



Health Rocks!

Summer Day Camp

4-H Health Rocks Day Camp is open to all Campbell County youth ages 9-14. Day Camp is **June 21-23rd** from **9am-2pm** at the **Campbell County Extension Office** located at 3500 Alexandria Pike in Highland Heights, KY. Youth will have fun learning about Health related topics and be able to win really cool prizes! There are a limited amount of spots available for the 4-H Health Rocks Day Camp so drop your form off at the Campbell County Extension Office today to reserve your spot!

Topics include:

- Nutritious snacks
- Healthy Teeth
- Sun Safety
- Exercise and games
- Zumba
- Health Careers
- and so MUCH MORE!



For questions or information contact Sherri Broderick at 859-572-2600 or sherri.broderick@uky.edu

***** Please detach and return this portion by mail or in person no later than Friday, May 28th! *****
Campbell County Cooperative Extension Office, 3500 Alexandria Pike, Highland Heights, KY 41076

Child's Name: _____ Age: _____ Phone Number: _____
 Address: _____
 Emergency Contact: _____ Relationship to child: _____
 Emergency Phone Number: _____
 Does your child have any allergies? If so, please list _____

T-shirt Size: Youth Medium Youth Large Adult Small Adult Medium Adult Large

I understand that first aid will be available at this event, participants are supervised, and if serious injury occurs, medical and/or hospital care will be given. I further understand that I will be notified in case of serious illness or injury, but if it is impossible to contact me, I give my permission for emergency treatment or surgery.

signature of parent or guardian