

# August 2009

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13 <i>First day of school</i>	14	15
16	17 Leader Lesson Training	18	19	20	21	22
23	24	25 Council and Officer Training	26 WOW!	27	28	29
30	31					

## AUGUST 2009

- **August 17:** Leader Lesson Training; 7:00 pm  
"Communicating with Elected Officials"
- **August 25:** County Homemaker Council and Officer Training; 6 pm; Salad Supper
- **August 26:** WOW; Noon

### Green Living Tip:

Use your own reusable bags for shopping.

### Clean Green Idea:

Unless you only run the dishwasher every few days, rinsing dishes before putting them in the dishwasher is an unnecessary step that wastes water. Scrape the dirty dishes, and then load the dishwasher.



# September 2009

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7 <i>Labor Day</i> <b>Office Closed</b>	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 <i>Autumn begins</i>	23 Leader Lesson Training	24	25	26
27	28	29	30	<b>CULTURAL ARTS CAMP - Jabez</b>		

## SEPTEMBER 2009

- **September 23:** Leader Lesson Training; noon "Cooking Under Pressure"

- **September 24-26:** Cultural Arts Camp; Jabez

- **NOTE:** Due to Clark County hosting the Area Homemaker Meeting, there will be **no** WOW in September.

### Green Living Tip:

Avoid purchasing items that can only be used once or for a limited time, such as throw away cleansing pads, non-refillable pens and foil baking pans.

### Clean Green Idea:

When washing dishes by hand, use a sink filled with soap and water rather than washing under running water.



# October 2009

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 BGA Homemaker Meeting	3
4	5	6	7	8 Pumpkin Festival	9	10 Scarecrow Festival and Auction
11 2nd Sunday	12	13	14	15 AARP Driving Class	16	17
18	19 Weight: The Reality Series Program begins	20 Leader Lesson Training	21	22	23	24
25	26	27	28 WOW!	29	30	31 Halloween

## OCTOBER 2009

- **October 2:** Bluegrass Area Homemaker Meeting (Clark County)
- **October 8 & 9:** PUMPKIN FESTIVAL — we *need* muffins!
- **October 10:** Scarecrow Festival and Auction; 11 am—3 pm; Beech Farm Market
- **October 11:** 2nd Sunday: Winchester Traveling Trail; 2-4 pm
- **October 15:** AARP Driving Class 12:00 noon—5:00 pm
- **October 15:** Weight: The Reality Class begins; 12:00 noon (held every Monday through Dec. 7.)
- **October 20:** Leader Lesson Training; 10 am “What is Your Stroke Risk?”
- **October 28:** WOW: “The Power of Pumpkins”; 12:00 noon

### Green Living Tip:

Buy items that you use frequently in bulk, such as cereals.

### Clean Green Idea:

Replace incandescent light bulbs with compact fluorescent light bulbs (CFL). If every household in the U.S. replaced just one light bulb with a CFL, it would prevent enough pollution to equal removing one million cars from the road.



# November 2009

SUN	MON	TUE	WED	THU	FRI	SAT
1 <i>Daylight Savings Time ends</i>	2	3	4	5	6	7
8	9	10	11 <i>Veteran's Day</i>	12	13	14
15 <b>America Recycles Day</b>	16	17	18	19 Leader Lesson Training Homemaker Council meeting	20 Holidays in the Bluegrass	21
22	23	24	25	26 <i>Thanksgiving</i> <div style="border: 1px solid black; padding: 2px; text-align: center;">Office Closed</div>	27	28
29	30					

## NOVEMBER 2009

- **November 19:** Leader Lesson Training; 10 am  
"Money Saving Tips"
- **November 19:** Homemaker Council meeting; 12:00 noon
- **November 20:** Holidays in the Bluegrass; 9 am; Fayette County Extension office
- **NOTE:** Due to the Holidays, **no** WOW! in November and December.

\*\*\* Extension Office will be CLOSED Thursday, 11/26/2009 and Friday, 11/27/2009 to observe Thanksgiving. \*\*\*

### Green Living Tip:

Look for items that are packaged in reusable or recyclable containers.

### Clean Green Idea:

Select the appropriate load size on your washing machine and follow the detergent instructions for the proper measure.



# December 2009

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12 <i>Hanukkah</i>
13	14	15	16	17	18	19
20	21 <i>Winter begins</i>	22	23	24	25 <i>Christmas</i>	26
27	28	29	30	31	Office Closed	
Office Closed						

## DECEMBER 2009

\*\*\* Extension Office will be CLOSED to enjoy the holiday season beginning Thursday, 12/24/09 thru Friday, 01/01/2010. We will reopen Monday, 01/04/2010 \*\*\*

### Green Living Tip:

Use cloth napkins versus disposable.

### Clean Green Idea:

Limit your use of paper products instead use washable dinnerware and cloth napkins.



# January 2010

SUN	MON	TUE	WED	THU	FRI	SAT
					1 New Year's Day Office Closed	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Martin Luther King Day Office Closed	19	20 Leader Lesson Training	21	22	23
24	25	26	27 WOW!	28	29	30
31						

## JANUARY 2010

- **January 20:** Leader Lesson Training; 10 am "Osteoporosis"
- **January 27:** WOW!; Noon

### Green Living Tip:

Use reusable utensils, plates, bowls, and cups..

### Clean Green Idea:

Sort out the trash and recycle whatever you can.



# February 2010

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 <i>Valentine's Day</i>	15 <i>President's Day</i>	16	17	18 Leader Lesson Training Homemaker Council meeting	19	20
21	22	23	24 WOW!	25	26	27
28						

## FEBRUARY 2010

- **February 18:** Leader Lesson Training; 10 am "On Nuts!"
- **February 18:** Homemaker Council meeting; 12:00 noon
- **February 24:** WOW!; Noon

### Green Living Tip:

Donate unwanted items to a local charity.

### Clean Green Idea:

Think before you throw something out. Donate things you no longer use.



# March 2010

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 <i>Daylight Savings Time begins</i>	15	16	17 <i>St. Patrick's Day</i>	18	19	20 <i>Spring begins</i>
21	22	23	24	25	26	27
28	29 Leader Lesson Training	30	31 WOW!			

## MARCH 2010

- **March 29:** Leader Lesson Training; 7 pm "Shoe Savy"
- **March 31:** WOW!; Noon

### Green Living Tip:

Sell unwanted items in a yard sale.

### Clean Green Idea:

Sweep sidewalks and driveways rather than hosing them down.



# April 2010

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 <i>Good Friday</i>	3
4 <i>Easter</i>	5 Homemaker Council meeting	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Leader Lesson Training	20	21	22	23	24
25	26 Cultural Arts Entry Registration	27 County Annual Meeting	28 WOW!	29	30	

## APRIL 2010

- **April 5:** Homemaker Council meeting; 6:00 p.m.
- **April 19:** Leader Lesson Training; 7 pm  
"Food Scapes"
- **April 26:** Cultural Arts Entry Registration
- **April 27:** County Annual Meeting; 6 pm
- **April 28:** WOW!; Noon

### Green Living Tip:

Start a compost pile for food scraps, grass and other yard clippings. It will reduce your amount of garbage.

### Clean Green Idea:

Use a travel mug versus a disposable cup.



# May 2010

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9 <i>Mother's Day</i>	10	11	12	13	14	15
	STATE EXTENSION HOMEMAKER MEETING					
16	17	18	19	20	21	22
23	24	25	26 WOW!	27	28	29
30	31 <i>Memorial Day</i> Office Closed					

## MAY 2010

- **May 10-13:** State Extension Homemaker Meeting  
Hyatt Regency, Lexington  
\*\*Watch for Clark Co. Day!\*\*

- **May 26:** WOW!; Noon

### Green Living Tip:

When replacing appliances, look for those that have an Energy Star rating.

### Clean Green Idea:

Grow your own fruits and vegetables—No room for a garden? Try container gardening.

