

EXTENSION Today

IN CLARK COUNTY

In Clark County we're growing ideas that make a difference in your life, your family, and your community. We have a dedicated staff of trained professionals delivering educational programs in agriculture and natural resources, family and consumer sciences, 4-H youth development, and community and economic development. The Clark County Cooperative Extension Office is your connection to the University of Kentucky and the world.

You'll see some key numbers in this report. But the numbers don't show you the people or the impact of our work. So the rest of this report shows the faces behind some of the numbers.

Lunch and Learn

According to Kentucky Annual Vital Statistics the top five causes of death among Clark County residents are heart disease, cancers, cerebrovascular disease, chronic lung disease and accidents.

Clark County Extension provides a nutrition education lunch program to participants at the Generation Senior Center, East Kentucky Power Cooperative, Freeman Corporation and Sekisui monthly to promote nutritional guidelines to help them make healthy choices to improve their overall health.

Programs have included topics on diabetes, cholesterol, cooking with herbs, organic foods, preparation of low fat foods, using sugar substitutes and much more.

The Clark County Extension Program continues to create opportunities to provide educational programming to help local citizens make healthy choices to improve their overall health.

Master Cattleman Program

The Kentucky Master Cattleman Program was developed to provide a complete overview of the beef cattle business, with a particular emphasis on the cow and calf producer. The ten-session program covers all areas of beef cattle production in considerable detail. Thirty-two Clark County beef producers have completed the Master Cattleman Program and fifteen others are enrolled in the current class.

Environmental Sciences

Many elementary and junior high students are experiencing the importance of wildlife, soils, water, forestry, air and astronomy to our environment through one day or two day environmental camps.

The interactive programs are great tools for wonderful educational break aways from normal classroom functions. The surroundings of nature provide an atmosphere for teamwork, responsibility, living in group settings, and developing life-enduring skills. Students and teachers can relate back to their experiences at environmental camp when reviewing throughout the year.

Many great organizations and volunteers collaborate with the 4-H Youth Development Program to offer such great programs.

see blue.
in the College of Ag



Front Row (left to right): Heather Cassill, Malinda Cooper, Jennifer Howard, Cynthia Carr, Sandy Kennedy
Back Row (left to right): Frank Hicks, Bev Allen, Roy Turley, Lee-Ann Hampton-Robinson

Clark County Extension Service Staff

- Heather Cassill**
4-H Youth Development Agent
- Frank Hicks**
Agriculture & Natural Resources Agent
- Jennifer Howard**
Family & Consumer Sciences Agent
- Roy Turley**
4-H Youth Development Agent
- Lee-Ann Hampton-Robinson**
4-H Program Assistant
- Sandy Kennedy**
EFENP Assistant
- Malinda Cooper**
Administrative Staff Assistant
- Cynthia Carr**
Administrative Staff Assistant
- Bev Allen**
Building Maintenance

**The Clark County
Cooperative Extension Service**
We deliver information, education, solutions.
 For more information, contact us at:
 1400 Fortune Drive
 Winchester, KY 40391-8292
 (859)744-4682
 Fax: (859)744-4698
 www.ca.uky.edu



Front Row (left to right): Darren Henry, Evelyn Ballard, Martha Gaither
Back Row (left to right): John Evans, Randy Todd, John Graybill
Absent from picture: County Judge Henry Branham

Clark County District Board Members

- Randy Todd**
(Chair)
- John Graybill**
(Vice Chair)
- Evelyn Ballard**
(Secretary/Treasurer)
- Martha Gaither**
- John Evans**
- Darren Henry**
- Henry Branham**
(County Judge)

Reaching Out to Clark County



<i>Educational Programs</i>	
Programs presented	750
Total participants	57,013
<i>Educational Contacts</i>	
Clientele visits	57,013
Telephone consultations	7,388
Newsletters distributed	19,664
<i>Volunteer Development</i>	
Volunteers	215
Volunteer hours	1,720
Clientele reached by volunteers	6,880