

FCS Newsletter

November 2008

Cooperative Extension Service
Franklin County
101 Lakeview Court
Frankfort, KY 40601
(502) 695-9035
Fax: (502) 695-9309
www.ca.uky.edu/ces

Homemakers Calendar

November 3

Swallowfield – 7 p.m. M. Thompson
West End – 6:30 p.m. Betsy Kennedy

November 4

Meadows – 6:30 p.m. Extension Office
Sunny Morning – 10 a.m. Sherry Holder
Extension Office

November 5

Louisville Road – 10 a.m. Betty Gardner

November 6

Peaks Mill – 10:30 a.m. Barbara Hall,
Extension Office
Springhill – 11:30 a.m. Janice Huffman
Switzer – 2 p.m. Marcella Wiley
N. Baptist

November 11

Cloverdale – 7 p.m. Elaine Sims

November 12

Country Lane – 9:30 a.m. Linda Bell

November 13

Ridgeview – 11 a.m. Joyce Sturgill

November 17

Random – noon Brown Bag Lunch
Extension Office

November 18

College Park – 1 p.m. Gloria Giles
S & S – 6 p.m. Lucy Wilson

November 19

Indian Hills – 10:am Mary Hines

November 20

Golden Angels – 3pm Elizabeth Harrod
Emily Appartments

Roll Call: What is your favorite Thanksgiving food?

Homemakers Celebrate!



Franklin County Homemakers celebrated Homemaker Week with a reception at the Franklin County Extension Office on October 16, 2008. Shown above are some of the Homemakers attending the Reception: Standing Back Row – left to right – Jane Kelly, Barbara Goode, Mildred Polsgrove, Liz Hutchison, Norma Wigglesworth, Rene' Siria, Doris Bailey and Ruth Hilborn. Seated – left to right – Sue Willis, Suzanne Renaud, Shirley Fitzpatrick, Pat Gorman, Toppo Polsgrove and Arlene Fluegge.

City Commissioner Kathy Carter presented a Proclamation honoring Franklin County Homemakers.

(continued on pg 2)

Commissioner Carter is a member of the **Random Homemakers Club**. A proclamation was also received from County Judge Executive Ted Collins.

Special thanks to staff assistants Gil Thurman and Wanda Ellis for their help.

November Leader Training – Please Register

“Body Illusions”

On **November 18 at 1:30p.m.** Jennifer Klee, Woodford County FCS Agent will teach you some fashion tricks that will flatter your figure. – Invite someone who isn't a member.

Children's Holiday Store

December 6, 2008
9 a.m.-Noon

Rita Belen is serving as Chairman of the Homemakers Holiday Store. Club chairman met to review rules in October. All members are encouraged to promote the store to children ages 4-12. Items will be priced \$3.00 and under.



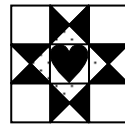
Also, please have change for those people who may come with \$20.00 bills.

Area Homemakers Annual Meeting

Held in Garrard County

8 Franklin County Homemakers attended the Area Annual Meeting in Lancaster. They were: Wanda Atha, Shirley Fitzpatrick, Arlene Fluegge, Liz Hutchison, Rene Siria, Tamera Thomas and Judith Ricks.

Central KY Homemakers Quilt Guild



November 18, 7:00 p.m. at the Extension Office. Visitors Welcome.

Color and Fashion Trends for Fall 2008

Colors for fall traditionally have been subdued, quiet colors, but this season you will see a shift toward cool hues with bright exciting undertones. According to Pantone, Inc., the global authority on color and provider of professional color standards for the design industries, the top ten colors for Fall 2008 are: Blue Iris, Royal Lilac, Shady Glade, Caribbean Sea, Twilight Blue, Aurora Red, Ochre, Burnt Orange, Shitake, and Withered Rose,. Leatrice Eiseman, executive director of the Pantone Color Institute, said warm autumn hues, chocolate browns, and steel grays are also among the fall color choices.

Black is still the predominate color scheme seen on the New York runways for fall 2008 fashions. A variety of textures are combined to add interest to monochromatic ensembles. Often all black outfits were accented with a splash of bright color in a scarf or pair of shoes – Hot pink, red, green, or blue. Fluid skirts with layers of transparent fabric continue to add an appealing look for evening wear. Ruffles and large bows at the neckline give a feminine look. Shorter skirts and dresses return, paired with tights and over the knee boots. Watch for tunics and tights, chunky sweater knits, large houndstooth checks, and plaids to be in style for fall.

Source: Marjorie M. Baker, Extension Associate for Clothing and Textiles, University of Kentucky, College of Agriculture

Dress Your Holiday Tree in a Family Heirloom

Traditions are an enormous part of holiday celebrations in Kentucky as well as the rest of the country. What we eat, how we decorate, and how we handle gift exchanges all define our family values and traditions. Some of these traditions last a lifetime, and are passed on to future generations. Here's an idea for creating an heirloom skirt to adorn the tree before gifts arrive at its base.

The origin is not really known but some accounts say it was to protect the floor from candle wax while others merely claim that it was designed to hide the often unsightly tree stand. Either way, it is now a fashion statement of sorts. From plain red felt or velvet to quilted varieties, holiday tree skirts can cost a little or a lot. Creating your own version, however, ensures your family a lifetime of holiday memories.

Try to incorporate your entire family into the creating of your holiday tree skirt. Start with a template for the shape of the skirt. Be sure to leave an opening where the tree trunk and stand will be situated. Most skirts extend at least two feet out around the base of the tree.

Adorn your tree skirt with photos of the family. With the ability to print on fabric or fabric transfers, computers and scanners help make heirlooms like a family photo tree skirt a breeze. By copying photographs onto transfer paper, they can be ironed onto contrasting fabric and stitched to the skirt fabric. Special fabric, sized and prepared for the printer is also available to print the photos directly. If you don't have a scanner or printer, your local copy shop can perform this task for you. Be sure to leave room for growing families! Transfer a few holiday patterns like stars, packages or angels onto

the skirt layout as well. As the family grows, through additional births or marriages, photos can be sewn over the patterns, adding each new family member to the heirloom.

A variation of this skirt might include embroidering the names of all family members. Again, leave room for additional members as the family expands. Adding birth and wedding dates is a fun way to chronicle when each member joined the family. A no-sew suggestion would be to use permanent fabric marking pens in place of needle and thread.

Christmas tree skirts may not be foremost in your holiday decorating plans, but with a little imagination and simple creativity, they can become a part of your family's history. Start planning your family's holiday tree skirt today, and enjoy your cherished family heirloom for years to come.

Source: Marjorie M. Baker, Extension Associate for Clothing and Textiles, University of Kentucky, College of Agriculture

November Special Interest & Special Classes

All classes held at the Franklin County Extension Office, 101 Lakeview Court, Frankfort, KY 40601.
Call 695-9035 to pre-register.

Quilting Class
Log Cabin Holiday Tree
November 15
9:30 a.m.-3 p.m.

Learn to make this wall hanging. Call the Extension Office for supply list. Cost: 10.00. Pre-register by November 14th. Instructor: Judith Ricks.

Wakefield-Scearce's 2008 Christmas Gala

525 Washington Street
Shelbyville, KY
November 7,8,9,10
9-5 p.m. M-F

Visit the gallery to see their "Exclusive Hand Blown Ornament from Poland" by David Strand Designs and have lunch at Science Hill Inn. For reservations call (502) 633-2825.

Recipe of the Month

Old Fashioned Jam Cake

Source: AmericanProfile.com

3 cups self-rising flour
1 teaspoon each cinnamon, nutmeg, cloves and allspice
2 cups granulated sugar
1 cup butter, softened
1 cup blackberry jam
1 cup raspberry jam
4 eggs
1 cup milk
1 teaspoon vanilla extract
1 cup chopped pecans

Caramel Icing:

2 cups packed light brown sugar
½ cup milk
8 teaspoons butter
1/8 teaspoon salt
1 cups confectioners' sugar
1 cup chopped pecans, optional
Preheat oven to 350F. Grease and flour three 9 inch round cake pans. To prepare cake, sift flour and spices into a large bowl. Stir in sugar. Add butter, jams, eggs, milk and vanilla; beat with a mixer at medium speed until smooth, about 2 minutes. Stir in nuts, if using. Divide batter among pans. Bake 18-23 minutes, until a wooden toothpick inserted near the center comes out clean.

Cool in pans on a wire rack 10 minutes. Remove cake from pans and cool completely on a wire rack.

Caramel Icing:

To prepare icing, combine brown sugar, milk, butter and salt in a large saucepan. Bring to a boil over medium heat, stirring constantly. Remove from heat and add confectioners' sugar. If the icing is too thick, add a little milk. Stir in nuts, if using. Spread over one cake layer. Top with second layer, ice top. Top with third layer; ice top. Serves 12-16.

Nutritional Analysis: Come on it's Jam Cake !

Happy Thanksgiving,



Tamera Thomas, County Extension Agent
for Family and Consumer Sciences

