

An Extension Homemaker is...

A young professional

Broadening her horizons through informal, fun programs

A mother

Learning life skills to improve the lives of herself and her family

A grandmother

Learning how to cook, and not being embarrassed if it turns out inedible

A working woman

Sharing her problems, ideas and successes with other women

A friend, a sister, a neighbor

Working to improve our community, our country, our nation and our world

You

We provide information in person, by phone, by mail, at meetings, in newspapers and on radio and television. Visit our office for bulletins and brochures on a wide variety of

The Fayette County Cooperative Extension Service is a partnership between the University of Kentucky, the U.S. Department of Agriculture, and Lexington-Fayette Urban County Government. Our staff is ready to answer questions and address concerns about issues important to you.

Natural Resources—Family & Consumer Sciences
4-H Youth Development—Community & Economic Development
Serving All Kentuckians

Cooperative Extension Services
College of Agriculture
KENTUCKY
UNIVERSITY OF

Fayette County Cooperative Extension
Diana Doggett and Sara Talbott, Agents
Family and Consumer Sciences/Homemaker Clubs Advisers

1140 Red Mile Place
Lexington, KY 40504-1172
P. (859) 257-5582 F. (859) 254-3697
DL_CES_FAYETTE@EMAIL.UKY.EDU
<http://ces.ca.uky.edu/fayette>
8 a.m. - 4:30 p.m., M - F

Extend your reach—

grow in a new direction

Fayette County
Extension Homemakers

If we don't change, we don't grow. If we don't grow, we aren't really living. Growth demands a temporary surrender of security.
 - Gail Sheehy

Join hundreds of Kentucky women in all that the Extension Homemakers Club has to offer!

As an Extension Homemaker you will

- Receive newsletters listing all programs
- Attend workshops and events
- Receive educational leaflets
- Be eligible to join special interest groups
- Be able to continue education
- Be able to volunteer in community projects
- Keep up-to-date trends and research
- Meet others with similar interests

Clubs meet monthly in homes, churches, restaurants or community centers in the day or evening, Monday through Friday. Local clubs have as few as 15 members or as many as 30.

Meetings are informal times of demonstration, discussion, idea sharing and show-and tell, and are taught by club volunteers!

Keep a busy schedule and cannot commit to a monthly member?

Become an Associate Member!

Enjoy all the benefits of membership plus

- Innovative lessons mailed to your home
- Newsletter to keep you in the know
- Special notification about county and area activities

2011-2012 Homemaker Lessons

- Relax & Rejuvenate
- Social Networking 101
- Self Defense
- Let the Consumer Beware
- Couponing
- Healthy Meals on a Budget
- Growing & Cooking with Herbs
- Snap, Shoot & Send

Other great opportunities offered exclusively to Homemakers:

JOY OF GIVING: Gifts are provided for nursing home patients to give to loved ones at Christmas. Last year we visited 10 nursing homes and reached 896 patients.

CULTURAL ARTS CAMP AND WORKSHOPS: For those who are interested in learning new crafts.

CULTURAL ARTS COMPETITION: An opportunity to enter cultural arts items in contests on the area and state levels.

REACH FOR RECOVERY: Homemakers make and donate pillows for patients recovering from breast cancer surgery.

TAB PROJECT: Collecting aluminum can tabs to raise money for the Kentucky Children's Hospital.

YES! Make me a member!

Extension Homemaker Club Member (\$8.00)
 or
 Associate Extension Homemaker (\$8.00):

Available for individuals whose time is limited by job, family or other factors

I am interested in joining a Homemaker's Club:

Day Evening Day of Week _____

Please make checks payable to Fayette County Extension Homemakers.

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

E-mail Address: _____

Daytime Phone: () _____ - _____

Return form and payment to:
 Fayette County Extension Homemakers
 c/O Fayette County Extension Office
 1140 Red Mile Place
 Lexington, KY 40504-1172

Gender: Female Male
 Ethnic Group: Hispanic Not Hispanic
 Race: White Black
 Asian Other (list): _____