

FCS Newsletter

March 2008

March 1

Peaks Mill, 10:30 a.m., Charlene Gregory

Springhill, 11:30 a.m., Rita Dieruf

Switzer, 2 p.m., Susan Sparrow

March 3

Swallowfield, 7p.m., Dana Collins, Extension Office

March 5

Swallowfield, 7 p.m., Marcella Thompson

West End, 7 p.m., Kathy Wintek

March 6

Meadows, 6:30 p.m., Denise Jones, Extension Office

Sunny Morning, 10 a.m., Susan Hutcherson

March 7

Louisville Road, 10 a.m., Betty Harris

March 8

Ridgeview, 11 a.m., Katherine Nash & Jane Kelly

Thornhill, 11 a.m., Juanita Duvall

March 13

Cloverdale, 7 p.m., Rene' Siria

March 14

Country Lane Morning, 10 a.m., Joy Hampton

March 15

S&S, 6:30 p.m., Donna Hedges

March 19

Random, Noon, Brown Bag, Extension Office

Homemakers Training School, 6:30 p.m., Extension Office

March 20

College Park, 1 p.m., Gertrude Ridgel

March 21

Indian Hills, 10 a.m., Ruth Hilborn & Bea Lax, Extension Office

Roll Call: Where in the world would you move tomorrow? Why?

March Lesson

Have fun learning your best colors with What Hue Are You! How long has it been since you had your colors done?

THE MEANING OF COLOR

Color is all around us—in nature, in our houses, and in the clothes we wear. There is a lot of theory and symbolism behind color. Read on for some interesting tidbits.

Red is a hot, strong color that grabs our attention. It is the color of Christmas and Valentine's Day, but can also represent the devil or danger. Red is power, hence the red power tie for business people and the red carpet for celebrities and VIPs (very important people). In some cultures, red

denotes purity, joy, and celebration. Red is the color of happiness and prosperity in China and may be used to attract good luck. Red is often the color worn by brides in the East while it is the color of mourning in South Africa. In Russia the Bolsheviks used a red flag when they overthrew the Tsar, thus red became associated with communism. Many national flags use red. Words that refer to red include: scarlet, crimson, vermillion, carmine, maroon, burgundy, ruby, rose, madder, rouge, brick, blood red, blush, fire engine red, cinnabar, russet, rust, Venetian red, flame, Indian red, and tomato.



Orange is flamboyant and energetic. It's a combination of red and yellow so it shares some common attributes with those colors. It denotes energy, warmth, and the sun. But orange has a bit less intensity or aggression than red, calmed by the cheerfulness of yellow. Orange is often used as a warning color and is associated with autumn and when used with black – Halloween. Words that refer to orange include: pumpkin, gold, flame, copper, brass, apricot, peach, citrus, and tangerine.

Yellow represents the color of sunshine and the harvest. It can signify hope through yellow ribbons or evoke happiness and warmth. Yellow however has conflicting symbolism. On the one hand it denotes happiness and joy, but on the other hand, yellow is the color of cowardice and deceit. Yellow is for mourning in Egypt and actors of the Middle Ages wore yellow to signify the dead. Yet yellow has also represented courage (Japan), merchants (India), and peace. Words that refer to yellow include:

lemon, yellow ocher, golden, saffron, cream, topaz, and mellow yellow.

Green, the color of nature and money, is luck in Ireland, is a sacred color in Islamic cultures, and is often associated with fertility and springtime. Green is life. Abundant in nature, green signifies growth, renewal, health, and environment. On the flip side, green is jealousy or envy (green-eyed monster) and inexperience. Words that refer to green colors include: emerald, sea green, sea foam, olive, olive drab, pea green, grass green, apple, mint, forest, lawn green, lime, spring green, leaf green, aquamarine, beryl, chartreuse, fir, Kelly green, pine, moss, jade, sage, sap, and viridian.

Blue is cool and calming. It can denote loyalty (true blue) or first rate (blue ribbon) but can also be sad (the blues) or unexpected (out of the blue). In many diverse cultures blue is significant in religious beliefs, brings peace, or is believed to keep the bad spirits away. Blue conveys importance and confidence without being somber or sinister, hence the blue power suit of the corporate world and the blue uniforms of police officers. Long considered a *corporate color*, blue, especially darker blue is associated with intelligence, stability, unity, and conservatism. Words that refer to blue colors include: sapphire, azure, beryl, cerulean, cobalt, indigo, navy, royal, sky blue, baby blue, robin's egg blue, cyan, cornflower blue, midnight blue, slate, steel blue, and Prussian blue.

Violet or purple holds the honor of being the first synthetic dye. Perhaps because violet is the last color of the spectrum, it symbolizes both the ending of the known and the beginning of the unknown. Purple is royalty. A mysterious color, purple is associated with both nobility and spirituality. The color of mourning for widows in Thailand, purple was the favorite color of Egypt's Cleopatra. It has been traditionally associated with royalty in many cultures. Purple robes were worn by

royalty and people of authority or high rank. The *Purple Heart* is a U.S. military decoration given to soldiers wounded in battle. Words associated with the color violet or purple include: plum, lavender, lilac, puce, thistle, orchid, mauve, magenta, royal, amethyst, wine, pomegranate, eggplant, and mulberry.

Black and white are perhaps the most mysterious of colors. Positive and negative, the absence of color, and the brilliance of light make these two “colors” the most versatile. In Western countries, black is often associated with mourning, though in the East the color of funerals is traditionally white. Black and white represent elegance and sophistication and have long been popular choices for clothing. Among young people, black is often seen as a color of rebellion. It is the color for little boys in China. Black, especially combined with orange is the color of Halloween. In early movie Westerns, the good guy wore white while the bad guy wore black. But in later episodes, often good guys wore black to lend an air of mystery to them. Words associated with the color black include: ebony, jet, ink, lampblack, coal, soot, charcoal, raven, midnight, obsidian, onyx, and sable. White is purity, cleanliness, and innocence. In most Western countries white is the color for brides. White is often associated with medical personnel, especially doctors, nurses, and dentists. Some cultures view white as the color of royalty or of deities. Angels are typically depicted as wearing white. Words associated with white and its shades include: snow, pearl, antique white, ivory, chalk, milk white, lily, smoke, seashell, old lace, cream, linen, ghost white, beige, corn silk, alabaster, paper, and whitewash.

Reference: About.com
<http://desktoppub.about.com/cs/color/a/symbolism.htm>

Source: Marjorie M. Baker, M.S., Extension Associate for Clothing and Textiles,

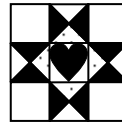
University of Kentucky, College of Agriculture

Homemakers Training School for April Lesson

The Homemakers Training School for April is **March 25th at 10:00a.m.** Topic: “Big Garden, Small Spaces?”, Learn how to increase the availability of greenery, fresh produce and flowers in otherwise limited environments by using small spaces, raised beds and containers. Luci Hockersmith, FCS Agent/Mercer Co. will teach the lesson.



Central KY Homemakers Quilt Guild



March 25, 7:00 p.m. at the Extension Office. Visitors Welcome.

QUILTER’S DAY OUT – March 15, 2008
Franklin Co. Extension Office

For Information Contact: Bonnie Williams
(502) 223-3743 or e-mail at lavenderway@aol.com

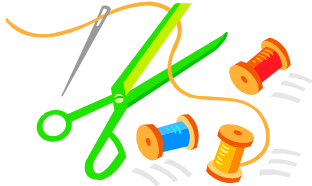
-March 10 2008 9:30 a.m.

Oriental Fans Quilt Block. Use a traditional pattern and give it an exotic flair. Learn to work with curves and circles with ease, use fabric; such as batiks, oriental or other colorful fabrics

Feb. 29, 2008 9:30 a.m.

T-Shirt Memory Quilt: a.m. Judith Ricks,
Instructor. Cost: \$15.00

**It's Sew Fine:
For Home and Family
2008**



Plan to attend the third annual Sewing Expo at General Butler State Park, April 15 to 16, in Carrollton, Kentucky. This event is a multistate event, sponsored by the Louisville and Northern Kentucky Cooperative Extension areas, Kentucky State University Extension, and Purdue University. In addition to classes a number of vendors will be available for your sewing needs.

For more information, contact the Extension Office at 695-9035 and ask for Judith Ricks .

**Upcoming Area Events
2008**



**KENTUCKY CRAFTED:
THE MARKET 2008**

Open to the Public
Saturday, March 8, 2008
9:00 am to 6:00 pm

Sunday, March 9, 2008
10:00 am to 5:00 pm (EST)

South Wing B
Kentucky Exposition Center
Louisville, Kentucky

For \$1.00 off coupon on adult admission, visit the website: <http://www.kycraft.ky.gov/>

For more info call (888) 833-2787
(502) 564-3757 ext. 4801



The 59th Annual **Trend Appliances Home, Garden and Remodeling Show** will be held March 7-9 at the Kentucky Exposition Center. Sponsored by LG&E, an EON US Company, The Official Show of Spring will feature 500 booths, education seminars, cooking demonstrations and many new and exciting features and areas designed to point you in the right direction to remodel, build, redecorate or landscape. Returning to the show this year is the "home" being built by Dogwood Homes in just 4 days. Surrounded by garden and landscaping areas, this 1.5 story, 2415 sq. ft. home will be fully decorated and rated at Energy Star's platinum level which is built to save homeowners 50% of energy costs annually.

New to this year's show is the **Sustainable City**, sponsored by Energy Pro's, featuring companies that provide eco friendly products, **green building components** and energy efficient services. LG&E and Energy Pro's will provide daily seminars on how homeowners can become more energy efficient in their own homes and save money. An **Ageing in Place Pavilion** will feature various ideas and products available to allow those reaching retirement age to remain in their homes. A

raised garden, accessible kitchen, walk in tub and other unique and functional features will be displayed to give active adults an idea of what they can do in each room of their home to prepare for the future. Trend Appliances will again present cooking demonstrations featuring several local chefs and this year will also conduct cook offs with local business people and celebrities. The **Porter Paints Voice of Color Designer Rooms** will feature beautifully decorated rooms designed by Tracee Dore and Kenneth Hooper for local radio and TV personalities. Attendees will have the chance to vote for their favorite celebrity room.

Brian Santos known as **The Wall Wizard** will entertain and educate attendees on unique ways to decorate walls. And there is so much more. So, as we break into spring and your ideas begin to blossom let the **Trend Appliances Home, Garden and remodeling Show** point you in the right direction and show you the way!

Show hours are 10am – 10pm Friday and Saturday and 10am – 5pm on Sunday. Tickets are \$10. Children 15 and under are free. Discount tickets will be available at all Kroger locations for \$8.00 beginning February 22.

Visit www.louisvillehomeshow.com for more information.

Area Cultural Arts Winners

Category	Name	Award
Apparel-Accessory:	Rita Dieruf	Red
Counted Cross Stitch -14 count & under:	Corinne Dossett	Red
Counted Cross Stitch Specialty Cloth	Marilyn Clayton	Blue
Drawing/Pen&Ink	Ruth Hilborn	Blue, CH

Embroidery-Basic	Carol Wilson	White
Embroidery –Misc.	Marilyn Clayton	Blue
Embroidery -Machine	Toni Lewis	Red
Felting-Wet	Marilyn Clayton Debbie Kimbrough	Blue Red
Holiday Decoration Summer	Rita Dieruf	Red
Holiday Decoration Winter	Debbie Kimbrough	Blue
Needlepoint -Cloth	Carol Wilson	Red
Painting, Art-Oil	Bertha Bussen	Red
Painting, Art-Acr.	Betty Lance	White
Painting, Dec. Wood	Susan Sparrow	Blue
Photography Mounted/Framed Color	Rita Belen	White
Pillows	Betty Lance	Blue
Quilts- Machine Applique	Rita Dieruf	Blue
Quilts- Machine Pieced	Marilyn Clayton	Blue
Wall Handing	Topy Polsgrove	White



Congratulations!

James Thorne

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