

REPLY TO:
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March 24, 2011

Calling All Teens!!

Time is approaching for the Kentucky 4-H Teen Conference to be held on the UK Campus for youth who will graduate from the 8th grade by June through age 19.

This program has been designed to help you develop leadership and citizenship skills, inspire you to remain in 4-H and acquaint you with the University of Kentucky!

The date of Kentucky 4-H Teen Conference is Monday, June 13 through Thursday, June 16. Cost is \$150.00 per youth with returning youth who bring a new delegate getting a \$25 credit. Money and registration is due by May 11th. I think you would enjoy attending this conference. Also, if you are registered by May 11th, you will be guaranteed a conference shirt in the size you request.

What will you get to do? First, you will stay on campus, take part in tracks, workshops, college visits plus make many new friends! All registration forms and class/track information are enclosed. Please note that some classes may require lab use. You only need to complete the lab forms if you sign up for something that requires a lab.



Any questions, give me a call.

Lloyd G. Saylor
County Extension Agent for
4-H Youth Development
Butler County

Check Both Sides

Signatures may be required on the back side
of your registration sheets!



4-H TEEN CONFERENCE REGISTRATION (FORM 1)

(PLEASE PROVIDE ALL THE REQUESTED INFORMATION. PLEASE TYPE OR PRINT LEGIBLY)

AGENTS: Please check to see all information is complete and legible. A separate registration should be completed for ALL attendees including agents, volunteers, leaders and youth delegates **(DO NOT SEND INSURANCE INFORMATION, CHAPERONE SHOULD KEEP THESE WHILE AT CONFERENCE)**

| | | |
|---|---|--|
| COUNTY: <input type="text"/> | AGE: <input type="text"/> | GRADE COMPLETED: <input type="text"/> |
| DISTRICT: <input type="text"/> | GENDER: <input type="checkbox"/> Male | RACE: <input type="checkbox"/> Hispanic or Latino |
| FIRST NAME: <input type="text"/> | <input type="checkbox"/> Female | <input type="checkbox"/> non-Hispanic or Latino |
| LAST NAME: <input type="text"/> | CATEGORY: <input type="checkbox"/> Agent | <input type="checkbox"/> White |
| ADDRESS: <input type="text"/> | <input type="checkbox"/> Delegate | <input type="checkbox"/> Black or African American |
| CITY: <input type="text"/> | <input type="checkbox"/> Intern/PA | ETHNICITY: <input type="checkbox"/> Asian |
| STATE: <input type="text"/> | <input type="checkbox"/> Volunteer | <input type="checkbox"/> American Indian or Alaska Native |
| ZIP CODE: <input type="text"/> | | <input type="checkbox"/> Native Hawaiian or Pacific Islander |
| HOME PHONE: <input type="text"/> | T-SHIRT SIZE: | |
| CELL PHONE: <input type="text"/> | Adult Small <input type="checkbox"/> | Adult Large <input type="checkbox"/> |
| (Optional) EMAIL: <input type="text"/> | Adult Medium <input type="checkbox"/> | Adult XXLarge <input type="checkbox"/> |
| | Adult XLarge <input type="checkbox"/> | |

| | |
|--|--|
| 1st NAME PARENT/GUARDIAN: <input type="text"/> | 1st EMERGENCY CONTACT: <input type="text"/> |
| 1st PARENT/GUARDIAN PHONE: <input type="text"/> | 1st EMERGENCY PHONE: <input type="text"/> |
| 2nd NAME PARENT/GUARDIAN: <input type="text"/> | 2nd EMERGENCY CONTACT: <input type="text"/> |
| 2nd PARENT/GUARDIAN PHONE: <input type="text"/> | 2nd EMERGENCY PHONE: <input type="text"/> |

Fashion Revue: Co.Winner Escort Narrator

Escort and/or narrator forms mailed to FR Coordinator?


Did you attend 4-H Teen Summit?

Are you on State Teen Council?

HOUSING

ROOMATE NAME:

ROOMATE COUNTY:

Are there limitations? 

Special Considerations:

TRACKS/ WORKSHOPS

Use letters or numbers for appropriate selections. ALL DELEGATES AND VOLUNTEERS should list different choices for each space provided. Fashion Revue (FR) and Spotlight (SPOT) should mark the appropriate letters in the 1st choice AND make additional choices in case they are not chosen for their primary selection. ALL ADULTS are required to sign up for a track, workshop and a leading/assisting position. All adults failing to make a selection will be assigned by the State 4-H office. Adults are needed as chaperones. Please be responsible and attend all assigned programs.

TRACK CHOICE: (Tuesday and Wednesday morning) Delegates choose ONE TRACK. Delegates should mark all four choice options to insure more opportunities to receive what they want. All Fashion Revue participants (including escorts) should use code FR. Narrator applicants should mark FR for this first choice and list additional choices in case they are not selected.

WORKSHOP CHOICE: Workshop 1 (Tuesday Afternoon) and Workshop 2 (Wednesday Afternoon) SELECT CHOICES FOR BOTH DAYS.

TRACK
(Tuesday & Wednesday Morning)

1st Choice:

2nd Choice:

3rd Choice:

4th Choice:

Leading:

Assisting:

WORKSHOP 1
(Tuesday Afternoon)

1st Choice:

2nd Choice:

3rd Choice:

4th Choice:

Leading:

Assisting:

WORKSHOP 2
(Wednesday Afternoon)

1st Choice:

2nd Choice:

3rd Choice:

4th Choice:

Leading:

Assisting:

Photograph Release: I hereby grant the University of Kentucky and the 4-H Youth Development (through the Agriculture Communications Office - College of Agriculture) and such other person or agencies the University of Kentucky permission to use my photograph for the purpose of marketing 4-H. I agree to hold the University of Kentucky and such other persons or agencies the University of Kentucky may authorize harmless from any liability to others arising from the use of anything I may publish during 4-H Teen Conference. **Check if Yes**

Lab Waiver: In order to deal appropriately with the safety and responsibility concerns of having minors in UK laboratories. Environmental Health and Safety has developed, and appropriate faculty committees have approved, relevant procedures. The intent of these procedures is to encourage safe, responsible research by students, such as high school students involved in supervised special programs, at the University. **Check if Yes**

Parent Waiver: During the Kentucky 4-H Teen Conference, I, the parent, am aware of the risks implied and give my permission for my child to participate in the program. I will not hold the University of Kentucky, the College of Agriculture, The Cooperative Extension Service, the Department of 4-H Youth Development or it's employees liable or responsible for any accidents should they occur. **Check if Yes**

Reviewed Tracks, Workshops, Application: I (we) have read, reviewed and approved all workshops/tracks and leading/assisting positions. I am a 4-H member and assisted on this registration. **Check if Yes**

Parent/Guardian Signature: _____ Date: _____

Delegate Signature: _____ Date: _____

PARTICIPANT INFORMATION

Participant's Name: Last: _____ First: _____ Middle Initial: _____

Address: Street: _____ Apt. #: _____

City: _____ State: _____ Zip Code: _____

Participant's Social Security number: _____ Date of Birth: _____ Age: _____

Business Phone: Mother: _____ Father: _____

Home Phone: Mother: _____ Father: _____

Neighbor or Relative's Name: _____ Phone: _____

PARTICIPANT'S PRIMARY MEDICAL/HEALTH INSURANCE INFORMATION

The personal health insurance of the participant will be the primary coverage used should a medical situation arise during the 4-H activity.

Name of Policy Holder: _____

Policy Number: _____ Member ID #: _____

Insurance Co. Name: _____

Insurance Co. Phone #: _____

A copy of the front and back of all insurance and Rx identification cards is attached

IF PARTICIPANT HAS NO HEALTH COVERAGE, CHECK AND SIGN HERE.

There is no health insurance coverage for this participant at this time.

Signature of Parent: _____

Date: _____

Excess Insurance: Insurance coverage is provided on an **excess** basis only. The participant's personal health insurance policy will be primary and provide coverage for accident and sickness. In the event the participant does not have health insurance this policy will provide coverage for accident and sickness. Pre-existing conditions are not covered.

Summary of Excess Benefits & Limitations

- | | | |
|--|-------------------------------------|----------|
| • Accident Medical Expense (Above Primary Coverage) \$25,000 | • Deductible | \$0 |
| • Accident Dental Expense (Above Primary Coverage) Included | • AD&D and Paralysis, Principal Sum | \$0 |
| • Sickness Medical Expense (Above Primary Coverage) \$500 | • Benefit Period | One Year |

PHOTO USE PERMISSION

I hereby grant the 4-H program, University of Kentucky and their agents, the right to use, reproduce, assign, and/or distribute still pictures, video, and sound recordings of myself or my minor child without compensation for use in promotion/advertising, educational publications or website content which they may create.

Signature of Parent: _____ Date: _____

Important – This box must be complete for attendance*

Parent/Guardian Authorizations: All information provided on the Insurance Form, Health History and Medication Form are correct and complete as far as I know. The person herein described has permission to engage in all event activities except as noted. I hereby give permission to the event designee to provide routine health care, administer prescribed and over the counter medications, and seek emergency medical treatment including ordering x-rays and routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the staff to arrange necessary related transportation for appropriate medical treatment. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the event staff to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.


Signature of parent/guardian/participants over 18 years: _____

Printed Name: _____ Date: _____

MEDICAL INFORMATION (the following information must be provided regardless of insurance coverage)

General Questions

Important! Your child should know how to administer their own dosages!



Delegate's Name: _____ Date: _____

| Has/does the participant: | Yes | No | Yes | No |
|--|-----|-----|---|---------|
| 1. Had any recent injury, illness or infectious disease? | [] | [] | 16. Ever had back problems? | [] [] |
| 2. Have a chronic or recurring illness/condition? | [] | [] | 17. Ever had problems with joints; e.g., knees, ankles? | [] [] |
| 3. Ever been hospitalized? | [] | [] | 18. Have an orthodontic appliance being brought to camp? | [] [] |
| 4. Ever had surgery? | [] | [] | 19. Have any skin problems (e.g., itching, rash, acne)? | [] [] |
| 5. Have frequent headaches? | [] | [] | 20. Have diabetes? | [] [] |
| 6. Ever had a head injury? | [] | [] | 21. Have asthma? | [] [] |
| 7. Ever been knocked unconscious? | [] | [] | 22. Had mononucleosis in the past 12 months? | [] [] |
| 8. Wear glasses, contacts or protective eye wear? | [] | [] | 23. Had problems with diarrhea/constipation? | [] [] |
| 9. Ever had frequent ear infections? | [] | [] | 24. Had problems with sleepwalking? | [] [] |
| 10. Ever passed out during or after exercise? | [] | [] | 25. If female, have an abnormal menstrual history? | [] [] |
| 11. Ever been dizzy during or after exercise? | [] | [] | 26. Have a history of bed-wetting? | [] [] |
| 12. Ever had seizures? | [] | [] | 27. Ever had an eating disorder? | [] [] |
| 13. Ever had chest pain during or after exercise? | [] | [] | 28. Ever had emotional difficulties for which professional help was sought? | [] [] |
| 14. Ever had high blood pressure? | [] | [] | | |
| 15. Ever been diagnosed with a heart murmur? | [] | [] | | |

Please explain any 'yes' answers, noting the number of the questions. _____

Which of the following has the participant had?

Please give all dates of immunization for:

| | Vaccine: | Dates: | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr |
|--|-------------------------|--------|-------|-------|-------|-------|-------|-------|
| <input type="checkbox"/> Measles | DTP | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Chicken Pox | TD (tetanus/diphtheria) | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> German measles | Tetanus | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Mumps | Polio | | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Hepatitis A | MMR | | _____ | _____ | | | | |
| <input type="checkbox"/> Hepatitis B | or Measles | | _____ | _____ | | | | |
| <input type="checkbox"/> Hepatitis C | or Mumps | | _____ | _____ | | | | |
| | or Rubella | | _____ | _____ | | | | |
| TB Mantoux Test | Haemophilus influenza B | | _____ | _____ | _____ | _____ | | |
| Date of last test _____ | Hepatitis B | | _____ | _____ | _____ | | | |
| Result <input type="checkbox"/> Positive <input type="checkbox"/> Negative | Varicella (chicken pox) | | _____ | | | | | |

Health History: The following information should be completed for ALL youth and adults attending this program, event or activity. The intent of this information is to provide health care personnel the background to provide appropriate medical treatment.

Keep a copy of the completed form for your records. Any changes to this form should be provided to health personnel upon participant's arrival. Provide complete information so that the program coordinators can be aware of the participant's needs.

ALLERGIES List all known Medications allergies (list)

Describe reaction and management of the reaction.

Food allergies (list)

Other allergies (list) – include insect stings, hay fever, asthma, animal dander, etc.

Please list any **DIETARY RESTRICTIONS** that apply to participant: _____

KENTUCKY 4-H TEEN CONFERENCE
CODE OF CONDUCT

All participants must be familiar and comply with the following:

1. No alcoholic beverages or drugs will be allowed.
2. 4-H members participating in 4-H Teen Conference are NOT permitted to use tobacco products at any time during the conference. Adults are encouraged to limit their use of tobacco products and only use them in areas away from delegates.
3. 4-H'ers attending must participate in the program to the fullest extent.
4. 4-H'ers must be attentive, respectful, responsive and courteous to all program participants/speakers and respect the rights of others at all times.
5. 4-H'ers must wear name badges at all times.
6. 4-H'ers must handle public property respectfully at all times.
7. No visiting in rooms belonging to the opposite sex at any time.
8. 4-H'ers must attend dorm floor meetings at their specified times each night and be in their rooms at the times scheduled. (If any evening program goes longer than planned, dorm floor meetings will start as close to the specified times as possible.)
9. 4-H'ers may **NOT** order pizza or other foods at night unless approved by an agent/adult leader and that agent/adult leader must coordinate it.
10. All cars driven to Lexington should be parked in legal areas upon arrival and left parked the entire week. The only exceptions will be for those in official capacities who have proper approval. Keys should be turned over to supervising adult(s).
11. There shall be no leaving of campus during the conference except as part of the scheduled program or with proper approval from your agent or leader.
12. There will be no visitation permitted in other dorms and fraternity/sorority houses for any reason.
13. Only full-time participants who are properly registered may take part in 4-H Teen Conference. You may not invite dates or friends to take part in dances/recreation. Those not properly registered who are found to be involved will be asked to immediately leave or else security will be called to deal with them.
14. If a delegate must leave the conference for any part or all of the remaining parts of the program, it is the responsibility of the delegate to notify his/her agent or leader ahead of time. The delegate and/or the agent must notify the floor leader and dean.
15. Please remember that the few elevators in the high rise dorms are for the use of many people, sometimes including people in groups other than 4-H. Please do not push elevator buttons when they are not needed and keep people waiting for them.
16. **Each person is responsible for his/her key to the dorm room. This includes paying the \$30 for any key not turned back in during checkout.**
17. 4-H and the University of Kentucky assume no responsibility for items left in dorm rooms. Each person should very carefully check the room before departing.
18. No fire alarm should be activated in any dorm unless there is a true emergency. No one should jeopardize the lives of anyone including their own by causing false alarms to happen. Anyone caught can be held legally responsible.
19. Anyone caught violating any UK, Lexington, or Kentucky law will be turned over to legal authorities.
20. No laptops are allowed at Teen Conference

Note: The UK police will provide their usual and customary patrols and security during the week.

4-H TEEN CONFERENCE - DRESS CODE
 (reviewed 2/2007)

Note: All tops must cover waist band when arms are raised above your head. Skirt length should be mid-thigh. T-shirts should not display any profanity, sexual innuendos, obscenities, or advertise beer, liquor or tobacco products or have racial/gang overtones. T-Shirts with 4-H logos are recommended. Shirts or blouses should be tucked in at all times (when appropriate to shirt type). Hats (cowboy, baseball caps, visors, bandannas) and Sunglasses should **NOT** be worn inside buildings (guys and girls). This is an educational conference, in which you represent your district and county. Please keep this in mind when selecting your clothing

Casual -

Jeans or khakis (with belt), T-shirts (T-shirts should not display any profanity, sexual innuendos, obscenities, or advertise beer, liquor or tobacco products or have racial/gang overtones. T-Shirts with 4-H logos are recommended), tennis shoes (clean). Does not include cut-offs or worn jeans with holes. Dress shorts should be fingertip length or longer. No spaghetti strap tops or halter tops for females or tank tops for males.

Professional –

Males - dress slacks (with belt) with a shirt and tie or polo shirts, jackets are encouraged, clean dress shoes. Females - dresses, suits with skirts or dress slacks, blouses, clean dress shoes. No denim clothing or tennis/athletic shoes.

Semi-formal -

Males – dress slacks (with belt) with a shirt and tie, Jackets are preferred. Banded collar shirts without a tie are acceptable when worn with a jacket.

Females - dresses from knee to floor length, pants suits appropriate for a prom or similar dress-up activity. This could include a dressy outfit worn to an event at your church, synagogue, or mosque.

| DAY | ACTIVITY | APPROPRIATE DRESS |
|-----------|---|-------------------|
| Monday | ALL DAY (including picnic and assembly) | CASUAL |
| Tuesday | Tracks, Workshops, County Options | CASUAL |
| Tuesday | Evening Assembly | PROFESSIONAL |
| Wednesday | Tracks, Workshops, Voting | CASUAL |
| Wednesday | Fashion Revue, Reception, Closing Dance | SEMI-FORMAL |
| Thursday | ALL DAY | CASUAL |

Any person violating any of the rules/regulations of the Code of Conduct and the Dress Code will be required to meet with the appropriate people for discussion on the next course of action. The action taken may be only to secure the commitment to better meet the rules OR as serious as having the delegate removed from the conference. The breaking of any of the laws of The University of Kentucky, Lexington or Kentucky may involve legal action.

| | |
|-----------------------|-------|
| Signatures of: | |
| Delegate: | Date: |
| Parent/Guardian: | Date: |

(PLEASE NOTE: This signed copy is retained by the county)

C:\Documents and Settings\mmains\My Documents\Teen Conference\2007 Teen Conference\Code of Conduct\TC07_Code of Conduct.doc

Agriculture & Natural Resources • Family & Consumer Sciences • 4-H/Youth Development • Community & Economic Development

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability, or national origin.

MEDICATION FORM

All medication must be in original containers.

Participant's Name _____ County _____

Participant's Age _____ Participant's Weight _____ Room Assignment _____

INSTRUCTIONS: The following **must be completed for each prescription** that is to be taken by your child during this 4-H activity. Please list medication in the order in which they are to be taken. **This includes inhalers.**

| | |
|------------------|--|
| | Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ |
| BREAKFAST | Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ |
| LUNCH | Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ |
| DINNER | Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ |
| BEDTIME | Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ Medication Name: _____ Dosage: _____ # of Pills sent with child _____ Special Instructions: _____ |

PARENT DECLARATION

I, _____ (Parent/Guardian Name), as the parent or legal guardian of _____ (Child's Name), understand that the Emergency Medical Technician or designee of the program will see that my child takes his/her medication as it is prescribed or directed above. In the event that my directions differ from those on the original container, I understand that I must obtain a note from the prescribing physician confirming the directions that should be followed in administering medications to my child. Furthermore, I understand that if there are any questions or concerns, I may be contacted.

Signature _____

Date: _____



PICK-UP/RELEASE FORM

This section must be completed or your child may not be permitted to attend the 4-H Activity.

I, the parent/guardian/foster parent of _____, have read the following statement and I agree to comply.

My child will return from the 4-H activity (*list activity*) _____ at _____ (a.m. or p.m.)

The bus will unload at (*list location*) _____.

I understand that it is my responsibility as parent or guardian to arrange pick-up of my child/children upon their return from the 4-H activity at the above time. There will be no exception to this policy regardless of relationship to the child. I understand that I must inform everyone, approved by on this release, that they must have on their person a current driver license or photo ID before the child will be released into their custody.

IF A CAMPER'S PARENTS ARE SEPARATED OR DIVORCED, UNLESS THE DESIGNATED CAMP OR 4-H PROGRAM PERSONNEL ARE PROVIDED WITH A COPY OF A KENTUCKY COURT ORDER TO THE CONTRARY, BOTH BIOLOGICAL AND ADOPTIVE PARENTS HAVE ACCESS TO THE CAMPER.

FATHER'S NAME: _____ CELL PHONE: _____

HOME PHONE: _____ WORK PHONE: _____

MOTHER'S NAME: _____ CELL PHONE: _____

HOME PHONE: _____ WORK PHONE: _____

If divorced, which parent is assigned custody: _____?

The youth named above has my permission to be picked up by person or persons listed below. I understand my child cannot be picked up from the designated camp or 4-H program by anyone except his/her guardians unless they are on this list.

NAME: _____ RELATIONSHIP _____

NAME: _____ RELATIONSHIP _____

NAME: _____ RELATIONSHIP _____

BY SIGNING THIS, I ACKNOWLEDGE THAT I HAVE READ ALL THE ABOVE INFORMATION RELATED TO PICKING UP MY CHILD WHEN HE/SHE RETURNS FROM THE 4-H ACTIVITY, AND I HAVE INSTRUCTED MY CHILD THAT THEY ARE TO LEAVE WITH NO ONE UNLESS LISTED ABOVE. HE/SHE ALSO HAS BEEN TOLD TO REPORT IMMEDIATELY TO THE AGENT IF THE DESIGNATED PERSON(S) IS/ARE NOT PRESENT AT THE TIME THE CENTRAL DROP OFF IS REACHED.

SIGNATURE _____ **DATE** _____

RELATIONSHIP TO THE CHILD: _____

My child has permission to walk home from the camp or designated 4-H program drop-off site. I understand that this permission may be rescinded due to special conditions (bus arrives after dark, bad weather, etc.), and that I will be contacted if this occurs.

Signature: _____ **Date:** _____

2011 4-H Teen Conference

| Tuesday Workshops | |
|--------------------------|---|
| 1 | Guest Speaker Workshop: Being a Leader: One of the characteristics that employers look for in employees is leadership. What is leadership? Many students have a broad understanding of leadership and a fuzzy perception on how to be a more effective leader. This workshop is about "taking the lead" in leadership. Students work through ins and outs of leadership and learn how they can grab the reins of life and become more proactive and effective in leadership. <i>Brandon Lee White, Keynote Speaker</i> |
| 2 | Football Fever Are you ready for some football?! This workshop is for all interest and skill levels. Prepare to be fully engaged in the sport like never before. You will learn the basics of football: simple plays, basic skills, and how to have fun playing the game. Think you have what it takes? Let's see it then! <i>Justin Thomas, D1</i> |
| 3 \$2 | Acres of Adventure Participate in two of the activities from the "Acres of Adventure" series. You can do these fun agriculture-related activities with younger club members in your county. During this workshop, we will be making Play-Doh and Ice Cream In A Bag! <i>Rebecca Konopka, Felicia Ferrell, D1</i> |
| 4 | Owls, Hawks & Eagles...Oh my! Have you ever wanted to learn about owls, hawks, and eagles? This workshop offers an up close and personal visit with some of the birds cared for by the Letcher County 4-H Raptor Rehab Club. Learn basic facts of each species, how to be a first responder, and enjoy a fun-filled workshop that will have you soaring with the eagles! <i>Jason Brashear, D2, Mitch Whitaker, Raptor Rehabilitation Specialist</i> |
| 5 | Memory Explosion If you would like to document your memories in a crafty picture form, come out and make an "exploding" box that opens up to reveal 12 pictures in scrapbook form. <i>Tonya Tucker, D3</i> |
| 6 | Plastic Lacing Crafts Come and learn or relive this traditional camp craft! Make a bracelet, necklace, keychain and lanyard with fun lacing colors! <i>Sherri Farley, D3</i> |
| 7 | A Minute To Win It With 4-H Come out and beat the clock! Participate in games from the new hit show "Minute to Win It!" (With a small twist!) <i>Kelsey Knight, Kenna Knight D3</i> |
| 8 | Volleyball: Can You Dig It? Everyone needs a little fun in the sun at Teen Conference. During this workshop, you'll experience the true meaning of teamwork, meet new people, and put your skills to the test. Come out and play volleyball! <i>Candrea Johnson, D4</i> |
| 9 \$10 | Dress It Up With Jewelry - Each participant will have the opportunity to complete multiple jewelry projects including necklaces, bracelets, anklets, and/or earrings. <i>Valerie Stewart, Cheyenne Profit, Rachel Hall, D4</i> |
| 10 | Extreme Survival Learn all about the survival rule of 3's. Can you eat bugs like in "Man vs. Wild"? Do you have what it takes to be a survivor in a disaster situation? <i>Steve Musen, Andrew Headrick, D4</i> |
| 11 | Geocaching: A Worldwide Game of Hiding & Seeking Treasure Participants will experience the world's greatest technological treasure hunt using GPS technology. We will be spending most of the class outside walking and seeking our caches. <i>Heather Cassill, D4</i> |
| 12 \$5 | It's The Icing On The Cake Have some fun and eat some sweets, because this class just might be the icing on your week! <i>Anna Carman, Stacie Lawrence, D4</i> |
| 13 | 3-D Drawing Unleash your creative side! Students will have the opportunity to learn the style and technique of three dimensional arts with pen and ink. <i>Seth Hart, D5</i> |
| 14 | Grant Writing 101 Each year MILLIONS of dollars are awarded to organizations in the form of grants. Most people know this money exists, but just don't know how or where to apply. Learn the basics how to apply for grants to fund community service projects. <i>Elijah Wilson, D5</i> |
| 15 | Teen vs. Wild Do you have what it takes to survive in the wilderness or a natural disaster? Learn how to find food, water, shelter, and safety in this fun, fast-paced workshop. Participants will leave with an understanding of dangers in the wilderness, wild edibles, and basic navigation skills. <i>Danielle Hutchins, D5</i> |

2011 4-H Teen Conference

| | |
|-----------|---|
| 16 \$4 | 4-H Pin-Up Boards Decorate your own personal pin-up/dry erase board. Decorate with markers or foam accessories! <i>Gary Druin, D6</i> |
| 17 | Beginning Zumba Ditch the workout. Join the party! Zumba is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness program! We will learn the basic moves of Zumba and how to incorporate the moves into a workout session. <i>Susan Turner, D6</i> |
| 18 | Win It In A Minute! Can you complete this 4-H challenge and prove you've got what it takes to "Win it in a Minute"? Participants must accomplish various tasks within 60 seconds. This workshop will feature non-stop action based on the hit show. <i>Wade Raymer, D6</i> |
| 19 \$8 | Make A Leather Belt With Buckle Participants will make a leather belt with buckle. You will design, stamp, dye, punch holes, size, and finish your own belt! <i>Janet Turley, D6 & Steve Peyton, Tandy Leather</i> |
| 20 \$5 | Crochet 101 4-Hers will learn basic crochet techniques and will complete their very own dish towel! <i>Sheena Thomas-Brown, Jill Haney, D7</i> |
| 21 | Tailgate Party C-A-T-S! Even if UK isn't your favorite team, come out and enjoy our fun and tasty tailgate party! We'll cook up some snacks, listen to music, play cornhole, pass football, hang out, and most of all: Have fun! Please wear your favorite team's t-shirt to show your spirit! <i>Jessica Mullins, Jennifer Boykin D2 & D4</i> |
| 22 | CSI Biotechnology Participate in lab experiments to solve a crime scene mystery. Learn about DNA science and biotechnology techniques in a research lab setting. Discover how this exciting new area of science is providing solutions to real world problems! Research Scientist <i>Scott Serdoz, Professor David Hildebrand, State</i> |
| 23 | Centering on ME: Strategies For Relieving Stress Are you STRESSED? Do you need some tips on how to RELAX? Stretching and breathing exercises are an important component to physical activity. Participants will participate in stretching and breathing techniques that are sure to help you relax and de-stress! <i>Deana Reed, State</i> |
| 24 | Walk A Mile In My Shoes: An Age Simulation Aging is a part of life--in fact, it is a lifelong process. Everyone has a slightly different perspective on what it means to be 8, 18, or 80! With vision impairment goggles, ear plugs, walkers and other devices that will temporarily impair your senses, you will experience activities of daily living. In addition to the simulation, we will discuss stereotypes, fears, health, nursing homes, and generational differences. <i>Amy Hosier, Family Sciences Department</i> |
| 25 | True Grit What do Wyatt Earp, Doc Holiday, Geronimo, Sacajawea, and Will Rogers have in common? The West! Explore how the Wild West can tame a heart and toughen a man, teach us how to talk less and say more. Listen while the spirits of American Indians tell their story of survival and culture. From the Badlands of South Dakota to the geysers of Yellowstone, you will get the true grit of the American West. <i>TC Loughery, Chris Tyson, D7</i> |
| 26 \$2 | What Are You Wearing...Duct Tape? Making accessories from duct tape can be challenging and fun! Get creative with this class and make fashionable wallets, clutches, bracelets, and more! <i>Gerri Ann Bentley, Corbin Bentley, D1</i> |
| 27 | Paper Crafts 101 Turn an ordinary piece of paper into a work of art. Learn new tips, tricks, and techniques to make creative greeting cards for family and friends. <i>Lora Stewart, D3</i> |
| 28 | Pick-Up Basketball A game of basketball is a great opportunity to build teamwork and leadership skills, while exercising and having fun in the process! Please wear some form of athletic shoe. <i>Mike Meyer, D4</i> |
| 29 | Cupcake Wars Are you a fan of Food Network's "Cupcake Wars"? Your challenge is to bake and decorate cupcakes in teams of two or three. There will be a specific design challenge announced the day of the workshop. Win or lose, you get to eat your creation at the end! <i>Rebecca Hill, Marla Stillwell, D5</i> |

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| 30 | You Are What You Eat What you eat affects everything about you: how you feel, how you look, how you play sports, and even how you do in school! You'll discover what eating right really means and how to make it work for you. Dietitians <i>Karen McNeese & Helen Moseley,</i> |
| 31 | Fun Photo Blocks This scrapbooking idea is fun, easy and one that you can display from now on. Bring a 4x6" photo of something you would like to display. We will be using decoupage to permanently place the photo on either tile or wooden block. <i>Natasha Lucas, D2</i> |
| 32 | Rag Top Weaved Stool Over, under, over, under...Many of us have done weaving projects when we were in grade school. This project takes weaving to the next level. We will take bright, colorful material and weave on a wooden stool frame. Your finished rag top weaved stool will wow all your friends! <i>Kenna Knight, Kaye Johning, D3</i> |
| 33 | Success: Being The Best Officer Candidate You Can Be! Go for the gold! Get the best preparation possible to be the best officer candidate you can be. Find out what it takes to be a great officer. <i>Caroline Applegate, D1</i> |
| 34 | From Plastics To Projects Turn plastic grocery bags into fun projects by single crocheting. This class is for both girls and guys! Participants will learn how to turn this into a community service project. <i>Janet Turley, D6</i> |
| 35 | Soil Testing Basics Overview of the basics of soil testing for agricultural and home owner use. Each participant will have the opportunity to take a soil sample. Participants will also take a tour of the UK Soil Testing Laboratory! <i>Daniel Wilson, D2</i> |
| 36 | Using Teamwork To Reach A Common Goal Come play with Tinker Toys, marbles and more, while learning the importance of teamwork! These ideas can be taken back to your county to enliven your county program or retreats for minimal cost. You will be sharing you own teamwork ideas. If possible, bring a list for other participants to take home. <i>Kathy Junker, D1</i> |
| 37 | Moose Moose & Ultimate Hopscotch Moose Moose is a fun and goofy group game for all ages, and Ultimate Hopscotch is a wacky mix between the playground favorite and a life-sized board game. To see both of these activities in action, check out www.youtube.com/pikecounty4h <i>Courtney Brock</i> |
| 38 | How You Can Be A STAR Stop, Take Action, React to Issues! The Marshall County STAR Team challenges you to take on substance abuse in your community. You will learn about alcohol, tobacco, and legal/illegal drug abuse prevention education being conducted by Marshall County 4-H teens. Take away from this workshop ideas on how to implement a "Ghost Out", be part of a Reality Store, concepts for skits, and relieve some stress! <i>Lena Mallory, D7</i> |
| 39 | You Be The Chef! You will have one hour and 30 minutes to work with your team of chefs to create a nutritious entrée or snack using provided ingredients and supplemental nutritional information. But the fun doesn't stop there! You and your chef panel must "sell" your product by composing a 30 second commercial and enjoy the excitement of being caught on film! <i>Shannon Farrell, D1</i> |
| 40 | Prepare For Success Would you love to be earning some extra money? The idea of job hunting can seem overwhelming. Gain ideas and self-confidence as we examine how to determine your interests, skills, understanding of what employers want (or don't want), filling out a job application and interview preparation. This workshop will prepare you for those first steps towards being an adult whether you are work or college bound after high school. <i>Jeanne Davis, Gary Druin, State, D6</i> |
| 41 | Dive Into Your Future Come and learn about the types of careers available in the scuba diving industry. You will also have the opportunity to see and maybe even try one some of the equipment! <i>Bonnie Baker, D7</i> |
| 42 | Money Matters Do you want to be self-sufficient someday? Attend this workshop and learn how you can begin building your wealth as a teenager. You will learn how to be smart with your money and master better spending and saving habits. You will also learn about pitfalls and how to avoid them when it comes to money management. <i>Gary Druin, D6 & Katie Keith, Extension Associate for Family Finances</i> |
| 43 | 4-H Wipeout! Do you watch ABC's hit show WIPEOUT? Come cool off outdoors with fun water games and battle each other! <i>Samantha Jeffries, D3</i> |

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| 44 | <p>T-Shirt Makeover Challenge Turning your old t-shirts into flattering new garments is inexpensive, resourceful, and easier than you think. This workshop will show you the basics, add your own creativity with embellishments, and show it off on the runway! That's right; those wishing to model their creation will be given the opportunity to be a part of the Fashion Revue on Wednesday evening. Think of it like a "Project Runway" on the Green Carpet. Practice for the Fashion Revue will be during Wednesday workshops. Please check your registration to indicate your choice if you plan to model your t-shirt. Those that model will compete for the top t-shirt design award! <i>Marjorie Baker, Sharon Flynt, State, D4</i></p> |
| 45 | <p>World of Waffles Are you a fan of this delicious morning breakfast treat? Then this class is for you. You will learn more about waffles, their nutritional value and how to prepare them. Participants will then have the opportunity to try their hand at making a Brownie Waffle Sundae! Come prepared to have fun and eat! <i>Hannah Yount, D2</i></p> |
| 46 | <p>Cupcake Craze Do you envy the cupcake decorating skills showcased on "Cupcake Wars"? Join us in this class and learn to make and decorate your own amazing treats. In just over an hour, you can become a cupcake artist and leave with some of your very own edible creations! <i>Lisa Adams, Lois Carter, D5</i></p> |
| 47 | <p>Button Bling Large rings are all the rage. Using wire and buttons, make a "statement" ring that will be the envy of all of your friends. <i>Roberta Hunt, D5</i></p> |
| 48 | <p>Fit to be "Tied" Bring your own t-shirt and have fun creating a tie-dye design. White t-shirts work best. <i>Roberta Hunt, Anna Clements, D5</i></p> |
| 49 | <p>Tie Dye Fun This workshop is to DYE for! Come out and unleash your creativity with colorful designs in tie-dye. Bring a 100% cotton t-shirt to design. <i>Brooke Jenkins-Howard & Sarah Talbott, D2 & D4</i></p> |
| 50 | <p>Fashion Revue <i>This is part of the Fashion Review series and must be taken with Track-FR and Workshop # 98. Only qualified FR participants, narrators, and escorts should take this workshop.</i></p> |

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| Wednesday Workshops | |
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| 51 | Football Fever Are you ready for some football?! This workshop is for all interest and skill levels. Prepare to be fully engages in the sport like never before. You will learn the basics of football: simple plays, basic skills, and how to have fun playing the game. Think you have what it takes? Let's see it then! <i>Justin Thomas, D1</i> |
| 52 \$2 | Acres of Adventure Participate in two of the activities from the "Acres of Adventure" series. You can do these fun agriculture-related activities with younger club members in your county. During this workshop, we will be making Play-Doh and Ice Cream In A Bag! <i>Rebecca Konopka, Felicia Ferrell, D1</i> |
| 53 | Owls, Hawks & Eagles...Oh my! Have you ever wanted to learn about owls, hawks, and eagles? This workshop offers an up close and personal visit with some of the birds cared for by the Letcher County 4-H Raptor Rehab Club. Learn basic facts of each species, how to be a first responder, and enjoy a fun-filled workshop that will have you soaring with the eagles! <i>Jason Brashear, D2, Mitch Whitaker, Raptor Rehabilitation Specialist</i> |
| 54 | Foot Reflexology Learn to relieve stress by engaging in a relaxing foot reflexology session. The zone therapy for your feet! <i>Sherri Farley & Janet Samples, D3</i> |
| 55 | Make A Fruity Bouquet Using delicious fruits, you will make your own edible bouquet! These make wonderful centerpieces and thoughtful gifts! <i>Sherri Broderick, D3</i> |
| 56 | Beautiful Bento Boxes Popular for many years in Japan, a bento box is more than just a lunch. Simple foods like rice, eggs, fruits, and vegetables are cut and shaped to make an edible work of art! <i>Martha Yount, D2</i> |
| 57 \$6 | Memory Explosion If you would like to document your memories in a crafty picture form, come out and make an "exploding" box that opens up to reveal 12 pictures in scrapbook form. <i>Tonya Tucker, Sheila Young, D3</i> |
| 58 | Volleyball: Can You Dig It? Everyone needs a little fun in the sun at Teen Conference. During this workshop, you'll experience the true meaning of teamwork, meet new people, and put your skills to the test. Come out and play volleyball! <i>Candrea Johnson, D4</i> |
| 59 | Glass Bead Jewelry Each participant will have the opportunity to complete multiple jewelry projects including necklaces, bracelets, anklets, and/or earrings. <i>Valerie Stewart, D4</i> |
| 60 \$10 | Extreme Survival: Be A Survivor Learn all about the survival rule of 3's. Can you eat bugs like in "Man vs. Wild"? Do you have what it takes to be a survivor in a disaster situation? <i>Steve Musen, Andrew Headrick, D4</i> |
| 61 | Training For Your First 5K And Beyond The 5K Race: you may have felt this was an unreachable goal in the past, but this workshop will prove that you can do it! We'll discuss and demonstrate the importance of cross-training, hydration, and eating to fuel your activity. Sample some nutritious pre and post-run snacks! After this workshop, you'll be on your way to the finish |
| 62 | Warm Fuzzies Service Project Learn about a simple service project that you can easily do in your county. Make a "Warm Fuzzy" fleece blanket for a Cancer patient receiving chemotherapy at the Markey Cancer Center. <i>Lois Carter, Lisa Adams, D4</i> |
| 63 | 3-D Drawing Unleash your creative side! Students will have the opportunity to learn the style and technique of three dimensional arts with pen and ink. <i>Seth Hart, D5</i> |
| 64 | Grant Writing 101 Each year MILLIONS of dollars are awarded to organizations in the form of grants. Most people know this money exists, but just don't know how or where to apply. Learn the basics how to apply for grants to fund community service projects. <i>Elijah Wilson, D5</i> |
| 65 | 4-H Pin-Up Boards Decorate your own personal pin-up/dry erase board. Decorate with markers or foam accessories! <i>Gary Druin, D6</i> |
| 66 \$3 | Beginning Zumba Ditch the workout. Join the party! Zumba is an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness program! We will learn the basic moves of Zumba and how to incorporate the moves into a workout session. <i>Susan Turner, D6</i> |

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| 67 \$4 | Win It In A Minute! Can you complete this 4-H challenge and prove you've got what it takes to "Win it in a Minute"? Participants must accomplish various tasks within 60 seconds. This workshop will feature non-stop action based on the hit show. <i>Wade Raymer, D6</i> |
| 68 | Designs In Leather Participants will design and complete 2 projects made of leather using the following methods: stamping, dyeing, Conchos, brads, and crystal rivets. You can make key chains, wrist bands, and more! <i>Janet Turley, D6 & Steve Peyton, Tandy Leather</i> |
| 69 | Discover Your True Colors Are you Gold, Orange, Green, or Blue? Come and learn the true color of your personality. You will also learn a great deal about others: the things that make people tick and the things that tick them off. Learn how to better relate to other personality styles and what you can count on from other personality colors. <i>Stacey Ramming Potts, Gary Druin, D6</i> |
| 70 \$5 | Crochet 101 4-Hers will learn basic crochet techniques and will complete their very own dish towel! <i>Sheena Thomas-Brown & Jill Haney, D7</i> |
| 71 | How You Can Be A STAR Stop, Take Action, React to Issues! The Marshall County STAR Team challenges you to take on substance abuse in your community. You will learn about alcohol, tobacco, and legal/illegal drug abuse prevention education being conducted by Marshall County 4-H teens. Take away from this workshop ideas on how to implement a "Ghost Out", be part of a Reality Store, concepts for skits, and relieve some stress! <i>Lena Mallory, D7</i> |
| 72 | Tailgate Party C-A-T-S! Even if UK isn't your favorite team, come out and enjoy our fun and tasty tailgate party! We'll cook up some snacks, listen to music, play cornhole, pass football, hang out, and most of all: Have fun! Please wear your favorite team's t-shirt to show your spirit! <i>Jessica Mullins, Jennifer Boykin, 2 & 4</i> |
| 73 | CSI Biotechnology Participate in lab experiments to solve a crime scene mystery. Learn about DNA science and biotechnology techniques in a research lab setting. Discover how this exciting new area of science is providing solutions to real world problems! <i>Scott Serdoz, Research Scientist & Professor David Hildebrand, State</i> |
| 74 | Centering on ME: Strategies For Relieving Stress Are you STRESSED? Do you need some tips on how to RELAX? Stretching and breathing exercises are an important component to physical activity. Participants will participate in stretching and breathing techniques that are sure to help you relax and de-stress! <i>Deana Reed, State</i> |
| 75 | Manure Madness In Mayberry The piggies are coming to Mayberry, Kentucky and the locals are squealing something fierce! This workshop is for all you future senators, news reporters, farm leaders, lobbyists, and community activists to learn how country and city folk have to interact in today's farming world. We'll bicker, banter, and beat each other up in this fast-paced, role-playing rumpus, while learning why soybean farmers should care about livestock. Okay, just come for the free t-shirt. <i>Brent Burchett, Kentucky Soybean Board</i> |
| 76 | Do You Have What It Takes? How To Prepare Yourself For 4-H Camp Staff Participants will learn about the hiring process, being a positive role model, teamwork, camp living conditions and a day's work, expectations of a staff member, making the transition from teen leader to camp staff and much more! <i>Donna Fox, Dan Boggs, State</i> |
| 77 | Cupcake Wars Do you envy the cupcake decorating skills showcased on "Cupcake Wars"? Join us in this class and learn to make and decorate your own amazing treats. In just over an hour, you can become a cupcake artist and leave with some of your very own edible creations! <i>Karen Ellis, D6</i> |
| 78 | True Grit What do Wyatt Earp, Doc Holiday, Geronimo, Sacajawea, and Will Rogers have in common? The West! Explore how the Wild West can tame a heart and toughen a man, teach us how to talk less and say more. Listen while the spirits of American Indians tell their story of survival and culture. From the Badlands of South Dakota to the geysers of Yellowstone, you will get the true grit of the American West. <i>TC Loughery, Chris Tyson, D7</i> |
| 79 \$3 | What Are You Wearing...Duct Tape? Making accessories from duct tape can be challenging and fun! Get creative with this class and make fashionable wallets, clutches, bracelets, and more! <i>Gerri Ann Bentley, Corbin Bentley, D1</i> |
| 80 | Paper Crafts 101 Turn an ordinary piece of paper into a work of art. Learn new tips, tricks, and techniques to make creative greeting cards for family and friends. <i>Lora Stewart, D3</i> |

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| 81 \$2 | Let's Take This Outside The great outdoors can be the perfect meeting space! Learn how to use outside space in a safe way that can make meetings more fun and meaningful. <i>Danielle Hutchins, D5</i> |
| 82 | Pick-Up Basketball A game of basketball is a great opportunity to build teamwork and leadership skills, while exercising and having fun in the process! Please wear some form of athletic shoe. <i>Mike Meyer, D4</i> |
| 83 | Cupcake Wars Are you a fan of Food Network's "Cupcake Wars"? Your challenge is to bake and decorate cupcakes in teams of two or three. There will be a specific design challenge announced the day of the workshop. Win or lose, you get to eat your creation at the end! <i>Rebecca Hill, Marla Stillwell, D5</i> |
| 84 | You Are What You Eat What you eat affects everything about you: how you feel, how you look, how you play sports, and even how you do in school! You'll discover what eating right really means and how to make it work for you. Dietitians <i>Karen McNees & Helen Moseley, State</i> |
| 85 | Success: Being The Best Officer Candidate You Can Be! Go for the gold! Get the best preparation possible to be the best officer candidate you can be. Find out what it takes to be a great officer. <i>Caroline Applegate, D1</i> |
| 86 | Perception Checking In this short session, we will play games to experience a variety of things that affect our perception of the world around us. <i>Deloris Foxworth, D4</i> |
| 87 | From Plastics To Projects Turn plastic grocery bags into fun projects by single crocheting. This class is for both girls and guys! Participants will learn how to turn this into a community service project. <i>Janet Turley, D6</i> |
| 88 | Using Teamwork To Reach A Common Goal Come play with Tinker Toys, marbles and more, while learning the importance of teamwork! These ideas can be taken back to your county to enliven your county program or retreats for minimal cost. You will be sharing you own teamwork ideas. If possible, bring a list for other participants to take home. <i>Kathy</i> |
| 89 | You Be The Chef! You will have one hour and 30 minutes to work with your team of chefs to create a nutritious entrée or snack using provided ingredients and supplemental nutritional information. But the fun doesn't stop there! You and your chef panel must "sell" your product by composing a 30 second commercial and enjoy the excitement of being caught on film! <i>Shannon Farrell, D1</i> |
| 90 | Prepare For Success Would you love to be earning some extra money? The idea of job hunting can seem overwhelming. Gain ideas and self-confidence as we examine how to determine your interests, skills, understanding of what employers want (or don't want), filling out a job application and interview preparation. This workshop will prepare you for those first steps towards being an adult whether you are work or college bound after high school. <i>Jeanne Davis, Gary Druin, State, D6</i> |
| 91 | Dive Into Your Future Come and learn about the types of careers available in the scuba diving industry. You will also have the opportunity to see and maybe even try one some of the equipment! <i>Bonnie Baker, D7</i> |
| 92 | Money Matters Do you want to be self-sufficient someday? Attend this workshop and learn how you can begin building your wealth as a teenager. You will learn how to be smart with your money and master better spending and saving habits. You will also learn about pitfalls and how to avoid them when it comes to money management. <i>Gary Druin, D6 & Katie Keith, Extension Associate For Family Finance</i> |
| 93 | 4-H Wipeout! Do you watch ABC's hit show WIPEOUT? Come cool off outdoors with fun water games and battle each other! <i>Samantha Jeffries, D3</i> |
| 94 | T-Shirt Makeover Challenge T-Shirt Makeover Challenge Practice for the Green Carpet (must be registered for the Tuesday afternoon workshop). This is part of a two day series and must be taken with workshop # 44 on Tuesday. <i>Marjorie Baker, Sharon Flynt, State, D4</i> |
| 95 | World of Waffles Are you a fan of this delicious morning breakfast treat? Then this class is for you. You will learn more about waffles, their nutritional value and how to prepare them. Participants will then have the opportunity to try their hand at making a Brownie Waffle Sundae! Come prepared to have fun and eat! <i>Hannah Yount, D2</i> |
| 96 | Fit to be Tied Bring your own t-shirt and have fun creating a tie-dye design. White t-shirts work best. <i>Roberta Hunt, Anna Clements, D5</i> |

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| 97 | Moose Moose & Ultimate Hopscotch Moose Moose is a fun and goofy group game for all ages, and Ultimate Hopscotch is a wacky mix between the playground favorite and a life-sized board game. To see both of these activities in action, check out www.youtube.com/pikecounty4h <i>Courtney Brock, D1</i> |
| 98 | Fashion Revue This is part of the Fashion Review series and must be taken with Track-FR and Workshop # 50. Only qualifies FR participants, narrators, and escorts should take this workshop. |
| 99 | Finger Weaving Exercise your creativity and skill as you learn how to make simple weavings using nothing but yarn and your hands. Participants will be able to make a scarf or similar project. <i>Verlene Neace, D2</i> |

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| Tracks | |
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| A | Rockets Away It's not rocket science...well, actually it is! Learn about rocketry while building a 2 Liter Bottle Rocket! Wear weather appropriate attire, as we will be outdoors! <i>Chris Simeral, D1</i> |
| B | This is for the Birds...or is it? Have you ever wanted to compete in the KY State Fair? Do you love to farm or just "eggsplore" something new? Learn how to judge live chickens, carcasses, and eggs using the standards from the State Fair Poultry Judging contest! Find out what the Avian Bowl is all about and compete with your 'peeps'! <i>Caryn McCreary, Joshua Robinett, Kaitlin LeMaster, D1</i> |
| C | The Future is Yours Teens will participate in games and activities to learn leadership skills. They will also tour a local Lexington TV station to learn teamwork, communication, and trust. <i>Sherrill Bentley, Charles Comer, D1</i> |
| D | Teach Me How to Dougie - Learn how to Dougie, Stanky Leg, Ricky Bobby, Single Ladies, Krump, etc.! You can even show off your own moves in a dance battle! <i>Rebecca Sharp, Dakota Yates, Susan Brock, D2</i> |
| E | Games for Teaching and Teamwork This track will give you ideas about how to adapt children's games into useful tools for club meetings, teen events, and other activities. Be prepared to play, learn, and have fun! <i>Sherri Farley, D3</i> |
| F | Develop Your Personal Leadership Style Discover your personal leadership style in a fun and informal way. You will learn to play on your strengths and address your leadership weaknesses. You'll also discover what kind of team player you are in small group settings. Prepare to move out of your comfort zone and stretch your abilities throughout this workshop. <i>Cathy Toole, Mollie Tichenor, D3</i> |
| G \$4 | Trashy Chic Participants will make their own custom jewelry using found items like buttons, bottle caps, wire ends, and other trashy finds! If you have a few small items you think will work in your jewelry creations, bring them with you to this fun and creative track! <i>Miranda Shearer, D4</i> |
| H \$12 | I'm Not Crazy—I'm Just Not You! Every person is unique! Find out which one of 16 personality types you belong to. Knowing and appreciating those with different personalities--in your family, your circle of friends, and your co-workers--can make you a better communicator, leader, and a better friend! <i>Kim Ragland, D4</i> |
| I \$5 | Fashion 101: What NOT To Wear Discover how fashion can be affordable! Find out your "body type", learn new ways to turn "junk" into something fabulous, and hear from local fashion professionals on the latest trends. <i>Marisa Aull, D4</i> |
| J \$10 | Pamper Yourself With Homemade Spa Products Learn to make your own spa products! We will make lotion bars, lip balm, body scrub, and much more! These items will be great to use yourself or give as a gift! \$10 <i>Cathy Weaver, D4</i> |
| K | A Minute To Win It: 4-H Edition Experience the excitement of beating the clock! Can you complete this 4-H challenge and prove you've got what it takes to "Win it in a Minute"? Participants must accomplish various tasks within 60 seconds. This workshop will feature non-stop action based on the hit show. <i>Gary Druin, Wade Raymer, D6</i> |
| L | 4-H Aerospace Exploration This track will explore 4-H Aerospace. We will utilize classroom activities, a flight simulator, and outdoor activities to explore aerospace and aviation opportunities for 4-Hers and young adults. We will learn about the beginnings and principles of flight and conduct experiments in the 4 Forces of flight. (Possible tour of the KY Aviation Museum) <i>Lloyd Saylor, Gary Michael Templeman D6</i> |
| M \$10 | Make It In Leather Participants will learn how to use basic tools to design leather, dying and coloring, and construction techniques like setting rivets. Participants will make a key chain, ID case, and cell phone case! We will also discuss possible careers involving leather goods. <i>Janet Turley, D7 & Steve Peyton, Tandy Leather</i> |
| N \$15 | Teens With Blue Ribbon Class In today's job market, every little edge is helpful! Teens will learn proper interviewing skills, how to dress for interviews, and proper etiquette for dining with the potential boss. On the last day, you will take part in a formal dining experience. <i>Sheena Thomas-Brown, Janeen Tramble, D7</i> |
| O | Lights, Camera, Action! Take a look behind the scenes and find out: How are movies made? How did they do that? This track will show you what it's really like behind the lens of a video camera and let you in on a few secrets used in the movie industry. <i>Robert Tashjian, D7 & Cynthia Warner, KET</i> |

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| P | Ultimate Frisbee This class is for those who want to learn and play the game of Ultimate Frisbee! We will give a brief explanation of the game and the rest of the time will be game play. Come out and bring your running shoes! Be ready for some friendly competition! <i>Scott Darst, Kindra Ewing Jones, D4, D5</i> |
| Q | Rugby 101 You've seen it on TV. Now find out all about this international sporting phenomenon that's sweeping the country...RUGBY! Already one of the most popular sports worldwide, here's your chance to meet a few members of the UK Rugby team, learn the basic rules and play a few "touch" scrimmage games. <i>John Mains, State</i> |
| R | Drive The "Cash Cab" on the Road to Million\$ You'll be rollin' in the Cash Cab while you learn about your dolla' billz! Check out some of the pit stops along your road trip: "Save Now, Party Later", "Money Monster", "Deal or No Deal"! The two days will be filled with games, activities, and prize drawings throughout your road trip! <i>Cindy Block, UK Federal Credit Union</i> |
| S | We Are Not Kidding--Learn To Care For Your Goat From Head To Tail! Keeping meat and dairy goats can be both pleasurable and profitable. This becomes more of a reality when basic care and management skills are learned. The 4-Her will learn about basic nutrition, safeguarding their goat's health, various breeding techniques, and conducting an overall body condition assessment. You will have the opportunity to work with live goats! <i>Terry Hutchens, Extension Goat Specialist</i> |
| T | Cows, Blood, Guts & Technology Take a closer look into the science of caring for production dairy animals. See what goes on inside a cow's rumen and reproductive tract. Also look at the new technologies being used in today's dairy industry. Do you know how many steps a cow takes in a day? <i>Larissa Tucker, Extension Associate for Dairy Sciences</i> |
| U | CSI: A Biotechnology Mystery Participate in lab experiments to solve a crime scene mystery. Learn about DNA science and biotechnology techniques in a research lab setting. Discover how this exciting new area of science is providing solutions to real world problems! <i>Scott Kinison, Keith Allen, Plant and Soil Sciences</i> |
| V | ABC's: Activities, Baking & Creativity In this interactive class, we'll bake and quake to your favorite tunes. Learn the science behind the art of baking bread. Learn the benefits of whole grains for better health while impressing your friends with cool dough animals and other shapes! <i>Dr. Ingrid Adams, Assistant Extension Professor for Foods and Nutrition & Dr. and Chef Sandra Bastin, Extension Professor for Foods and Nutrition</i> |
| W | Ice Breakers, Fun Meetings, Collegiate 4-H...Oh my! Join UK and WKU Collegiate 4-H clubs as they teach you how to create fun club meetings that increase attendance and make meetings fun! Also get an inside look into Collegiate 4-H and what we are all about! <i>Sharayha Clingenpeel – WKU Collegiate 4-H, Quaid Adams – UK Collegiate 4-H, Lesley Greenwell</i> |
| X \$2 | Discover Dance Cut a rug in this ballroom dancing class! We'll learn the tango, foxtrot, and other dances you see on "Dancing with the Stars!" Bring heels or dress shoes for dancing. <i>Charlotte Campbell, D5 & Dance Instructors Debbie Reynolds, Don Whitney</i> |
| Y \$9 | Finding Your True Colors "Why is he/she like that?" "Why do my parents do what they do?" "What should I major in?" The answer may lie within one's personality. We will be doing hands-on, energizing activities to teach you about yourself, what career to pursue, and how to best communicate with friends and family. <i>Julie Brown, Carol Schreiber, D6</i> |
| Z | Masks, Monologues & Music Challenge your creative boundaries in this two day, hands-on track that includes the visual arts, theater, and music! Select a monologue and make a mask that represents your character. You will then select and integrate music to complement your presentation! <i>Chuck Stamper, Marty Henton, Stephanie Richards, Molly Maynard, Anne Stephens, Cora Hughes, Melissa Bond, State</i> |
| AA | From Plastics To Projects Turn plastic grocery bags into fun projects by single crocheting. This class is for both girls and guys! Participants will learn how to turn this into a community service project to benefit others and recycle those excess grocery bags! <i>Janet Turley, D6</i> |
| AB | Building Your Own Backyard Water Fountain - Learn the techniques to building backyard ponds and fountains. Learning the basics of this trend of landscape water system works can give you the change to create a beautiful backyard water garden at home on install them for someone else. <i>Chad Conway & Ray Wilson, D2</i> |

2011 4-H Teen Conference

| | |
|--------------------------|---|
| <p>AC \$5</p> | <p>On A Fast Track In 4-H Have you ever wanted to see what it's like to be involved with a professional race team? Do you have the drive to compete and win? On A Fast Track with 4-H will show you not only how much fun this can be, but also how to make it happen! Using 1/10 scale Radio Controlled racers, you will learn how to form a team and set it up for success. The Fast Track program will also teach you how to incorporate what you already know about math and physics into a hands-on, fun and competitive program with youth from all over the country. If your team is good enough, you may also have the chance to show your skills at an actual NASCAR track! Come join in the fun! <i>Torey Earle, D7</i></p> |
| <p>AD</p> | <p>4-Hers Growing Up WILD Have you ever spent time with a 6 year old and found out that they were WILD!?!?! The Kentucky 4-H Clover Buds program provided opportunities for youth, ages 5-8, to become 4-H members and to participate in interactive, hands-on activities that are educational, sometimes messy, but most importantly...FUN! During these two days, you will get to be a 4-H Clover Bud while learning how to teach several of the activities from the Growing up WILD curriculum. We will be spending time both indoors and out, working with items from nature, and using paint, crayons, markers and scissors, so be ready to have some fun & get WILD! <i>Deana Reed, State</i></p> |
| <p>AE</p> | <p>My Tomato Is A Home Boy Did you know that the average distance traveled by your food before it is eaten is 1300-2000 miles? Join us for a journey to discover the sources of your food, the advantages of buying locally grown food and how local agriculture benefits our communities. <i>Diana Drury, Jackie Walters, State</i></p> |
| <p>AF</p> | <p>College Life 101 Thinking about college is an exciting, yet sometimes stressful process. Some of you may be starting this new chapter in life sooner than others. Come learn from a former WKU college student about what to expect when transitioning from high school to college, so that you can maximize your success! <i>Samantha Jeffries, D3</i></p> |
| <p>AG</p> | <p>Teen Challenge This is a physical fitness challenge that allows teens to test their physical ability at a variety of challenges. This will be an active and energetic session so wear appropriate clothing! During the two days you will keep track of your physical accomplishments to see how you progress and your overall level of health. This workshop is upbeat, exciting and fun. This is a great way to get healthy and improve your body at ANY level of fitness. <i>Raven Ford, Kim Cox, D1</i></p> |
| <p>SPOT</p> | <p>Spotlight Teens will work with Agents to take pictures to prepare the slide show/video for Thursday's closing assembly. This includes story line, music, equipment, set-up and presentation. Also included in this track is the Spotlight Newsletter. Agents will work with teens to research, write and typeset their own stories. Participants must bring and know how to operate their own digital cameras. Also bring the software necessary to transfer your photos. Please bring music to assist with the slide show. Those who do not bring a camera will automatically be assigned to work on the Spotlight Newsletter. <i>Heather Nelson, Ty Back, Joe Maynard, Dana Anderson, D1, D2, & D4</i></p> |
| <p>FR</p> | <p>Fashion Revue (FR participants should NOT sign up for Tuesday or Wednesday's workshops, this time will be devoted to FR judging and practice) "See Fashion" is the theme of our annual and popular fashion revue. If you have completed a clothing project in Sewing, Fashion Magic, or Needlework this past year, then this is the track for you. Learn about the selection, construction, and marketing of fashion and the basics of modeling and how to walk the runway. Those that didn't complete a clothing project but are experienced with public speaking can participate by trying out for a fashion revue narrator position. Guys can apply for a fashion review escort position. FR is a perfect way to sharpen your presentation skills and improve your confidence. All FR participants including narrators and escorts must turn in additional paperwork by May 1st to be considered. FR Orientation and Narrator try-out 3:00 p.m. Monday. <i>Marjorie Baker, State & District 4 Agents</i></p> |
| <p>TAL</p> | <p>4-H Talent Show Do you have a performance talent that you want to share with the rest of the teen conference delegation? Do you want to be a part of the 4-H Fashion Revue and Talent Show Experience? A total of 8 acts will be selected to entertain during our 4-H Fashion Revue. Acts will be selected by appropriateness, entertainment value, and relevancy to the conference theme. Try-outs are on the Monday of Teen Conference! Check your schedule when you arrive! <i>Kellie Arnold, Jennifer Boykin, Jeremy Teal, D7 & D4</i></p> |

State 4-H Teen Conference Talent/Variety Show Track Application Form

(This form, filled in completely and turned in with your 4-H Teen Conference Registration. Tryouts for all submitted acts will be Monday of Teen Conference. Acts will be chosen based on suitability, entertainment value and conformance to the conference theme.)

| |
|--|
| County: |
| Number of Participants in Act: |
| Name, Address, Phone and E-Mail of all Participants in Act: |
| Title of Act: |
| Contact Person: |
| Any special Equipment – Piano, Sound System, # of Microphones, Stool/Chair, etc.... |
| Introduction for Act (To be used by Emcee; please attach on separate sheet) |
| Any Special Needs: |

**Environmental Health and Safety
University of Kentucky**

MINORS IN RESEARCH LABORATORIES OR ANIMAL FACILITIES

December 7, 2005

PURPOSE:

The purpose of this policy is to identify when minors will be allowed to work or conduct research in a University of Kentucky (herein after UK) research laboratory, greenhouse, or animal facility.

DEFINITIONS:

“Animal Facility” means any UK property where animals are housed.

“Laboratory” means any building or part of a building used or intended to be used for scientific or technical work which may be hazardous, including research, quality control, testing, teaching, or analysis.

“Minor” means any person who has not attained the age of 18 years.

“Research” means an active, diligent, and systematic process of inquiry in order to discover, interpret, or revise facts, events, behaviors, or theories, or to make practical applications with the help of such facts, laws, or theories.

“Select Agent” means biological agent or toxin listed in 73 CFR part 4 and 9 CFR part 121.4.

“Visitor” means any person who enters a laboratory, greenhouse, or animal facility upon the express or implied invitation of the laboratory director/supervisor.

“Volunteer” means any person who, of his or her own free will, provides services to UK for civic, charitable, or humanitarian reasons without promise, expectation, or receipt of compensation.

SCOPE:

This policy covers all UK research laboratories, greenhouses, animal facilities, animal procedure rooms, animal housing areas, and clinical laboratories.

This policy is directed to include all persons under age 18 whether students, employees, or volunteers. Minors under the age of 14 are **NOT PERMITTED** inside of any research laboratory, greenhouse, or animal facility at the University of Kentucky. An exception is allowed for UK sponsored programs which are designed for youth under the age of 14 and which have documented training policies.

Visiting minors, not previously approved as part of a UK program, tour, or science fair, are not allowed in any UK research laboratory, greenhouse, or animal facility for any reason

POLICY:

Unless enrolled as a UK student, minors are not allowed to work or conduct research in UK research laboratories, greenhouses, or animal facilities except as identified specifically below. In addition, minors are prohibited from operating farm machinery or state vehicles and from working in machine shops.

1. All minors are prohibited from working or conducting research in the following:

- a. Any laboratory or facility designated as BSL-3, ABSL-3, or higher for recombinant or infectious organisms.
 - b. Any laboratory where select agents or explosives are used or stored.
2. All minors are prohibited from working with any of the following materials:
 - a. Radioactive materials or radiation (X-rays)
 1. Minors should not be present if radio-labeled materials are in use.
 - b. Acute Toxins
3. Regardless of the time interval, minors who work in any capacity with animals must be added to an Animal Care and Use protocol currently approved by the IACUC. Minors who are students must review the Occupational Health packet and sign the form titled Employee Education Program. The Animal Worker's Questionnaire must also be completed by any minor (or any student who is a minor). LATA training, appropriate to the species of animal handled, is mandatory. Contact the University's Veterinarian Office at 257-2934 for help with these items. Successful completion of these requirements allows the minor access to animals in the vivarium as well as research laboratories.
4. Minors are allowed to work or conduct research in laboratories (not listed in #1 above) if all of the following requirements are met:
 - a. The UK EH&S Policy titled [MINORS IN RESEARCH LABORATORIES OR ANIMAL FACILITIES](#) has been read and understood by the minor.
 - b. [THE POTENTIAL HAZARDS INFORMATION SHEET](#) has been reviewed by the minor and parent/legal guardian.
 - c. A [MINORS RESEARCH PROPOSAL REGISTRATION FORM](#), with sponsor's, parent's and minor's signatures acknowledging the "Potential Hazards," and a UK "Minors in Research Laboratories or Animal Facilities" policy are submitted to and approved by the UK Environmental Health and Safety Division (EH&S). If infectious agents or recombinant DNA are manipulated in the research the UK Institutional Biosafety Committee must also review and grant approval.
 - d. Hazard specific safety training and the appropriate UK EH&S online training is completed by the minor with the Principal Investigator/Sponsor as approved by EH&S.
 - e. The minor is informed of the proper fire emergency/evacuation policies and procedures specific to both the laboratory and department. This information will include, but not be limited to, what happens when one dials 911, how/where to activate fire alarms, evacuation routes, and how to detect natural gas odors. Minors shall not be responsible for extinguishing a fire. Under no circumstance should a minor attempt to extinguish a fire with any type of "tool". The primary concern is personal safety. The secondary concern is notification of the fire department/ 911.
 - f. Personal protective equipment, specific to the hazard, is provided to the minor with instructions for use and disposal.
 - g. The minor is supervised at all times while in the laboratory and never left alone.
 - h. Hours of work comply with Federal Regulation 29 CFR 570.35.
 - i. The laboratory is in full compliance with all applicable UK safety programs and regulations.

POTENTIAL HAZARD INFORMATION SHEET

Scientific research involves exposure to various hazards. When deciding to allow your child to participate in research projects conducted in University of Kentucky laboratories, greenhouses or animal facilities, you need to be aware of the potential hazards he or she may encounter. The following information provides the most common potential hazards, but is not intended to be an exhaustive list of all potential hazards. Questions may be addressed to the minor's specific sponsor. If you have any further questions or concerns regarding this information, please contact the Director of Occupational Health and Safety (Lee Poore at lpoor2@email.uky.edu or 257-2924) or the Biological Safety Officer (Marcia Finucane at mfinu2@email.uky.edu or 257-1049).

Definitions

Allergens – substances capable of producing an allergic reaction.

Asphyxiant – a substance such as a gas or a toxin that causes a decrease in oxygen concentration or an increase of carbon dioxide concentration within the body.

Carcinogens – substances capable of producing cancer.

Mutagenic – agent (chemical or physical) capable of inducing genetic mutation.

Pathogens – bacteria, viruses, prions, fungi, and parasites capable of causing diseases.

Recombinant materials – DNA that has been genetically engineered (altered), usually incorporating DNA from more than one species of organism.

Transgenic – an organism that has had genes from another organism inserted into its genes.

Toxins – poisonous substances produced by living organisms, plants and animals.

Zoonotic diseases – diseases that can be passed from animals to humans.

Potential Hazards

Your child's research project may involve one or more of the following potential hazards. A table is attached with examples.

Chemicals – can be unstable, making them reactive and prone to explosion. Potential injuries include skin and eye burns, respiratory problems, allergic reactions, skin, eye, and mucous membrane irritation, and illnesses.

Pathogens – found in human, animal and plant tissue can cause infections and acute or chronic illnesses.

Recombinant materials/technology – can interact with the human body and its cells and produce potentially hazardous results.

Mechanical/electrical equipment and instrumentation – can cause electrocution, burns, cuts, scrapes and injuries from pinch points. High noise levels can cause hearing loss.

Radiation/irradiation – can cause skin and eye damage, cellular damage and long-term health problems.

Animals – can bite, scratch, transmit zoonotic diseases, such as rabies, toxoplasmosis, pox virus, cat bite fever, rat bite fever, and various parasitic infections, or release allergens.

Gas cylinders/compressed gasses – gas cylinders with compressed gasses can explode, causing injury from high speed projectiles. Released gasses can cause eye and skin irritations, respiratory problems, light-headedness, asphyxiation and fainting.

| Definition | Hazards | | Examples |
|---------------------------------|---|---|---|
| Chemicals | Refined compound that could be in the form of a solid, liquid or gas. These may or may not be hazardous. Some compounds may have numerous hazard classifications (flammable, toxin & carcinogen) | Carcinogens: may cause some sort of cancer with long term exposure - usually many years in the future. | Benzene, acrylamide |
| | | Teratogen: shown to affect the reproductive system of males & females. May cause birth defects in the developing fetus. | Alcohol, thalidomide, X-rays, acrylamide |
| | | Neurotoxins: may affect the nervous system. | Ethidium Bromide, snake venom |
| | | Flammables: will burn or explode. | Alcohol, Acetone, Xylene |
| | | Reactives: will react explosively. | Peroxides, acrylamide |
| | | Corrosives: will cause tissue damage with contact through inhalation, eye, skin, etc. | Acids & bases |
| | | Toxins: May cause illness or death on exposure. | Cyanide |
| Compressed Gases | High-pressure cylinders that hold gases. These are usually large & heavy. Gas may be harmless, toxic, corrosive, flammable | Physical hazard: Explosion hazard if they rupture. Asphyxiant hazard if they vent the gas to the workplace & it displaces oxygen. | Asphyxiant: Nitrogen, helium, any other non-oxygen gas Flammable: Hydrogen Toxic: Ammonia |
| Radiation/Radioactive Materials | High energy particles (alpha & beta) or waves (X-rays). | Tissue & Organ damage with high doses. | Uranium, Phosphorus32, Sodium35, X-rays |
| Physical hazards | Hazards from noise, machinery, heat, cold, etc. | Tissue damage and hearing loss. | Scrapes, cuts Cold: liquid nitrogen, dry ice Heat: burners |

| Definition | Hazards | | Examples |
|---|---|--|--|
| <p>Biological Agents</p> <p>Living organisms or products of living organisms such as Viruses, Bacteria, Fungi, Prions & Parasites. Hazards from infection with these agents are organism dependent & can range from mild and treatable to severe and untreatable. Classification of hazard in four groups called biological safety levels with level 1 as the least hazard & level 4 as the extreme hazard.</p> | | Level 1 - No hazard. | Baker's Yeast & E. coli K12 |
| | | Level 2 - Mild to severe illness. | Influenza, Polio & Salmonella |
| | | Level 3 – Severe illness & possible death. | Tuberculosis & AIDS |
| | | Level 4 – Not allowed at the University of Kentucky. | Haemorrhagic fever |
| <p>Recombinant DNA</p> | <p>Genetically modified organisms with variations in genes within the organism.</p> | <p>Often unknown consequences once introduced to the human body.</p> | <p>Viral vectors like Adeno & Adeno-associated viruses used to transfect or express genes.</p> |
| <p>Toxins – Microbial, Plant, Animal</p> | <p>Poisons produced by plants, living organisms or animals.</p> | <p>Tissue & organ damage or death.</p> | <p>Plant – Ricin Animal – Fish & Snake venom Microbial – Staph, Tetanus</p> |

RULES FOR MINORS WORKING IN LABORATORIES AND ANIMAL FACILITIES

1. Never work alone in any laboratory environment without direct, immediate adult supervision from the sponsor or someone designated by the sponsor.
2. Always follow the instructions of the sponsor or laboratory supervisor.
3. Always report any accident (regardless of severity) immediately to the sponsor or laboratory supervisor.
4. Always wear the personal protective equipment as directed and dispose of it appropriately. This personal protective equipment includes glasses, gloves, coats/gowns, and other face/body protection as dictated by the hazard being worked with or around.
5. Always keep your hands away from your face and wash them well with soap and water prior to leaving any laboratory area.
6. Never eat, drink, chew gum, apply lip balm, or touch contact lenses while in any laboratory environment.
7. Always wear closed-toe shoes while in any laboratory.
8. Always tie back long hair to keep it out of all the hazards listed above.
9. Always wear clothing that reduces the amount of exposed skin. Shorts and sandals are prohibited in the laboratory.
10. Always ask questions if you don't understand the safety requirements.

Consent/Signature Sheet

I AGREE TO **SPONSOR** (MINOR'S NAME),
AND BY MY SIGNATURE BELOW, AGREE THAT:

- I have read, understand and will adhere to the UK "Minors in Research Laboratories or Animal Facilities" Policy (<http://ehs.uky.edu/biosafety/>). An EH&S approval must be granted before the minor may participate.
- I have completed this Minor's Hazard Specific Safety Training by doing the following:
 - Personal protective equipment appropriate for, and specific to, laboratory hazards will be provided.
 - This minor will be supervised at all times while in the laboratory and never left alone.
 - The minor's hours of work will comply with Federal Regulation 29 CFR 570.35.
 - My laboratory is in full compliance with all applicable University of Kentucky safety programs and regulations.

Name of PI/Sponsor

Signature

Date

Student:

- I have read and understand the "Potential Hazards" handout explaining the hazards involved in scientific research.
- I will adhere to the UK "Minors in Research Laboratories or Animal Facilities" Policy (<http://ehs.uky.edu/biosafety/>) in order to protect myself and those around me from an accidental exposure.

Name of Minor

Signature

Date

Parent/Legal Guardian:

- I HAVE READ AND UNDERSTAND the Potential Hazard Information Sheet describing the potential risks and dangers associated with my child's research project.
- I AGREE AND UNDERSTAND that my child's research project may be suspended at any time, at the discretion of the University of Kentucky and its officers, agents, and employees, if the safety of my child, the employees and other volunteers of the University of Kentucky become a concern.

Parent's/Legal Guardian's Name

Signature

Date