

## CUMBERLAND COUNTY EXTENSION HOMEMAKERS SEPTEMBER 2008 NEWSLETTER

### SEPTEMBER ROLL CALL:

What is your happiest memory of school?

### THOUGHT FOR THE MONTH:

"A torn jacket is soon mended, but hard words bruise the heart of a child."

— Longfellow

### DATES:

#### Extension Office Closed:

Monday, September 1 for Labor Day Holiday.

**Hegira Club:** Monday, September 1, Extension Office 4 pm.

**Kettle Club:** Tuesday, September 9, Vada Kirby's 1 pm  
*\*NOTE: Change in regular meeting date due to Labor Day Holiday.*

**Co-Workers:** Monday, September 8, Veteran's Memorial Community Center 6:30 pm.

**Cumberland Valley Manor:** Monday, September 8, 2:00 pm.

**Homemakers Council Meeting:** Tuesday, September 9 @ Jones Restaurant 5 pm.

**Station #2:** Thursday, September 11, Highland Chapel 6:30.

**Bloodmobile:** Thursday, September 11 @ Living Word Ministries noon -6 pm. Call the Extension Office to volunteer.

**Krafty Kritters:** Monday, September 15, Jones Chapel 5:30.

**Quilt Guild:** Thursday, September 18, Veteran's Memorial Community Center 9:30.

**Bluegrass Festival:** September 18-20 @ Veterans Park

**Quilt Show:** September 20 @ Veteran's Memorial Community Center 10 am-3 pm.

**Knitting Group:** Monday, September 22, 4:00 Extension Office.

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### NEW YEAR GETS STARTED IN A BIG WAY

Well, it's time to get the new Homemaker year started and the Homemaker Council plans to do just that and with a **BANG** by initiating a Membership Drive from September 1-October 31. Prizes will be awarded to the individual and to the club that recruits the most new members. The club will receive a chocolate fountain party (*YUM*) and the details of the individual winner are still being hammered out (likely a manicure and/or pedicure). So start thinking of your family, friends and acquaintances that are not currently members and work on your sales pitch! Let your friends (or complete strangers) know what Homemakers means to you and ask them to join. You could also surprise her with a gift membership. Enrollment forms are available for new recruits at the Extension Office as well as certificates for membership. Your club president will also have forms and certificates available.



It has also been suggested that a display board

of the Homemakers information and maybe pictures of activities be placed in community places such as the banks in town. It would need to be something to catch customers' attention, yet be informative to the Homemakers' clubs, their activities and events. If you have any other suggestions as to what the county Homemaker Council can do to spread the word and encourage others to join, please let us know.

In related news, the Bluegrass Festival is quickly approaching and the Cumberland County Homemakers will have a booth at the festival to recruit new members from 4-8 pm on Friday and 9 am-8 pm on Saturday. Also available at the booth will be the Cumberland County Homemakers Cookbook, *Recipes Past & Present*. An additional 300 books were ordered following the great sales of them before. The cookbooks will still be sold for \$10.00. However, the Homemakers Council decided to sell them at a discounted price of \$5.00 to anyone who joins a Homemaker club during the Membership Drive. Each club is also asked to provide an example of a craft or project that they have done to display at the booth as well as pictures of events and activities to include on the display board that will be at the festival.

### Club Connection

As the new year begins, please get your membership dues in as soon as possible. We must have them in to Area and State and the deadline will be here before we know it. Also, get your clubs officer list to Jeanne and Misty along with Lesson Leaders and Hostesses. It is very important that they have this information as soon as possible. Please pass along club happenings and photos to use in the Club Connection Corner of the newsletters, too. Each club enjoys reading and knowing what other county clubs are doing.

#### Jeanne Claywell's Retirement

As many of you are well aware now, Extension Secretary, Jeanne Claywell will retire after 30+ years of service to Cumberland County Cooperative Extension Services. Her last day will be Tuesday, September 30.



*Quilt Guild members Ramona Collins and Janice Stalcup keep their station at the Cumberland County Fair Exhibition. The members are selling tickets for the Quilt Guild's Christmas themed quilt. Do you have your tickets yet?*

We are sure you join us in wishing Jeanne a blessed and much deserved retirement.

#### Cumberland Co. Playhouse Trip

Reservations are now being taken for a trip to Crossville, TN to enjoy Irving Berlin's *White Christmas* at the Cumberland County Playhouse on November 15 at 2:30 pm. Tickets will be \$25 for adults and \$13 for children and students of all ages. It is important that we reserve seats immediately because the

Playhouse informed us that they are already filling. Money for tickets will be due in advance. Please call the Extension Office to reserve your seats.



## CUMBERLAND COUNTY FAIR RESULTS

### FOR YOUR INFORMATION:

The Extension Office will be closed on Monday, September 1 for **Labor Day** and will re-open at 8 am on Tuesday, September 2.

All Club Presidents and current Homemaker Council Officers and Chairpersons are asked to attend the **Homemaker Council Meeting** at Jones Restaurant on Tuesday, September 9 at 5 pm.

**Bloodmobile** will be at Living Word Ministries on Thursday, September 11 from 12 noon—6 pm. Volunteers are needed to help serve refreshments. Call the Extension Office to volunteer. And remember to keep up with your volunteer hours.


The **Bluegrass Festival** events and activities will be taking place at Veteran's Park September 18-20. The Homemakers have a booth set up to sell cookbooks and recruit new members. Each club needs to have representatives at the booth sometime during the Festival.

The Quilt Guild will be hosting their annual **Quilt Show** at the Veteran's Memorial Community Center on Saturday, September 20 from 10 am-3pm. Stop by and see some beautiful quilts and purchase a ticket to win one as well.

Cumberland Co. Extension Agents

*Gregory Hopkins*  
Agent for ANR

*Allyson White*  
Agent for 4-H Youth

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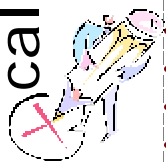
The Cumberland County Fair wrapped up with many beautiful and extravagant entries during the exhibition. Many thanks to those Homemaker Council chairpersons and other volunteers who helped to make the registration, judging and displaying so smooth. The following are the results of the open food exhibits. The open cultural arts results will be included in next month's newsletter.

#### RESULTS:

**BREADS:** *Loaf White Bread*—1st Regina Jones, 2nd Casey Jones, 3rd Trevor Murray; *Loaf Yeast Bread*—1st Genett Morgan, 2nd Hosanna Konsavage, 3rd Trevor Murray; *Banana Bread*—1st Casey Jones, 2nd Genett Morgan, 3rd Melanie Willis; *Biscuits*—1st Janice Stalcup, 2nd Becky Cary, 3rd Becky Hughes; *Cinnamon Rolls*—1st Regina Jones, 2nd Genett Morgan, 3rd Trevor Murray; *Corn Muffins or Sticks*—1st Rachel Barnett, 2nd Becky Cary, 3rd Becky Hughes; *Zucchini Bread*—1st Becky Cary, 2nd Regina Jones; *Other Breads*—1st Regina Jones, 2nd Janice Stalcup, 3rd Autumn Radford; **WHOLE CAKES:** *Angel Food Cake*—1st Casey Jones, 2nd Regina Jones; *Any Cake*—1st Melanie Willis, 2nd Lanie Willis, 3rd Regina Jones; **SMALL CAKES & COOKIES:** *Brownies*—1st Rachel Barnett; *Chocolate Chip Cookies*—1st Lanie Willis, 2nd Genett Morgan, 3rd Hallie Willis; *Oatmeal Cookies*—1st Melanie Willis, 2nd Lanie Willis, 3rd Hallie Willis; *Sugar Cookies*—1st Bonita Humphrey, 2nd Genett Morgan; *Peanut Butter Cookies*—1st Becky Cary, 2nd Melinda Farlee; *Any Cookie*—1st Chelsea King; **CANDIES:** *Chocolate Fudge*—1st Becky Cary, 2nd Luke King, 3rd Chelsea King; *Peanut Butter Fudge*—1st Luke King, 2nd Chelsea King, 3rd Regina Jones; *Any Candy*—1st Judy Lee; **WHOLE PIES:** *Fruit*

*Pie*—1st Janice Stalcup, 2nd Casey Jones; *Fried Pie*—1st Shirley Barnett; *Pecan Pie*—1st Trevor Murray, 2nd Regina Jones, 3rd Trevor Murray; *Any Pie*—2nd Regina Jones; **JAMS, JELLIES & PRESERVES:** *Blackberry Jam*—1st Janell Poindexter, 2nd Casey Jones, 3rd Regina Jones; *Strawberry Jam*—1st Becky Hughes, 2nd Carri Peterson; *Any Jam*—1st Janell Poindexter, 2nd Sandy McKinney, 3rd Betty Lee; *Apple Jelly*—1st Christine Allen, 2nd Becky Hughes, 3rd Carol Pierce; *Grape Jelly*—1st Carol Pierce, 2nd Christine Allen, 3rd Becky Hughes; *Any Jelly*—1st Becky Hughes, 2nd Regina Jones, 3rd Becky Cary; *Apple Butter*—1st Casey Jones, 2nd Regina Jones, 3rd Carol Pierce; *Peach Preserves*—1st Casey Jones, 2nd Regina Jones, 3rd Carri Peterson; *Any Preserves*—1st Steven Murray, 2nd Betty Lee, 3rd Becky Cary; **PICKLES & RELISH:** *Dill Cucumber Pickles*—1st Carol Pierce, 2nd Sandy McKinney; *Sweet Cucumber Pickles*—1st Regina Jones, 2nd Trevor Murray, 3rd Diane Strange; *Salsa*—1st Betty Lee, 2nd Carol Pierce, 3rd Gina Watson; *Corn Relish*—1st Casey Jones, 2nd Lisa Branham; *Sweet Relish*—1st Carol Pierce, 2nd Karen DuBois, 3rd Regina Jones; *Pickled Beets*—1st Judy Lee, 2nd Shirley Barnett, 3rd Christine Allen; *Any Relish*—1st Betty Lee, 2nd Becky Hughes, 3rd Carol Pierce; **CANNED FRUITS:** *Apples*—1st Carol Pierce; *Blackberries*—1st Sandy McKinney, 2nd Casey Jones; *Peaches*—1st Chelsea King; *Pears*—1st Carol Pierce, 2nd Trevor Murray, 3rd Regina Jones; **CANNED VEGETABLES:** *Beets*—1st Judy Lee; *Green Beans*—1st Carol Pierce, 2nd Judy Lee, 3rd Trevor Murray; *Kraut*—3rd Diane Strange; *Tomatoes*—1st Carol Pierce; *Tomato Juice*—1st Lisa Branham, 2nd Carol Pierce, 3rd Trevor Murray; *Any Vegetable*—1st Lisa Branham, 2nd Ashley Burns, 3rd Karen DuBois.

Mark your  
calendars



The Cumberland County Homemakers' **Annual County Meeting** has been scheduled for Thursday, **October 23** at Highland Chapel. The theme for this year is a "**Good, Old-Fashion Homemaker Hoe Down**" with a picnic on the grounds. Club members will be asked to bring a covered dish. More information will be available at your club's September meeting.

The **Lake Cumberland Area Homemaker Meeting** will be Tuesday, **October 28** at the Jamestown Christian Church. Deadline to register is **October 14** and the fee is **\$12**. The theme is "**If the shoe fits...**"

**Cheesy Chicken & Rice Casserole** ~ Lee Jean Carver-Hegira Club and found in the *Homemaker Cookbook*

#### Ingredients:

- \* 1 - 10 3/4 oz. can of Cream of Chicken soup
- \* 1 1/3 c. water
- \* 3/4 c. uncooked, long-grain white rice
- \* 2 c. fresh or frozen vegetables

- \* 1/2 tsp. onion powder
- \* 4 skinless, boneless chicken breast halves
- \* 1/2 c. shredded cheddar cheese

#### Directions:

1. Stir the soup, water, rice,

vegetables and onion powder in a 12"x8" shallow baking dish.  
2. Top with chicken—season chicken as desired. Cover.  
3. Bake at 375° for 45 minutes or until done. Top with cheese.  
Yields: 4 servings.