

EXTENSION Today

IN BARREN COUNTY

In Barren County we're growing ideas that make a difference in your life, your family, and your community. We have a dedicated staff of trained professionals delivering educational programs in agriculture and natural resources, family and consumer sciences, 4-H youth development, and community and economic development. The Barren County Cooperative Extension Office is your connection to UK and the world.

You'll see some key numbers in this report. But the numbers don't show you the people or the impact of our work. So the rest of this report shows the faces behind some of the numbers.

Leaders and Volunteers- Our Backbone

Volunteers invest their time and expertise in addressing critical issues that make a difference in our community. Leadership programs initiated by the Barren County Extension Service develop progressive leaders for our community, state and nation.

▲ *The Barren County Extension District Board provided leadership for the expansion of the Extension Office by adding a new meeting facility. An open house was held to dedicate the new auditorium in April 2008. The facility is designed to provide participants a comfortable setting with the latest in technology in a modern learning environment. Numerous educational programs have been conducted in the new facility*



The Barren County Cooperative Extension Service is proud of the new auditorium and facility!



Reaching Out to Barren County

<i>Educational Programs</i>	
Programs presented	291
Total participants	8988
<i>Educational Contacts</i>	
Clientele visits	1572
Telephone consultations	5006
Newsletters distributed	10500
<i>Volunteer Development</i>	
Volunteers	655
Volunteer hours	17250
Clientele reached by volunteers	6300

▲ *The Barren County 4-H program is delighted to have youth and adults who are willing to accept and excel in leadership positions. Megan Bailey was recognized as Kentucky's Outstanding 4-H Teen Leader for 2008 for her leadership abilities at the county, district, state and national levels. She received the honor at the KY 4-H Volunteer Forum.*

▲ *Two Barren County 4-H adult volunteers received prestigious honors at the KY 4-H Volunteer Forum. Benny Lile was honored as Kentucky's Outstanding 4-H Adult Leader for 2008 and Bob Burdette was recognized as Kentucky's Outstanding 4-H Shooting Sports Volunteer for 2008.*

▲ *The Barren County Extension Homemakers contributed many hours of labor and financial assistance to our community through Ovarian Cancer Research Fund, Relay for Life, making turbans for chemotherapy patients or lap quilts for nursing home residents. Barren County Homemakers supported two entering college students this year with scholarships for higher education. Several Barren County Homemakers reach beyond the county to serve on the Mammoth Cave Area Extension Homemaker Council.*

Supporting A Strong Community

We support the community through assessing the needs of the county annually to provide programming, marketing and promotion.

▲ *The Barren County Extension Office new auditorium will serve as an Emergency Operations Center for the Barren County Emergency Management Agency in case of a county wide disaster. The new facility was equipped with a generator to serve as a backup power source for emergency operations.*

▲ *The June Dairy Day Celebration, Beef Producers Day on the Square and Barren County Fair are activities to celebrate the importance of agriculture to Barren County and its economy. Many activities, booths and educational programs are presented for adults and youth.*

Improving Agriculture Profitability

In this time of uncertainty and transition for the agricultural producers and families the Extension Service provides ongoing support through research based education.

▲ *A Barren County farm served as a state model for the Master Grazing Demonstration. The farmer credits the excellent grazing and beef herd management to his attendance and graduation from the Master Grazer and Master Cattleman courses. The Barren County Extension Service assisted local producers in developing grazing and other farm management programs.*

EXTENSION OFFICE PERSONNEL

County Extension Agents

Mindy McCulley	Family & Consumer Sciences
Paula Tarry	4-H Youth Development
Gary Tilghman	Agriculture & Natural Resources

Support Staff

Jeanie Casteel	Barbara Jackson
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The Barren County Cooperative Extension Service

We deliver information, education, solutions.

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Ribbon cutting ceremony for the new Barren County Extension Office Auditorium!

Encouraging Healthy Lifestyles

Extension leads the way in encouraging people to adopt personal health protection practices.

▲ *In Barren County, we are concerned about the health of our citizens. During the second annual Barren County Weight Loss Challenge 48 participants lost more than 300 pounds. Additionally, changes in physical activity and healthy eating behavior were achieved.*

▲ *Barren County participated in the first "Second Sunday" event with activities at Barren River State Resort Park. This statewide event encourages citizens to include more physical activity in their everyday lives.*

▲ *The "Feeling 4-H Great" Program was implemented by the Barren County 4-H Teen Club as a twelve week nutrition and fitness "life style changing" program. 92% of the participants achieved their goals.*

Investing In Our Youth

Extension provides quality educational programs to encourage all youth to reach their full potential and to build life skills and assets.

▲ *The Barren County 4-H program provides special interest programs for our youth concentrating on the core curriculum areas of agriculture, family and consumer sciences, communication, leadership, natural resources, health, science, engineering and technology.*