

# EXTENSION Today

## IN BARREN COUNTY

*In Barren County we're growing ideas that make a difference in your life, your family, and your community. We have a dedicated staff of trained professionals delivering educational programs in agriculture and natural resources, family and consumer sciences, 4-H youth development, and community and economic development. The Barren County Cooperative Extension Office is your connection to UK and the world.*

*You'll see some key numbers in this report. But the numbers don't show you the people or the impact of our work. So the rest of this report shows the faces behind some of the numbers.*

### Leaders and Volunteers- Our Backbone

Volunteers invest their time and expertise in addressing critical issues that make a difference in our community. Leadership programs initiated by the Barren County Extension Service develop progressive leaders for our community, state and nation.

▲ *The Barren County Extension District Board and Barren County Extension Council provided leadership by adding a County Extension Agent for Horticulture to our staff. Kristin Goodin began work on July 1, 2009.*

▲ *The Barren County 4-H program used KY 4-H Centennial Celebration as a way to reconnect with many of our 4-H Alumni. The 4-H Alumni utilized their leadership skills for club and county activities and workshops.*

▲ *Barren County Homemakers focus on learning, leading and serving, through monthly educational programs and service projects throughout the community.*

### Supporting A Strong Community

We support the community through assessing the needs of the county annually to provide programming, marketing and promotion.

▲ *The "100 Mile Potluck Program" focused on sharing good food with friends and neighbors while spotlighting local producers and regional products. Local residents enjoyed 40 dishes prepared with local products.*



### Reaching Out to Barren County

<i>Educational Programs</i>	
Programs presented	255
Total participants	8708
<i>Educational Contacts</i>	
Clientele visits	1590
Telephone consultations	5108
Newsletters distributed	10500
<i>Volunteer Development</i>	
Volunteers	640
Volunteer hours	16855
Clientele reached by volunteers	6400



*The 100 Mile Potluck highlighted Barren County products and producers with a dinner attended by Representative Brett Guthrie. (2<sup>nd</sup> on left).*

## Improving Agriculture Profitability

In this time of uncertainty and transition for the agricultural producers and families the Extension Service provides ongoing support through research based education.

▲ *Agricultural producers enjoyed an abundance of precipitation in 2009. However, a higher incidence of disease pressure was also prevalent due to the moisture. Disease diagnostic services for plants and insect control assistance increased. Soil testing recommendations on nearly 1,000 samples helped producers maintain their crop's plant food while improving efficiency. The Barren County Ag Development Council was able to assist producers, distributing over \$550,000 with cost-share funds from the KY Tobacco Settlement. Producer meetings were held for all ag commodities produced locally, helping farmers to increase knowledge to improve quality, efficiency, and profitability.*

## Encouraging Healthy Lifestyles

Extension leads the way in encouraging people to adopt personal health protection practices.

▲ *In Barren County, we are concerned about the health of our citizens. 308 people increased knowledge of practices to maintain health and well-being through Extension programs such as Small Steps to Health and Wealth and the Barren County Weight Loss Challenge.*



## BARREN COUNTY EXTENSION OFFICE PERSONNEL

(PICTURED FROM LEFT TO RIGHT)

Jeanie Casteel	Staff Assistant
Thomas Hazel	Support Staff
Kristin Goodin	Horticulture Agent
Gary Tilghman	Agriculture & Natural Resources Agent
Barbara Jackson	Staff Assistant
Paula Tarry	4-H Youth Development Agent
Mindy McCulley	Family & Consumer Sciences Agent

## The Barren County Cooperative Extension Service

*We deliver information, education, solutions.*

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[www.ces.ca.uky.edu/barren](http://www.ces.ca.uky.edu/barren)

▲ *Barren County joined 105 counties across the state of Kentucky to celebrate "Second Sunday". With more than 20,000 participants, this statewide event encourages citizens to include more physical activity in their everyday lives, while highlighting the need for community infrastructure to support active lifestyles.*

## Investing In Our Youth

Extension provides quality educational programs to encourage all youth to reach their full potential and to build life skills and assets.

▲ *The Barren County 4-H program provides special interest programs for our youth concentrating on the core curriculum areas of agriculture, family and consumer sciences, communication, leadership, natural resources, health, science, engineering and technology.*

▲ *Barren County 4-H members excelled throughout the Centennial Year with additional 4-H projects and activities highlighting the 100<sup>th</sup> Birthday of KY 4-H Program. Stephanie Mattingly exhibited the Grand Champion Centennial Apron at the KY State Fair and will be a permanent Heritage Item display at future State fairs.*



*Barren Co. Homemaker, Frances Burdette, helps 4-H members Terayne Humphreys, Makenna Hatfield and Mattea Wyatt make 4-H Centennial Aprons.*

▲ *In addition to supporting our Barren County 4-H program, Homemakers are supporting youth throughout our county through other local program.*