

CUMBERLAND COUNTY EXTENSION HOMEMAKERS NOVEMBER 2008, NEWSLETTER

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NOVEMBER ROLL CALL:

What is your favorite fall activity?

THOUGHT FOR THE MONTH:

“Wisdom and good judgment live together, for wisdom knows where to discover knowledge and understanding.”
Proverbs 8:12

DATES:

Hegira Club: Monday, November 3, Extension Office @ 4:00pm.

Cumberland Valley Manor: Monday, November 10, @ 2:00pm.

Co-Workers: Monday, November 10, Veteran’s Memorial Community Center @ 6:30pm.

Kettle Club: Tuesday, November 11, Nancy Buchanan’s @ 1:00pm.

Station #2: Thursday, November 13, Highland Chapel @ 6:30pm.

Krafty Kritters: Monday, November 17, Jones Chapel @ 5:30pm.

Quilt Guild: Thursday, November 20, Veteran’s Memorial Community Center @ 9:30 am.

Knitting Club: Monday, November 24, Extension Office @ 4:00pm.

Homemaker Hoedown Highlights



Wow!!!! What else can I say about our Annual County Homemaker Meeting? Over 125 people attended the meeting and enjoyed food and entertainment galore. I think it says a lot about our homemakers and the commitment and support from our county. New officers were installed and we certainly welcome them on board. The Lindsey Family was AMAZING!!! Of course, there are not sufficient words to describe the “If I weren’t a homemaker” skit. I am certain that we will be reminded of this for many years to come as pictures begin to circulate. Some asked if I really knew what I was getting into when I accepted this job. As I thought about this (still in cow character), I realized that no I did not know what I was getting into. This is much better than I could ever have imagined. Your dedication and commitment to homemakers and the community is overwhelming. So, if we have to get into firefighter/cowgirl/rapper/flight attendant/farmer character to recruit a few new members....then so be it. **YOU ARE AN AWESOME GROUP!!!** Thank you for the food, time, and efforts in making this years’ meeting a hit. I know that a simple thank you is not enough and it does not express my gratitude for all that you have done. However, it is important to know that Homemakers has prospered as a result of your efforts. Our goal for the past 2 months has been to increase awareness of homemakers and we are certainly doing that.



We would like to welcome our new members to Homemakers!!!

**VICKIE ANDERSON
EFFIE CATRON
MISTY DUBRE
KATHLENE GUFFEY
CAROL LINKS
MARY PERETTO
TERRY STALEY
JENNIFER TALLEY
MAE WALKER
BRANDY WRIGHT**

**MARTHA BARRETT
PATRICIA DAVIDSON
AMANDA ENGLAND
RENATA HENSON
PENNY LONG
JENNIFER PERRY
VICKIE STALEY
GLENDA THURMAN
GLENDA WILLIS**

**GLENDA CARTER
CINDY DOYEN
CATHY FARLEE
JANET HUME
BETTY MORGAN
SHERRI SCOTT
PAM STEPHENSON
DOROTHY TURNER
JUDY WILLIS**

SPECIAL INTEREST NOTES

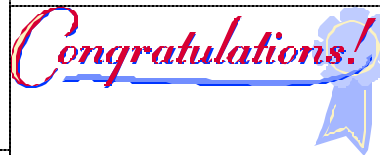
Nutrition Notes:

Colorful fruits and vegetables generally contain more nutrients. Use a variety of colors to make this Thanksgiving a healthy holiday for your family.



Anyone interested in Ovarian Screening (December 9th), please contact Extension Office to be placed on list.

Volunteers are needed for the Bloodmobile on November 13th. Please contact office to volunteer. We appreciate your help!!!!



STATION #2
Club is the winner of the chocolate

fountain party for recruitment of the most new members!

LINDA SPEARS is the winner of the prize package from Kelly's Korner for individual recruitment of new members.

JABEZ QUILT SEMINAR
January 20-24, 2009

Kentucky Leadership Center- 38 classes and workshops offered by 25 quilt teachers from KY, TN, and IN.

Homemaker Week was successful as we were recognized in the local newspaper and on WKYR. I believe that we made great strides in letting the community know who we are. Several people and companies in the community made donations to be given away by the local radio station during Homemaker Week. Thank you to those that made donations and to the public library for letting us place a display in their window. We have grown in membership as a result of your great efforts!!!!

Have a Wonderful Holiday!!!!!!

Deadline for registration:
December 1, 2008
For information and registration form, contact the Extension Office.



Debbie's Corner:

As you count your blessings, consider what or who you are most thankful for this Thanksgiving holiday. If it is a person, take time to express your gratitude to him/her. We are often so busy, that we overlook the importance of doing this. Thanksgiving is the perfect time for it.

REMINDER

Annual dues should be turned into the extension office by December 1st. Please check your records to see if you have paid your dues. Think of all the information and fun you get for just \$7 per year. We do not want you to miss out by failing to pay your dues.

Debbie Messenger, FCS Agent
Cumberland County Extension Service

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Chicken Casserole Thanks to Teresa Schmitz of Krafty Kritters Club

6 chicken breasts
2 boxes Stove Top stuffing
2 cans cream of chicken soup
2 C. mayonnaise
Diced onions

Boil chicken until done and dice. Prepare stuffing according to directions on box. Mix soup, mayonnaise, and onion together. Layer stuffing, chicken, then soup mixture in casserole dish. Bake at 350 degrees for 1 hour.



Disabilities accommodated with prior notification