



**HAPPY ST. PATRICK'S DAY**

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**Bloodmobile  
scheduled for  
March 12th. As  
always, we will  
need volunteers.  
Thank You in  
advance!**

**Cumberland County Extension Homemakers**

**MARCH 2009**

**INTERNATIONAL DINNER**

I am certain that everyone overheard the comments about how wonderful the food at the International Dinner was. However, I want to say it again: "It was Wonderful!" I never cease to be amazed at the talent that is possessed by our Homemaker members. There were approximately 200 people present and many were first timers. Homemakers made a great impression on the community. I will never get tired of telling you how amazing you are.

**CLUB MEETING DATES**

**Hegira: March 2nd @ 4pm at Extension Office**  
**Kettle: March 3rd @ 1:00pm @ Elaine Rector's**  
**Co-Workers: March 9th @ 6:00pm at Veteran's Building**  
**Station#2: March 12th @ 6:30pm at Highland Chapel**  
**Krafty Kritters: March 16th @ 5:30pm at Jones Chapel**  
**Quilt Guild: March 19th @ 9:30am at Housing Authority**  
**Knitting Club: March 23rd @ 4pm at Extension Office**

# COUNTY CULTURAL ARTS

We had a GREAT showing for our county level cultural arts. First, a big THANK YOU goes out to Laura McLaughlin, Carol Pierce, and Joan Konsavage for the work and dedication they put into making this years event WONDERFUL! Also, I want to thank Becky Cary for her work at the registration table. A simple "Thank You" is not enough for the time and effort that were contributed.

## AND THE WINNERS ARE.....

**Apparel (Novelty):** 1-Laura McLaughlin 2-Patsy Dalton 3-Joan Konsavage  
**Apparel (Appliqued):** 1-Carol Pierce **Beading (Jewelry):** 1-Rochelle Lawhorn 2-Linda Perdue  
**Beading (Miscellaneous):** 1-Rochelle Lawhorn **Counted Cross-Stitch (14 Count & Under)**  
1-Rochelle Lawhorn 2-Becky Cary 3-Laura McLaughlin **Crochet (Yarn):** 1-Vada Kirby 2-Joan  
Konsavage 3-Janice Stalcup **Crochet (Thread):** 1-Joan Konsavage **Doll/Toy Making (Cloth):**  
1-Carol Pierce 2-Laura McLaughlin **Embroidery (Basic Embroidery):** 1-Sandra Morgan 2-Carol  
Pierce 3-Linda Perdue **Embroidery (Crewel):** 1-Agnes Carrithers **Embroidery (Machine  
Embroidery):** 1-Becky Cary **Embroidery (Misc):** 1-Pat Riley 2-Vada Kirby 3-Cathy Berry  
**Holiday Decorations (Spring):** 1-Laura McLaughlin 2-Carol Pierce **Holiday Decorations  
(Summer):** 1-Carol Pierce **Holiday Decorations (Autumn):** 1-Carol Pierce 2-Laura  
McLaughlin 3-Carol Link **Holiday Decorations (Winter):** 1-Carol Link 2-Carol Pierce  
**Needlepoint (Plastic):** 1-Linda Perdue **Painting, Art (Acrylic):** 1-Wanda Thurman **Painting,  
China:** 1-Wanda Thurman **Photography (Black & White):** 1-Misty Dubre 2-Linda Perdue  
**Photography (Color):** 1-Jennifer Flowers 2-Carol Pierce 3-Misty Dubre **Knitting (Hand):** 1-  
Patsy Dalton 2-Linda Perdue 3-Joan Konsavage **Recycled Art (Household):** 1-Carol Pierce  
**Quilts (Hand Pieced/Hand Quilted** 1-Brenda Wilkinson/Jo Bell **Machine Pieced/Machine  
Quilted:** 1-Patsy Dalton 2-Janice Stalcup 3-Betty Lee **Novelty:** 1-Robbie Ferguson **Baby/  
Lap Quilt:** 1-Carol Pierce **Fabric Wall/Door Hanging:** 1-Carol Pierce 2-Becky Cary 3-  
Janice Stalcup **Scrapbooking-Heritage Layout:** 1-Jennifer Flowers **Family Layout:** 1-  
Jennifer Flowers **Misc. Layout:** 1-Jennifer Flowers **Miscellaneous:** 1-Laura McLaughlin-  
floor quilt 2-Pat Riley-Churn Dash Tablecloth 3-Brenda Wilkinson-Pin Cushions **Viewers  
Choice:** Wanda Thurman/Robbie Ferguson



## AREA CULTURAL ARTS

Joan Konsavage, Laura McLaughlin, and I traveled to Adair county for the Area Cultural Arts on Friday, February 27th. Here are the results:

Apparel (Novelty): **2nd Place-Laura McLaughlin** Apparel (Appliqued): **1st Place-Carol Pierce**  
 Beading (Jewelry): **1st Place-Rochelle Lawhorn** Beading (Miscellaneous): **2nd Place-Rochelle Lawhorn**  
 Counted Cross-Stitch (14 count & Under): **2nd Place-Rochelle Lawhorn** Crochet (Yarn): **2nd Place-Vada Kirby**  
 Doll/Toy Making (Cloth): **2nd Place-Carol Pierce** Embroidery (Basic Embroidery): **2nd Place-Sandra Morgan**  
 Embroidery (Crewel): **2nd Place-Agnes Carrithers** Embroidery (Machine Embroidery): **1st Place-Becky Cary**  
 Holiday Decorations (Summer): **1st Place-Carol Pierce** Holiday Decorations (Autumn): **1st Place-Carol Pierce**  
 Painting, China: **2nd Place-Wanda Thomas** Photography (Black & White): **1st Place-Misty Dubre**  
 Knitting (Hand): **3rd Place-Patsy Dalton** Recycled Art (Household): **1st Place-Carol Pierce**  
 Machine Pieced/Machine Quilted: **1st Place-Patsy Dalton** Baby/Lap Quilt: **2nd Place-Carol Pierce**  
 Fabric Wall/Door Hanging: **2nd Place-Carol Pierce** Scrapbooking (Heritage): **2nd Place-Jennifer Flowers**  
 Scrapbooking (Family): **2nd Place-Jennifer Flowers** Scrapbooking (Misc): **2nd Place-Jennifer Flowers**  
 Miscellaneous: **1st Place-Laura McLaughlin**

## Recipe

### *BEST BROCCOLI SALAD*

- 1 large head fresh broccoli
- 1 large head cauliflower
- 2 apples - peeled, cored and chopped
- 1 (11 ounce) can mandarin oranges, drained
- 1/3 cup sunflower seeds
- 1 (16 ounce) bottle Catalina salad dressing



Cut broccoli and cauliflower into small to medium florets; combine with apples and oranges.

Pour enough dressing over ingredients to coat; toss and sprinkle with sunflower seeds. Serve immediately or allow to chill and flavors to blend.

Makes 6 servings.

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## DEBBIE'S CORNER:

**“Tis better by far at the  
rainbows end to find not a  
pot of gold but the heart of  
a friend.”**

**Irish Proverb**



**→ DON'T  
FORGET!**

## 2009 KEHA State Meeting

**DATE: April 20-23, 2009**

**LOCATION: The Drawbridge Inn, Fort  
Mitchell, Kentucky**

**Please contact me if you are interested  
in attending. Registrations must be  
postmarked by April 4th. I will also  
need to know the number of people  
attending in order to make hotel  
reservations.**

## VOLUNTEERS NEEDED.....

Band Boosters will be having a fundraiser on March 21st and have asked for volunteers to make desserts. The fundraiser will consist of a dinner with live Jazz music. They expect approximately 50-60 people. Please let me know if you would be willing to make a dessert.