

# CUMBERLAND COUNTY EXTENSION HOMEMAKERS JUNE 2008 NEWSLETTER

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## JUNE ROLL CALL:

A favorite dish you would like to make for your loved one.

## THOUGHT FOR THE MONTH:

"What sunshine is to flowers, smiles are to humanity. They are trifles, to be sure, but scattered along life's pathway, the good they do is inconceivable."  
— Joseph Addison

## DATES:

**Hegira Club:** Monday, June 2, TBA.

**Kettle Club:** Tuesday, June 3, 12:00 noon for lunch at Dutch Country Restaurant (formerly Crow's Nest) in Celina.

**Co-Workers:** Monday, June 9, at Dale Hollow State Park Lodge. Meet at 5:45 pm at Veteran's Memorial Building.

**Cumberland Valley Manor:** Monday, June 9, 2:00 pm.

**Station #2:** Thursday, June 12, at Bodene's in Glasgow. Will meet at Highland Chapel at 5 pm to carpool.

**Krafty Kritters:** Monday, June 16, at Main Street Diner at 5:30 pm.

**Quilt Guild:** Thursday, June 19, at 9:30, Veteran's Memorial Building

**Knitting Group:** Monday, June 23, 4:00 Extension Office.

## Cumberland County Fairs Well at KEHA State Annual Meeting

The Kentucky Extension Homemakers Association (KEHA) State Meeting was held at the Galt House in Louisville May 12-15. Attending from Cumberland County were Cathy Berry and Laura McLaughlin.

Of the 10 Area winners that advanced to state, 6 were awarded blue ribbons. Taking top honors were Mrs. Robbie Ferguson's "Moonglow" quilt, Mrs. Brenda Wilkinson for her patriotic "Vietnam" themed quilt, Mrs. Ramona Collins for her "House" quilt and Mrs. Juanita Owens for her felted knitted purse. Also receiving blue ribbons were Mrs. Joan Konsavage for her knitted multi-colored sweater which she made for her granddaughter, and Mrs. Carol Pierce for her "Candlestick Tablerunner." Congratulations to these homemakers for jobs well done. Hopefully, next year we can have twice as many entered and bring home twice as many blue ribbons. Next years meeting will be at the Drawbridge Inn in Ft. Mitchell, KY.



*Pictured are the entries that received blue ribbons. The exhibitors were Mrs. Robbie Ferguson, Mrs. Brenda Wilkinson, Mrs. Ramona Collins, Mrs. Juanita Owens, Mrs. Joan Konsavage and Mrs. Carol Pierce.*

## Club Connection

While we are all homemakers, sometimes it is difficult to keep up with all the happenings among the various clubs. So, to help keep everyone in the know, each newsletter will feature a section called **Club Connection** which will highlight one or two of the county's Extension Homemaker Clubs and what activities they have done for the month. In order to do so, however, we ask that you please let either Jeanne or Misty at the Extension Office know what your club would like to share with others.

### Scholarships

The Cumberland County Homemakers were once again able to provide members of CCHS graduating class with scholarships for college. This year, seven scholarships were awarded, each for \$500. The recipients were Rachel Butler,



*Mrs. Cathy Berry of the Kettle Homemakers Club is pictured here with State Homemaker President Linda Kaletch accepting awards for membership and years of service for various clubs in the Lake Cumberland Area.*

Jonathan Collins, Holly Long, Amy Thrasher, Adrienne Turner, Jessi Wheat and Bethany White.

### Monthly Programs

Keep in mind, as usual, there is no planned programs for the months of July and August. They will, however, resume as normal in September. In light of that, we

will probably only create one newsletter for these summer months and mail it in August. You can look forward to county fair news in that issue.

### Station #2 Homemakers

Station #2 will be revealing their secret pals during their June meeting. Members will also draw the new secret pals and elect club



**FOR YOUR INFORMATION:**



**Relay for Life** is June 6 at the Veteran's Park. Please encourage any cancer survivor you know to come out for the first lap and stay for the fun events all night long.



Needlework and Sewing projects for **4-H Project Work Days** are June 4 at CCMS from 8 am to noon. Any volunteers would be greatly appreciated.

Cumberland Co. Extension Agents

**Greg Tompkins,**

Agent for ANR

*Elijah Wilson,*

Agent for 4-H Youth

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*Flag Day*

~ June Holidays ~

*Father's Day*

**The History of Flag Day**

(background information from USFlag.org)

The idea of an annual day specifically celebrating the Flag is believed to have first originated in 1885. BJ Cigrand, a schoolteacher, arranged for the pupils in Fredonia, Wisconsin to observe June 14 (the 108th anniversary of the official adoption of The Stars and Stripes) as "Flag Birthday." Cigrand continued to enthusiastically advocate the observance of June 14 as "Flag Birthday," or "Flag Day."

The idea grew over time until 1916, at which time President Woodrow Wilson was inspired by over three decades of state and local celebrations that Flag Day, the anniversary of the Flag Resolution of 1777. The date was officially established by proclamation on May 30, 1916. While Flag Day was celebrated in various communities for years after Wilson's proclamation, it was not until August 3, 1949, that President Truman signed an Act of Congress designating June 14th of each year as National Flag Day.

So this year, in honor of National Flag Day, please help to celebrate by displaying Old Glory at your home or business. Also, take time to reflect on the sacrifices made on behalf of The Stars and Stripes throughout history and also remember those currently serving .

**Father's Day**

(information from Stockholm.usembassy.gov)

The United States is one of the few countries in the world that has an official day on which fathers are honored by their children. On the third Sunday in June, fathers all across the United States are given presents, treated to dinner or otherwise made to feel special.

The origin of Father's Day is not clear. Some say that it began with a church service in West Virginia in 1908. Others say the first Father's Day ceremony was held in Vancouver, Washington. States and organizations began lobbying Congress to declare an annual Father's Day. In 1916, President Woodrow Wilson approved of this idea, but it was not until 1924 when President Calvin Coolidge made it a national event to "establish more intimate relations between fathers and their children and to impress upon fathers the full measure of their obligations." Since then, fathers had been honored and recognized by their families throughout the country on the third Sunday in June.

June 15 marks the date reserved to honor fathers this year. Express to all the fathers, husbands, grandfathers, brothers and uncles how much they mean to you this Father's Day.



**WAVE YOUR FLAG CHEESECAKE** *Recipe from allrecipes.com*



**Ingredients**

- 1 qt. strawberries, divided
- 1-1/2 c. boiling water
- 2 pkg (4 serving size) JELL-O Brand Strawberry Flavor Gelatin Ice Cubes
- 1 c. cold water
- 1 (10.75 oz.) loaf pound cake, cut into 10 slices
- 1-1/3 c. blueberries, divided
- 2 (8 oz.) pkg. Philadelphia Cream Cheese, softened
- 1/4 c. sugar
- 1 (8 oz.) tub Cool Whip, thawed

**Preparation**

1. Slice 1 cup of the strawberries; set aside. Halve the remaining 3 cups strawberries; set aside. Stir boiling water into dry gelatin

mixes in large bowl at least 2 min. until completely dissolved. Add enough ice to cold water to measure 2 cups. Add to gelatin; stir until ice is completely melted. Refrigerate 5 min. or until gelatin is slightly thickened (consistency of un-beaten egg whites).

2. Meanwhile, line bottom of 13"x9" dish with cake slices. Add sliced strawberries and 1 cup of the blueberries to thickened gelatin; stir gently. Spoon over cake slices. Refrigerate 4 hours or until set.

3. Beat cream cheese and sugar in large bowl with wire whisk

or electric mixer until well blended; gently stir in whipped topping. Spread over gelatin. Arrange strawberry halves on cream cheese mixture to resemble the stripes of a flag. Arrange remaining 1/3 cup blueberries on cream cheese mixture for the stars. Store any leftover dessert in refrigerator.



*Submitted to allrecipes.com by JELL-O*

