

EXTENSION Today

IN ESTILL COUNTY

In Estill County we're growing ideas that make a difference in your life, your family, and your community. We have a dedicated staff of trained professionals delivering educational programs in agriculture and natural resources, family and consumer sciences, 4-H/youth development, and community and economic development. The Estill County Cooperative Extension Office is your connection to UK and the world.

You'll see some key numbers in this report. But the numbers don't show you the people or the impact of our work. So the rest of this report shows the faces behind some of the numbers.

AGRICULTURE & NATURAL RESOURCES



L.W. & Emily Beckley rotationally graze their purebred Herefords and some commercial cows. Despite the drought conditions of 2007, their pastures remained productive.

FARM FIELD DAY

Extension Farm Field Day was held September 25, 2007 at L.W. & Emily Beckley's farm, Pryse Lane and Aldersgate Camp, Fitchburg.

A large group toured the Beckley farm and enjoyed several educational stops including Farm Overview, Forage Testing, Bull Selection Simplified, Safety

Focus on Handling Facilities, Water & Pasture Solutions, and Livestock Feed Sources during Drought. A final stop concerning the Family Farm & Forestry was held at the camp prior to the meal.

There was a concurrent tour of the Fitchburg Furnace that was well attended. "Skip" Johnson, co-chair of the Friends of the Fitchburg Furnace, gave historical information and restoration update. Everyone enjoyed visiting the Estill County historical site.



For those who did not go on the farm tour, there was a concurrent tour of the Fitchburg Furnace.

The farm field day was attended by 150 people. Aldersgate Camp staff provided an excellent meal. We appreciate our sponsors that made this event

possible: Citizen's Guaranty Bank, BB&T, Hardy Oil, Estill County Farm Bureau Federation, and Estill County Conservation District.

BEEF QUALITY ASSURANCE

Consumer demand for healthy, wholesome, and safe meat products has increased as well as their willingness to pay premium prices. As a result, markets have consistently awarded premiums to beef producers that manage at a level comparable to FDA, USDA, and EPA standards. Extension provided Estill County farmers an educational training, Beef Quality Assurance (BQA), which meets the standards beef consumers desire.

The BQA program trained participants in the following: 1) management for good herd health, 2) administering drugs/using proper drugs, 3) properly implanting cattle, 4) working with your veterinarian, 5) setting up good handling facilities, 6) properly handling cattle, 7) maintaining proper records, and 8) selection of various feeds and feed additives. The program is one and one half hour in length and cost \$5.00/person.



Calves pictured are from BQA certified farm. BQA certification is renewable every 3 years to ensure producers have the most current information to produce the best quality calves.

There were 14 participants that completed the program and received certification. Of the participants, many were taking the training to comply with the BQA requirement of the local Cattle Handling Facilities Cost Share Program and the CPH45 marketing program.

FAMILY & CONSUMER SCIENCES

HOMEMAKER SCHOLARSHIP

Every year, Homemakers use funds raised from the Christmas House Tour to sponsor a \$500 Scholarship to an applicant attending college. This year's recipient was Lindsey Cooper, daughter of Raymond and Shurla Cooper. Lindsey is attending Morehead State University.



From the left, scholarship recipient Lindsey Cooper, Scholarship Committee person Audra Smallwood, & Connie Jones-Woolery

LET'S TIE ONE ON - AN APRON THAT IS

A contest for the cutest apron was a big hit. The cutest apron winner was Dorothy Hall, whose mother had crocheted the apron.



Teresa Dixon, Homemaker County Treasurer, presented Dorothy Hall a \$25 check for cutest apron.

Although the contest was enjoyed by all, the main purpose was to discuss Osteoporosis. Osteoporosis can strike at any age, and affects both men and women. However, one out of every two women, as opposed to one in eight men, will have an osteoporosis-related fracture in their lifetime.



There were 36 ladies who attended the event. Pictured above, Donna Isfort, Physician Assistant for Dr. Kassis, presented information about preventing osteoporosis.

4-H & YOUTH DEVELOPMENT



YOUTH SAFETY DAY

Farm and home safety are important to our community. To address the need for community safety education, Extension and the Estill County Extension Council sponsored the sixth annual Extension Youth Safety Day in March. The 6-hour program was targeted for 4th grade students since a KERA Requirement for 4th grade students is safety education. Previously KERA emphasized safety education to the 5th grade. To avoid a lapse in safety education to 5th grade students, the Extension Council Safety Day Committee decided to include the 5th grade in our program. Estill County 4th and 5th grades included 375 students, so the committee developed a program that had concurrent sessions for 195 students for a morning program and the same in the afternoon for 180 students. All students were coordinated to be present for the Mock Rescue from 11:00 a.m. to noon.

Safety instruction was provided in the areas of electricity, search and rescue, CSX Operation

Lifesaver, and an ATV mock rescue. Outside agencies that participated included the Kentucky Department of Agriculture Safety Program, CSX Railroad, Estill County Board of Education, Fire Department, Rescue Squad, EMS, Touchtone Energy, and Kentucky Department of Fish and Wildlife Law Enforcement.



Gary Davis of CSX Operation Lifesaver talked about safety around railroad tracks and crossings.

Youth gained safety knowledge through group learning experiences. A survey was given and revealed that 99% of the participants believed they would be safer because they attended the event. When students were asked how they would use what they had learned today, 32% indicated they would be safer around electricity, 29% stated they would be safer on ATV's, and 12% indicated they would be safer around snakes. Additionally, students indicated they acquired safety knowledge about fire, guns, the internet, and 911 calls.

4-H SUMMER CAMP

4-H Summer Camp isn't just about having fun and getting a break from parents and siblings. Amidst the classes, the pool, and the funny songs and dances, campers learn about taking care of themselves, how to deal with new and different situations, how to handle being away from home and their parents, and how to make new friends. These skills, and others developed at summer camp, are essential for their development into effective, well-adjusted adults.

The Estill County 4-H Youth Development Program offers Summer Camp as a fun, educational experience for

Estill County youth. In 2007, 20 Estill County youth attended 4-H Camp at J.M. Feltner 4-H Camp. Each camper got to participate in lots of classes, ranging from first aid to canoeing to arts and crafts, and got to compete in challenges with their teams.



In addition to having a lot of fun, campers developed leadership skills, interpersonal skills, self-esteem, and a sense of belonging.

Thank you to all the volunteer leaders, program sponsors, program participants, and supporters of Estill County Cooperative Extension.
You are the key to our success!

**The Estill County
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