

EXTENSION Today

IN ESTILL COUNTY

In Estill County we're growing ideas that make a difference in your life, your family, and your community. We have a dedicated staff of trained professionals delivering educational programs in agriculture and natural resources, family and consumer sciences, 4-H/youth development, and community and economic development. The Estill County Cooperative Extension Office is your connection to UK and the world.

You'll see some key numbers in this report. But the numbers don't show you the people or the impact of our work. So the rest of this report shows the faces behind some of the numbers.

AGRICULTURE & NATURAL RESOURCES



Fred Brown II shuttles field day participants around to the family's operation on Doe Creek Road.

FARM FIELD DAY

Extension Farm Field Day was held September 30, 2008 at the Brown Family Farm on Doe Creek Road.

A large group toured the Brown farm and enjoyed several educational stops including USDA Agriculture Research Service Update, Farm Equipment Maintenance and Safety, Conservation Rental Equipment and Post Driver Demo, Nutrient Management Using On-Farm Manure, Keys to

Successful Swine Operations, and Timber Harvest and Regeneration Options.

4-H agent Candrea Bingham and 4-H Assistant Lisa Puckett held a "dress the goat" and "label the pig" contest with several younger participants. This lively event was most entertaining and educational.



Farm Field Day Tour was well attended and enjoyed by all ages. The Brown's raise corn, hogs, cattle, and forages.

During the farm tour, another group of field day participants attended the Fair Barn program entitled Drying Foods taught by Armeda Sparkman.

At the end, all convened at the Fair Barn for a catered meal and door prizes.

The farm field day was attended by over 160 people. We appreciate our sponsors that made this event possible: Citizen's Guaranty Bank, BB&T, Hardy Oil, Estill County Farm Bureau Federation, and Estill County Conservation District.

Door prizes were donated by Kentucky Cattlemen's Association, Hardy Gas, Animal Clinic, Mt. View Veterinarian Services, Carquest, Plaza Pharmacy, D&J Hardware, Meade's Do-It Center, Advance Auto Parts, Carhartt's, Rose's Feed Store / Rose's Cash & Carry. We were grateful for all donations.

MASTER GRAZER COURSE



Rotationally-grazed cattle farm in Estill County

Beginning in January, livestock producers from Madison, Clark, and Estill Counties had an opportunity to attend educational classes about grazing livestock. The series is called Master Grazer.

This program includes 2 sessions on plant considerations, 2 sessions regarding animal considerations, 1 session on water, fencing and bringing the pieces together in a grazing system, and 1 session where participants visit a farm doing rotational grazing to illustrate concepts taught through the previous 5 sessions.

Estill County farmers that completed the program are Wayne Beckley, Fred Brown II, Tom and Sarah Hart, Jack Stickney, and Jimmie Clark.

4-H & YOUTH DEVELOPMENT

DAY CAMP

4-H Day Camps are a fun way for youth get a full day's dose of 4-H right here in the county.



This group of 4-Hers are exploring the inside of an Estill County Fire Department Engine

On June 10th and 11th, 2008 thirty 4-Hers and fifteen volunteers arrived for an exciting experience making crafts, learning about peanut butter and participated in several programs. The Estill County Ambulance Service and Fire and Rescue Department brought their trucks and equipment so that 4-Hers were able to see them up close. They were given tours of the ambulance and fire truck, and saw live demonstrations by the presenters.

A surprise guest of the Kentucky Division of Forestry stopped by to visit. Smokey the Bear talked to the group of youth about the importance of forest fire prevention, and all the little things that can make a big difference in putting a stop to accidental fires.

ANIMAL SCIENCE CLUBS

Animal Science clubs are one of the most exciting ways that 4-Hers can expand their knowledge of the beef, goat, swine, and horse industry.

A typical member of either the livestock or horse club will get to have hands on experience working with animals in the areas of selection and evaluation, feeding and nutrition, health and daily care, reproduction, marketing, and much more. Working with animals not only increases their knowledge about the animal industry, but it also is a way for youth to develop life skills that are needed to be positive contributors to society.

The livestock club is lead by Jason Crowe, a volunteer leader, with twenty three 4-Hers participating throughout the year. Meetings for the livestock club are held at the Extension office and are often guests of several local farms in the community.

Members often participate in livestock shows held locally and throughout the state. Several members were even blue ribbon winners at this year's Kentucky State Fair.



Makena Cox shows her Salers heifer at one of many county fair livestock shows.

The Horse Club, H.O.P.E is led by Robbin Fassas with nineteen 4-Hers. Meetings for the horse club are held at Domain Farm, the Extension Office, and

the Estill County Library throughout the course of the year. Members don't even need a horse to join the club! Many members participate in horse shows locally and state wide.

FAMILY & CONSUMER SCIENCES

AREA HOMEMAKER MEETING



Pictured: Estill County Homemakers Sue McKinney (left) and Armeda Sparkman (right) posed with Rodger Bingham at the Bluegrass Area Homemaker Meeting.

The Bluegrass Area Homemakers meeting was held in Bourbon County this year. The keynote speaker was Rodger W. Bingham, known as Kentucky Joe, a former contestant on the popular CBS show Survivor.

There were several Estill County Homemaker delegates that attended the event in September. Homemakers are leaders in our communities.

EXPANDED FOODS & NUTRITION

The goal of the Expanded Food and Nutrition Education Program (EFNEP) is to educate limited resource people with young children to acquire knowledge, improve skills and change behavior necessary to achieve health and well-being.



Above: Clarice Wolfinbarger, EFNEP Assistant, participates in a Health Fair with an educational display about sugar & fats in food products.

HOMEMAKER LEADER TRAININGS

County Extension Agents provide an educational avenue for the transfer of UK research-based knowledge to Homemaker leaders in the counties. Leaders representing Extension Homemakers clubs are expected to then teach the information presented at their next club meeting. Leader trainings also present a leadership opportunity for Extension Homemaker members as they then teach the information gained from the training to their fellow club members.



Above: Cheryl Case, FCS Agent of Harrison County, teaches Food Labels to county leaders in November.

Some examples of leader lessons taught this year include Moisture & Mold, Living Green, and Food Labels.

The Estill County Cooperative Extension Service

We deliver information, education, solutions.

For more information, contact us at:

149 Richmond Road
Irvine, KY 40336-7222
(606) 723-4557
Fax: (606)723-5912
www.ca.uky.edu

EXTENSION OFFICE PERSONNEL

AGENTS

- **Eric Baker**
Agriculture/Natural Resources
- **Candrea Bingham**
4-H and Youth Development

ASSISTANTS

- **Clarice Wolfinbarger**
Expanded Foods & Nutrition Education
Program Assistant
- **Lisa Puckett**
4-H Youth Development Program Assistant

SECRETARIES

- **Cheryl Stepp**
- **Tracy Blevins**

2008 Estill County Extension District Board

Earl Brandenburg, Chair
William Beard, Vice-chair
Danny Click, Secretary
Judge Executive Wallace Taylor
Danny Click
Melvin Williams
Patty Miller
Linda Parsons