



# Master Gardener Newsletter

**Fayette County Master Gardener Association**

**Winter 2011**

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## From the President...

A Season of Thanks.....at this time of year I would like to express my thanks to the Master Gardeners and friends who have made this year so much fun! Our fearless leader and the office staff have been so very helpful, and there is never a lack of volunteers for any project. I appreciate all your hard work. And a sincere thanks to long time officers who are going to take a break - Nan Starkweather, Patty Collins, and Ginger White.

What I Have Learned This Year.....It takes three steps to keep up with Jamie's one. Men email in short sentences; women explain every detail and always end with an exclamation!

And In 2012.....I have enjoyed this year so much that I would like to stay on as your president next year. Emphasis will be on more widespread community involvement and developing public speaking abilities.

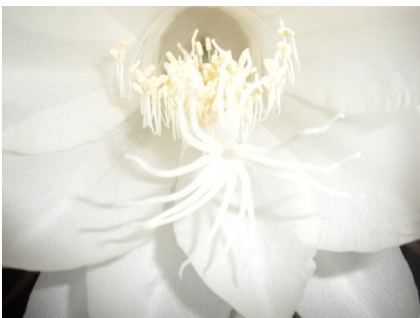
Nancy Meng, President

## **Annual Meeting is January 8, 2012**

Start your New Year with your gardening friends. Setup will be Friday afternoon, January 6<sup>th</sup>. We can use your help with decorations (dried flowers, pods, greenery) so contact Judy Harmon. Christine Parsons is in charge of the auction. Contact her if you want to donate items too. We will be voting on the proposed slate of officers, as well as the budget (see page 2). Any other suggestions please contact Nancy Meng.

**Congratulations to Susan Umberger for winning the photo contest that was held on our Facebook page!** The close up shot of one of her night blooming plants is spectacular.

Now we need to find out what you want to find on the Facebook page next year. Want more contests? Need more information about upcoming events? Would you be interested in knowing what problems were being heard on the helpline? Feel free to post your thoughts or send me an email ([parsons@parsonselectric.com](mailto:parsons@parsonselectric.com)). ~ Christine Parsons



**Fayette County Master Gardener Association**  
**Proposed Officers 2012**

President – Nancy Meng

Vice President - Ellyn Katen

Secretary - Jane Ann Blakeman

Treasurer - Kay Fisher

Volunteer Projects - Christine Parsons

Newsletter - Kelly Weber

Continuing Education - Jane Aaron

Nominating Committee – Janet Raider, Susan Stivers, Jane Ann Blakeman



**FAYETTE COUNTY MASTER GARDENER ASSN 2013 BUDGET**

**INCOME**

		<b>FY 2013 Budget</b>
Dues	\$	1,800.00
Dividends	\$	50.00
<b>Total Income</b>	<b>\$</b>	<b>1,850.00</b>
General Fund Carryover Monies	\$	1,450.00
	<b>\$</b>	<b>3,300.00</b>

**EXPENSES**

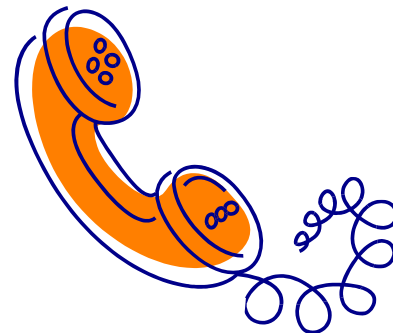
		<b>FY 2013 Budget</b>
Administration	\$	100.00
Annual Meeting	\$	350.00
Communications	\$	75.00
Volunteer Projects	\$	450.00
Education	\$	50.00
Demonstration Gardens	\$	600.00
Memorial	\$	75.00
Contingency	\$	50.00
Scholarships	\$	1,000.00
Friends of Arboretum	\$	50.00
Lecture Series	\$	500.00
<b>Total Expenses</b>	<b>\$</b>	<b>3,300.00</b>

## Another Season of Helpline Closes

By Emily Schneider

As the Helpline comes to a close this year I find myself seated in the gray office chair, phone at ear and pen in hand the same as all of my co-volunteers from the most recent Master Gardener class of 2010. We are required to complete at least twenty hours manning the Helpline at the Extension office. The helpline enjoyed fantastic coverage with volunteers available Monday-Friday at least four hours per day from April thru October. Because our class was so large several time periods included overlaps with other volunteers and full day coverage from 9:00 a.m. to 4:00 p.m. As expected, the spring and summer months were hopping with the phone ringing less frequently as fall approached.

Upon review of the Helpline logbook it is evident that the volunteers fielded a plethora of interesting phone calls and processed a lot of samples. Hot topics for the season included various scales, anthracnose, peach leaf curl, black spot on roses, and bagworms on conifers. There were also calls about various critters including issues with bees, groundhogs, chipmunks, bats, and wasps. We even got a snake for identification and bed bugs! As expected, we received questions about tomato issues including distortion, yellowed leaves, wilt, decreased fruit production, insect damage, blossom end rot, and hornworms. Patrons were also very interested in turf care and lawn renovation.



The Helpline definitely gave us a forum to practice disseminating our new knowledge. Jamie Dockery commented that “some of the volunteers were exceptional in this role.” As we look forward to next year’s gardening season consider adding Helpline to your list of volunteer activities for 2012, especially if staff members raved about your skills and diligence. On behalf of the most recent Master Gardener class I would like to extend a special “thank you” to all of the Helpline trainers (including Bob the dog) and to the extension staff for their patience as we settled into our apprenticeships.

### **Note from Jamie for MG Class 2010**

If you did not complete your mandatory twenty hours of Helpline service this year, you **must** complete this requirement by May 2012 to receive your Master Gardener certification. For Helpline scheduling please contact Thomas Crothers, committee chair, at [twc2043@yahoo.com](mailto:twc2043@yahoo.com).

**2012 MG Dues are due by January 31, 2012. You can pay them at the Annual Meeting, at the Extension Office or mail them to the Treasurer, Kay Fischer. Dues are \$20 and checks can be made out to the FCMGA.**

### **INTERESTED IN JOINING A GARDEN CLUB?**

**A note from the Lexington Council Garden Club**

**Garden clubs in Fayette County would like to add to their memberships. Take advantage of programs in gardening, flower arranging, landscape design and a wide variety of projects unique to individual clubs and benefit from the experience of experts and novices. Clubs meet once a month during the day or night time. For information, contact Nan Starkweather at 269-3944 or [b.starkweather@insightbb.com](mailto:b.starkweather@insightbb.com). WE ARE NOT YOUR MOTHER’S GARDEN CLUB! COME AND JOIN IN THE FUN.**

## Founders' Lecture Series

Brought to you by:  
Friends of the Arboretum

**Dr. George Briggs, director of the North Carolina Arboretum**  
**"Uprooting Conventional Wisdom in the University Arboretum"**  
**Wednesday, February 8, 2012, 7 P.M.**



**Dr. Tammy Horn, Eastern Kentucky University**  
**"Native Flowers, Shrubs, and Trees Attractive to Honey Bees"**  
**Thursday, March 22, 2012, 7 P.M.**

**Gluck Equine Research Center**  
**1400 Nicholasville Road**  
**University of Kentucky Campus**  
**Corner of Nicholasville and Farm Road**

**Admission: General public \$5**  
**Friends of the Arboretum & Students with I.D. Free**  
**Pre-registration not required**

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### The Magical Mantis

Of all our Kentucky garden insects, a praying mantis may well be the most fascinating. Voracious and sometimes cannibalistic, mantids are generally considered a positive addition to our backyard environment because they love to eat other insects—although they don't discriminate between good and bad ones.



The praying mantis lives in warmer climates in the United States, where it can reach the ripe old age of twelve months. In the fall, female mantids lay their eggs in a foam mixture that hardens into an *ootheca*, or egg case, filled with fifty to 200 eggs. These hatch in the spring and mantid nymphs immediately begin searching for food. They, like their full grown counterparts, are voracious, and sometimes eat each other. The ootheca is usually placed on plant stems by the female, who can produce several during her lifetime. If brought inside, the nymphs will emerge earlier, and will eat tiny insects, fruit flies and silkworms until it is warm enough to release them outside.



Mantids grow by shedding their exoskeleton during molting. Each molt is called an instar, and occurs about seven times throughout the life cycle. At the end of this process wings appear, and the mantis is full grown. If captured, mantids quickly become accustomed to being handled and are often kept as pets. With their huge eyes, heads that can rotate 180 degrees, supplicating gestures and vulnerable gait, this is a distinctive insect that through history has beguiled nature lovers. ~ Ric McGee

## **From Haiti to Kentucky This Soup is Great**

In 2006, I had the privilege of traveling to Haiti with a non-profit group organized to aid the orphans in Haiti. Though it was a working trip, I had the opportunity to appreciate some of the beauty in the country. On our once-a-day trip to a restaurant in Port-au-Prince (near the airport), I had the joy of trying different native foods. On Sunday, we were treated to Haitian Freedom soup, so called because the slaves had not been allowed to touch the soup until the day they assumed their freedom from their oppressors. When I was given the opportunity to offer a recipe for this newsletter, I knew our Kentucky pumpkin or squash could easily be used in this recipe. I hope you will try it and think of the beautiful people in Haiti when you do.

### **Soup Jouvou**

Taken from <http://www.kreyol.com/recipes-jouvou.html>

#### **Ingredients**

1 lb. cubed beef stew meat  
1 lb. chicken  
1 frozen squash  
1 boniata  
1 spinach  
1 malanga  
2 onions-sliced  
3 large carrots  
6 medium potatoes  
¼ lb spaghetti or noodles 3 tbsp seasoned salt  
2 limes cut in half  
2 tsp. thyme  
2 tsp parsley  
½ cup scallions  
salt, black pepper, and hot pepper to taste



#### **Directions**

1. Clean the meat with hot water and lemon and set aside in a bowl
2. Add seasoning salt and set aside for 2 hrs
3. Boil meat in stockpot with 3 quarts of water until tender (about 1 ½- 2 hrs)
4. Add more additional water if necessary and remaining ingredients except noodles
5. Cook for 20 minutes and add noodles

To contribute to Haitian causes, please consider <http://www.yele.org/> or <http://www.redcross.org/haiti>

Stephanie Harper - Fayette Co. Master Gardener

### **2011 Executive Committee**

**President ~ Nancy Meng, 269-8082, [n.meng@insightbb.com](mailto:n.meng@insightbb.com)**

**Immediate Past President ~ Betsy Adler, 296-5681, [b-adler@insightbb.com](mailto:b-adler@insightbb.com)**

**Vice President ~ Karen Miner, 699-9300, [kleeminer@insightbb.com](mailto:kleeminer@insightbb.com)**

**Secretary ~ Patty Collins, 266-7297, [pattycollins@insightbb.com](mailto:pattycollins@insightbb.com)**

**Treasurer ~ Kay Fisher, 537-1776, [kkay19@windstream.net](mailto:kkay19@windstream.net)**

**Newsletter ~ Kelly Weber, 421-8155, [kel75renee@gmail.com](mailto:kel75renee@gmail.com)**

**Volunteer Projects ~ Carla Easton, 271-1608, [eastin5@insight.com](mailto:eastin5@insight.com)**

**Continuing Education ~ Ginger White, 269-7778, [gswmom@gmail.com](mailto:gswmom@gmail.com)**

**Nominating Committee ~ Janet Raider, 859-269-6730, [janet.raider@gmail.com](mailto:janet.raider@gmail.com)**

## 2011 Committees



**Master Gardener Docents ~ Chair: Karen Miner, Vice-Chair: Laura Ferrell**

**Arbor Day Event ~ Chair: Marguerite Waddell, Vice-Chair: Diana Troutman**

**Christian Care Center Horticulture Course ~ Jim Wheeler**

**Native Plant Restoration ~ Chair: Liz Hobson**

**Speakers Bureau ~ Chair: Helena Taulbee**

**Demonstration Vegetable Garden ~ Chair: Nan Starkweather, Vice-Chair: Maureen Tylowski**

**Volunteer Projects ~ Chair: Carla Easton**

**Continuing Education ~ Chair: Ginger White**

**Vegetable Teaching Garden ~ No Chair at this time**

**Flower Garden Trials ~ Chair: Karen Lanford**

**UK Agricultural Field Day ~ Chair: No Chair at this time**

**Cardinal Hill Therapy Garden ~ Chair: Sharon Bennett, Vice-Chair: Betsy Adler**

**Home & Garden Show ~ No Chair**

**Growing Community ~ Chair: No Chair at this time**

**Demonstration Herb Garden ~ Chair: Linda Richardson, Vice-Chair: Carla Easton**

**Bluegrass Fair ~ Chair: Ellyn Katen**

**MG Newsletter ~ Chair: Kelly Weber**

**Helpline Clinic ~ Chair: Tom Crothers**

**Book Reviews ~ Chair: Susan Smith-Durisek**

**Horticulture Directory ~ Chair: Kelly Weber**

**Farmer's Market Booth ~ Chair: Lionel Hawse, Vice-Chair: Clarke Edwards**

**Central Kentucky Ornamental Turf Assoc. (CKOTA) ~ Chair: Sandy Fitz**

**MG/Arboretum Lecture ~ Chair: Janet Raider**

