

## Point System for selecting: Outstanding Junior and Senior Member Outstanding 4-H Club

Activity	Point Value			
	Club	County	District	State
4-H Camp		30		
Ambassador		75		
Club Officer	20		20	20
Community Service (Each activity, limit 5)	10	20	20	
Demonstration Contest	15	50	20	20
Exhibit Projects (limit 3)		30		10
Honors Program				75
Country Ham Project	10	20		30
Teen Summit				30
Judging Contest		20	30	30
Judging Training		10	10	
Leadership Program		50		
Livestock/Horse Show		20	30	30
Poster Contest	10	20	10	
Poetry Contest	10	20	10	
Project Record Book		50		
Project Workshops	10	10	10	10
Shooting Sports Contest	10	20	30	30
Sponsored Competitions		30	20	20
Talk Meet	10	30	20	20
Teen Conference				50
Teen Leader at Camp		50		
Variety Show		30	20	20
<b>Total Points</b>				



# 2009-2010

## 2009-2010 4-H Calendar of Events

These dates are tentative and may change because of unforeseen conflicts.

### Welcome to 4-H ...

4-H is the largest youth organization in the world and is the Youth Development organization of the University of Kentucky Cooperative Extension Service. 4-H provides the opportunity for today's youth to prepare for tomorrow. Young people "learn by doing" in 4-H by participating in a wide array of activities on many levels.

There are numerous opportunities in which youth can be involved. Being that this is your first experience in the Adair County 4-H program, welcome to an organization that makes a difference by involving the youth of today and the leaders of tomorrow. If you are a volunteer or a supporter, let me say thank you. The success of 4-H is owed to each in their own right. If you have questions, comments, or suggestions about any 4-H activity, please don't hesitate to contact the Adair County Cooperative Extension Service.



Tony Rose  
County Extension Agent  
for 4-H Youth Development

<b>August</b>		<b>September</b>	
10	Shooting Sports Club	3	Horse Club
15	County Shoot	4	Youth Leadership
24	Shooting Sports Club	10	Home School Club
20-30	Ky. State Fair	10	Rabbit Club
27	Teen Leadership	14	Shooting Sports Club
27	4-H Council	18	Teen Leadership
		19	State Shoot
<b>October</b>		22	Farm Safety Day- 6th Grade
4-10	National 4-H Week	30	Farm Safety Day- ACES
1	Horse Club		
8	Home School Club	<b>November</b>	
8	Rabbit Club	5	Horse Club
12	Shooting Sports Club	12	Home School Club
15	Youth Leadership	12	Rabbit Club
22	Awards Banquet	19	Youth Leadership
23	Teen Leadership		
26	Shooting Sports Club	<b>December</b>	
27-28	APES Program	1	Honors Awards Due
		3	Horse Club
<b>January</b>		8	Teen Leadership
7	Horse Club	10	Horse School Club
11	Shooting Sports Club	10	Rabbit Club
14	Home School Club		
14	Rabbit Club	<b>March</b>	
21	Teen Leadership	4	Horse Club
22	Youth Leadership	8	Shooting Sports Club
25	Shooting Sports Club	11	Home School Club
		11	Rabbit Club
<b>February</b>		<b>April</b>	
4	Horse Club	1	Communications Contest
8	Shooting Sports Club	1	Horse Club
11	Home School Club	8	Home School Club
11	Rabbit Club	8	Rabbit Club
12	Teen Leadership	8-10	Shooting Sports Camp
18	Youth Leadership	12	Shooting Sports Club
22	Shooting Sports Club	26	Shooting Sports Club
<b>May</b>		<b>June</b>	
6	Horse Club	TBA	4-H Camp
10	Shooting Sports Club	TBA	Horse Club
13	Home School Club	TBA	Shooting Sports Club
13	Rabbit Club	TBA	Home School Club
24	Shooting Sports Club	TBA	Rabbit club

# 4-H Projects

*4-H offers many projects for all ages.  
Think about some of these; there are many more.*

Babysitting	Beef	Leadership
Bicycle	Citizenship	Horse
Clothing	Goat	Dairy
Corn	Dairy Foods	Dog
Electric	Energy	Entomology
Fishing	Foods	Forestry
Geology	Photography	Rabbits
Sheep	Small Engines	Swine
Tractor	Wood Working	Needlework
Consumer Education	Communications	
Natural Resources	Home Environment	
Vegetable Garden	Veterinary Science	
Workforce Prep		

# 4-H HALLMARKS

## 4-H PLEDGE

I pledge my **HEAD** to clearer thinking,  
my **HEART** to greater loyalty,  
my **HANDS** to larger service,  
and my **HEALTH** to better living for my  
club, my community, my country, and my world.

## 4-H EMBLEM

The state and national emblem is a four-leaf clover with an “H” on each leaf. The four “H”s stand for the four-fold development of Head, Heart, Hands, and Health.

## 4-H MOTTO

The motto, “**To Make the Best Better,**” should be the aim of all club members. This motto should guide 4-Hers in all they do.

## 4-H COLORS

The 4-H colors are green and white. The white background of the 4-H club symbolizes purity, and the green is emblematic of springtime, life and youth.

## 4-H OFFICERS

Being a member of a 4-H club is a very interesting and a worthwhile experience for any boy or girl. A successful 4-H club holds the interest of its members by doing worthwhile things through team work and group actions. An important working part of any club is its officers. Clubs will elect a President, Vice President, Secretary, Reporter, and Recreation Leaders.

# Club Meeting Outline

Place \_\_\_\_\_

Time Day \_\_\_\_\_

## Business

Call to order

Pledges American

4-H

Roll Call

Minutes

Committee/Project Reports

Old Business

New Business

President

Volunteer

Volunteer

Secretary

Secretary

Reporter

President

President

## Instructional Session

Program

Vice President

## Recreation Activities

Recreation Leader

# C

**These are some of the 4-H Clubs that youth of Adair County may become involved in.**

### School Clubs

These clubs are conducted at the local schools. These club elect officers, conduct meetings, conduct educational activities.

### Horse Club

Youth who participate in the horse program will be involved in educational activities as well as competitive events. There are many different events and activities for youth to get involved in on the county, area, state, and national level. The horse program will meet usually once a month for the youth, and adult volunteer leaders will meet to plan or carry out activities and events.

### Livestock Club

For youth who have an interest in participating in livestock projects. This club includes: beef, dairy, goat, sheep, and swine. Youth will learn how to conduct a successful livestock project.

### Rabbit Club

The Rabbit club is open to any youth who has an interest in learning about the raising and care of rabbits. Youth will also learn how to show rabbits.

### Teen Council

The Adair County Teen Council is open to youth ages 13 to 19 years old. The Teen Council is for youth who are interested in participating in Leadership Development, Community Service Projects, social events, and other activities designed for Teens.

### Home School Club

This club is for Home School youth. This club will conduct educational programs, conduct meetings, and many more activities.

### Shooting Sports Club

The program teaches young people the safe and responsible use and the fundamentals of shooting firearms, as well as the care of equipment. Shooting sports promote responsibility, decision making and identifying realistic personal goals. The shooting disciplines that are available include: .22 rifle and pistol, shotgun, archery, black powder rifle and pistol, B.B. and air gun rifle and pistol.

# L

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# B

# S

# SPECIAL 4-H EVENTS

## KENTUCKY TEEN CONFERENCE

A conference is held for 4-Hers who have graduated from eighth grade through age 19. Spend a week on the University of Kentucky's campus with teens from across the state. Workshops, banquets, dances, and the State Fashion Revue highlight the week. The state 4-H officers are elected at Senior Conference.

## COUNTY AWARDS BANQUET

The county 4-H winners in the various projects and activities are recognized at a banquet. In addition to the activity awards, 4-Hers are recognized for their total 4-H involvement. The top junior and senior member will be named the Outstanding 4-Her in the county.

## TEEN SUMMIT

The conference will be for currently enrolled 7<sup>th</sup> and 8<sup>th</sup> graders. This conference is designed for 7th and 8th graders who have an interest in improving leadership skills and other activities for this age group.

## LEADERSHIP DEVELOPMENT PROGRAMS

These leadership programs are open to Middle and High School youth. The goals of this program are to educate young people about our community; to educate young people about leadership; and to engage young people in community involvement. The intended outcomes of this program are to promote the values of leadership and community involvement; to create future leaders in our community, to create relationships between youth and local businesses and organizations; and to promote the strengths of the Adair County area.

## AMABASSADOR PROGRAM

The purpose of the program is twofold. First, Ambassadors will serve as educational resources to 4-H youth development programs. Ambassadors will be trained to teach youth and adults about such topics as communication, diversity issues, and ethical leadership. In addition, they will teach youth and adults by leading hands-on workshops and trainings. Secondly, the Ambassadors will serve as spokespeople to represent the youth who participate in Adair County 4-H and its programs.

## S.A.F.A.R.I. After school Program

This is an volunteer lead after school program that offers classes in many different areas of interest. Youth stay after school until 4:30 pm on the days the program meeting. A list of classes comes out in August for the fall semester and in January for the spring semester.

# CLUB OFFICERS & MONTHS

Club Name \_\_\_\_\_

President \_\_\_\_\_

Vice President \_\_\_\_\_

Secretary \_\_\_\_\_

Reporter \_\_\_\_\_

Recreation Leader \_\_\_\_\_

Club Leaders \_\_\_\_\_

SEPTEMBER \_\_\_\_\_

OCTOBER \_\_\_\_\_

NOVEMBER \_\_\_\_\_

DECEMBER \_\_\_\_\_

JANUARY \_\_\_\_\_

FEBRUARY \_\_\_\_\_

MARCH \_\_\_\_\_

APRIL \_\_\_\_\_

MAY \_\_\_\_\_

# 4-H PROGRAMS AND ACTIVITIES

## **TALK MEET**

Gives 4-Hers the opportunity to speak before a group. The contest is divided into age groups. Speech may be given on any topic. You can get assistance from many sources.

## **DEMONSTRATIONS**

You have the opportunity to demonstrate or show others a skill that you have gained, possibly from involvement with your project. Demonstrations involve speaking with the use of props to help in showing and telling. Divisions are made according to subject matter and age.

## **JUDGING CONTEST**

Practice decision making while learning what “qualities” to look for in livestock, horses, dairy cattle, vegetables, and land. Learn to tell the quality of animals by looking at their muscle, confirmation, frame, etc. Vegetable judging includes seed, leaf, and fruit identification.

## **LIVESTOCK , HORSE, AND DOG SHOW**

If you have selected an animal project or have interest, you may enter your animal in area or state shows. There are categories for most animals including shows for beef, dairy, swine, goat, sheep, horse, or dog.

## **SHOOTING SPORTS**

This program teaches safety and proper use of firearms and archery equipment. After training and practice, 4-Hers may enter area and state competition in archery, air rifle/pistol, BB gun, black powder, 22 rifle/pistol, and trap shooting. 4-Hers may also attend Shooting Sports Camp held during Spring Break.

## **VARIETY SHOW**

Show your talents and have fun while performing on stage.

## **POSTER CONTEST**

Here is your opportunity to show others what 4-H means to you. You can use water color, ink, crayons, acrylics, charcoal, oils or just about anything to make a poster. Just use your imagination.

## **POETRY CONTEST**

Improve your creative writing skills by submitting one of your original poems. The topic is your choice.

## **4-H CAMP**

A five day summer program of boating, swimming, shooting sports, crafts, nature study, and recreation at Lake Cumberland is in store for those who are interested.

## **EXHIBITS**

When your project is finished, you may exhibit it at your club or class meeting. In the summer, you may enter them at the county level for display during the County Fair. You may also be eligible for State Fair competition.

## **WORKSHOPS**

Project workshops such as clothing, photography, judging, shooting sports, etc. will be held throughout the year. They are usually announced on local radio, local newspaper, and club meeting.